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# The Wayne Herald

Thursday, April 15, 2010 134th Year - No. 29

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## 2010 WAYNE HIGH PROM CANDIDATES ANNOUNCED



(Photo by Clara Osten)

Prom candidates include, front row, left to right, Logan Owens, Tory Booth, Derek Poutre, Cory Foote and Jordan Barry. Back row, Bayli Ellis, Jordan Alexander, Laura Christensen, Halsey Lutt and Shannon Jarvi.

### Lucky Stars is theme for Wayne prom

The dates, time, location of events for the 2010 Wayne High School prom have been announced as well as the candidates for Prom King and Queen. This year's prom will be held Saturday, April 24. The Grand March and crowning of Royalty will be held in the Ramsey Theater at Wayne State College at 6:30 p.m. The prom banquet will begin at 7:30 in the Frey Conference Room at the Wayne State Student Center. The prom dance will be held from 8:30 p.m. to 12 a.m. in the lower level of the Student Center. This year's theme is "Lucky Stars" and the prom song is "Two is Better Than One" by Boys Like Girls, featuring Taylor Swift.

Prom colors are purple, silver and black. This year's prom queen candidates are Jordan Alexander, daughter of Dale and Stacy Alexander; Laura Christensen, daughter of Mark and Carrie Christensen; Bayli Ellis, daughter of Jeff and Jill Ellis; Shannon Jarvi, daughter of Keith and Mary Jarvi and Halsey Lutt, daughter of Mike and Rhonda Lutt. King candidates include Jordan Barry, son of Mike and Jeannette Barry; Tory Booth, son of Cory and Terri Buck; Cory Foote, son of Brian and Tammy Foote; Logan Owens, daughter of Randy and Lori Owens and Derek Poutre, son of Garry Poutre and Joni Poutre.

## Board approves resignation, moves Ruhl to MS principal

By MICHAEL CARNES  
Of The Herald

The resignation of middle school principal Tim Krupicka will force Wayne Public Schools to move some administrative duties around. At its monthly board meeting Monday, the Wayne Board of Education approved Krupicka's resignation and the assigning of Rocky Ruhl to the middle school principal position, beginning next school year. Krupicka is leaving the Wayne district to take on the high school principal position at Grand Island Northwest. The move will add to Ruhl's role as the district's athletic director and coach of the cross country and boys basketball teams, and superintendent Mark Lenihan said some of Ruhl's responsibilities will be redistributed among current administrative staff. For example, high school principal Mark Hanson will take over responsibility of non-athletic activities within the district, including speech, music and other departments. Lenihan also plans to assign other behind-the-scenes duties relating to the athletic department to other staff. "We really have developed a great team," Lenihan told the board. "It's been a great team to work with and they work well together. We're going to miss Tim's work,

but we'll be able to pick up and handle this." In discussing his resignation, Krupicka thanked the board and expressed his appreciation for working in the district during the past five years. "I really do appreciate the years of service here and everything the administration and this board has done for me," he said. The board is moving one step closer to dealing with the former District 51 property south of town, and they will be accepting sealed bids for the property early next month. Lenihan said the district will accept sealed bids for the property, which includes about 1.5 acres, between now and Monday, May 3. Bid opening will take place the following day, and information about the process will be available on the district's Web site. "You do reserve the right to refuse bids, so if we don't get a fair price we can rebid or look at other options," board attorney Kyle Dahle told the board. The board unanimously approved the purchase of 100 computers from a Canadian computer dealership that will help achieve the board's goal of updating its technology throughout the district. The refurbished computers come with a five-year warranty, which will allow the

See BOARD, Page 4A

## Area population totals show decline from 2000

### Wayne County population down 6.1 percent

By MICHAEL CARNES  
Of The Herald

The population in the three area counties is trending downward, according to the latest numbers released by the U.S. Census Bureau. With 2010 the year the government updates true population figures across the country, the latest estimates in Wayne, Cedar and Dixon counties shows the area population was down 7.4 percent from the

2000 census, with an estimated total of 23,900 residents in the three-county area, compared to 25,805 in the 2000 census. Cedar County saw the biggest decline of the three counties, with the county population dropping 14 percent from a 2000 census total of 9,615 residents to last year's estimate of 8,362 residents. Wayne County fell 6.1 percent, from 9,851 in the census to 9,249 in the last estimate. Dixon County saw a minimal decline, from 6,339 to 6,289.

## Western Wats Center pays fine for violating child labor laws

### Original penalty of \$550,000 appealed, Utah-based company will pay \$500,000 for employing 1,482 minors contrary to federal standards

Western Wats Center Inc., a market research company based in Orem, Utah, with locations throughout Utah and six other states, including a call center in Wayne, has paid \$500,000 in civil money penalties after a U.S. Department of Labor investigation disclosed violations of the Fair Labor Standards Act's child labor regulations, the department said. The company had appealed what originally was a \$550,000 penalty, one of the largest of its kind, ever imposed, according to the department. A resolution of this case was reached after the Wage and Hour Division assessed the penalty last August for the company's employment of 1,482 minors contrary to federal child labor hours and time standards. With the exception of three 13-year-olds, the minors were 14 and 15 years of age and primarily employed as interviewers at the company's phone centers in Utah, Arizona, Wyoming, Kansas, Nebraska, South Dakota and Idaho. As part of its effort to achieve future compliance with the FLSA's provisions, Western Wats initiated new timecard and payroll systems as well as new training programs and hiring practices. The company also hired independent legal and accounting firms to review its employment

practices. "This investigation reflects the Department of Labor's ongoing effort to strengthen workplace protections that promote the safety and well-being of young workers," said Secretary of Labor Hilda L. Solis. "By complying with these provisions, employers can help working teens enjoy safe, positive, early work experiences that can be so important to their career and personal development." The FLSA's child labor provisions are designed to protect workers by limiting the types of jobs and the number of hours they may work. Children under 14 years of age may not be employed in non-agricultural occupations covered by the FLSA. Those 14 and 15 years of age may be employed outside of school hours in a variety of non-manufacturing and non-hazardous jobs for limited periods of time and under specified conditions. Sixteen- and 17-year-olds may be employed for unlimited hours in any occupation other than those declared hazardous by the secretary of labor. Other federal and state laws may have higher standards. When these apply, the more stringent standard must be observed. This investigation was conducted by the Wage and Hour Division's Salt Lake City District Office.

## Three injured in rollover accident early Friday

A one-vehicle rollover accident early Friday morning sent three people to area hospitals. At about 3:30 a.m., on a county road nine miles south and 3 1/2 miles west of Wayne a vehicle driven by Mackenzie Thomsen of Cordova lost control and rolled several times, coming to rest on its top. A front passenger of the vehicle, Travis Haas of Utica, was ejected from the vehicle and was life-lighted to Mercy Medical in Sioux City, Iowa by the Norfolk Life-Net

crew. A third passenger, Annie Hulse of York, was a rear seat passenger and was taken to Faith Regional Health Services in Norfolk along with Thomsen. No seat belts appeared to be in use at the time of the crash. The Wayne County Sheriff's Office continues its investigation into this vehicle crash, and was assisted at the scene by rescue teams from the Winside and Hoskins Fire Departments.



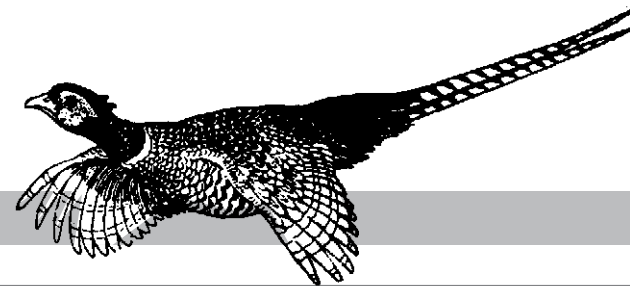
(Photo by Michael Carnes) Steve Shear of Project Extra Mile asks a question of Wayne mayoral candidates Ken Chamberlain (left) and Jane O'Leary during the group's meeting Wednesday afternoon. Look for highlights of Wednesday's meeting on our Web site at [www.mywaynews.com](http://www.mywaynews.com).

## T-Shirts for Chicken Show

(Photo by Clara Osten)

Jeff and Jessie Piper, creators of the design, model this year's Chicken Show shirts. The shirts incorporate this year's theme, "Wingin' It for 30 Years" and a recycling theme. The shirts are currently on sale at the Wayne Area Economic Development Office. The 30th annual Chicken Show will be held Friday, Saturday and Sunday, July 9-11. Members of the Chicken Show Committee meet monthly on the second Monday of each month to plan activities for this year's event. Anyone wishing to become a volunteer for this year's Chicken Show is encouraged to contact the Economic Development Office at (402) 375-2240.





Obituaries

Delbert Jensen

Delbert Jensen, 84, of Wayne died Thursday, April 8, 2010 at Careage of Wayne in Wayne.

Services were held Monday, April 12 at Grace Lutheran Church in Wayne. The Rev. Carl Lilienkamp and the Rev. John Pasche officiated.



Delbert Dick Jensen was born March 9, 1926 at Wayne to Ivar and Anna (Schroeder) Jensen. He was baptized and confirmed at St. Paul's Lutheran Church in Wayne.

in 1989. He was a member of Grace Lutheran Church and enjoyed playing pool at the Wayne Senior Center. Delbert truly loved farming.

Survivors include his wife, Elinor; their sons, Jerry (Deb) Jensen of Wayne, Alan (Paula Conrad) Jensen of Wakefield and Ray (Theresa) Jensen of Wakefield; six grandchildren; five great-grandchildren; three brothers, Arthur (Gayle) Jensen of Albany, Ore., Richard (Kathleen) Jensen of Lincoln, Robert (Donnabelle) Jensen of Evanston, Wyo; nieces and nephews.

He was preceded in death by his parents; a grandson, Matt Jensen; two brothers; and two sisters.

Honorary pallbearers were the Wayne Senior Center pool players. Active pallbearers were Chad Jensen, Jordan Jensen, Doug Heithold, Loren Victor, Galen Samuelson and Ferris Meyer.

Burial was in Greenwood Cemetery in Wayne. Hasemann Funeral Home in Wayne was in charge of arrangements.

Local artists to display work this weekend

Sand Creek Post & Beam's resident artist, Wendy Ketelsen, will be displaying her works at the Spring Art Show in the center of the Norfolk Mall through April 18.

Primarily using acrylics to accommodate the various surfaces on which she paints, her favorite subjects include old barns and country scenes. Wendy's works are featured on the Sand Creek online store at www.sandcreekbarnstore.com.

As a member of the Northeast Nebraska Art Association, her work has been displayed in many different shows and galleries throughout the area. Nebraska has approximately 40 independent art clubs spread throughout the state.

The members of the clubs and association. Nebraska is very unique as few other states have anything like this.

Another Sand Creek Post & Beam associate, Jim Knapp and his wife, Kristy, will also be showing at the art show. Jim has his degree in Building Construction and works at our plant in Wayne.

The primary function of ANAC is to help organize and conduct the annual state conference held in the summer months. The hosting town/club changes each year. Award-winning art from local club competitions is assembled into an impressive 400 piece exhibit.

The state show will be held in Fremont June 9-12 with Bob Rohm of Texas as the featured artist and judge. As a signature member of the Oil Painters of America, and the Pastel Society of America, he has exhibited in national and inter-

national shows and has won many awards.

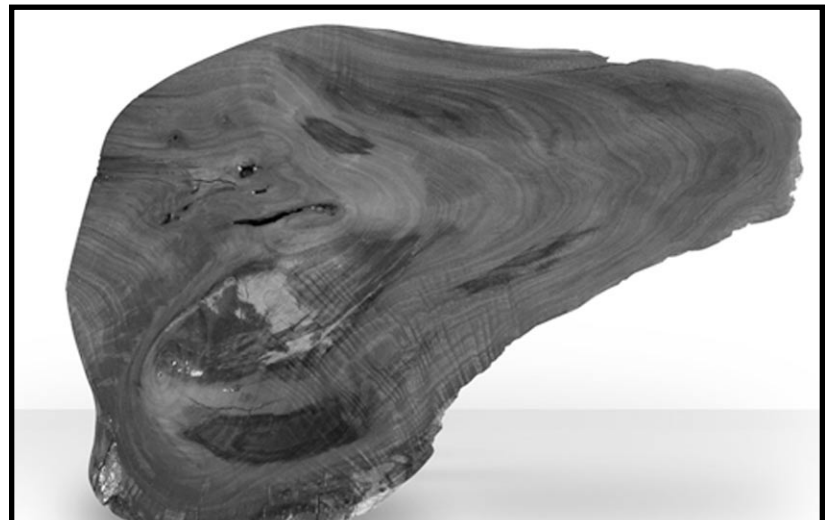
Wendy will be at the show on Friday, April 16 from 10 a.m. - 3 p.m., but her works will be there throughout the show. There will be several pieces shown featuring Sand Creek Post & Beam buildings.

Jim and Kristy's pieces will also be on display throughout the show.

For more information on Wendy Ketelsen's art, contact Sand Creek Post & Beam, 116 West 1st Street, Wayne NE 68787; phone 402-833-5600; www.sandcreekbarnstore.com or e-mail sandcreekpost@compout.com



Wendy Ketelsen will display works such as this at week's Spring Art Show.



Jim Knapp's artwork is entitled "Tranquility."

Wayne students present Outstanding Citizen awards

Students in third grade at Wayne Elementary are studying about the Community of Wayne and what it is to be good citizens.

As a culminating activity for the unit study, half of Mrs. Peg Lutt's classroom made Welcome to Wayne brochures that will be placed in the school library for new students to use and the other half of the students made citizenship medals and awarded them to their choice for outstanding citizen of Wayne.

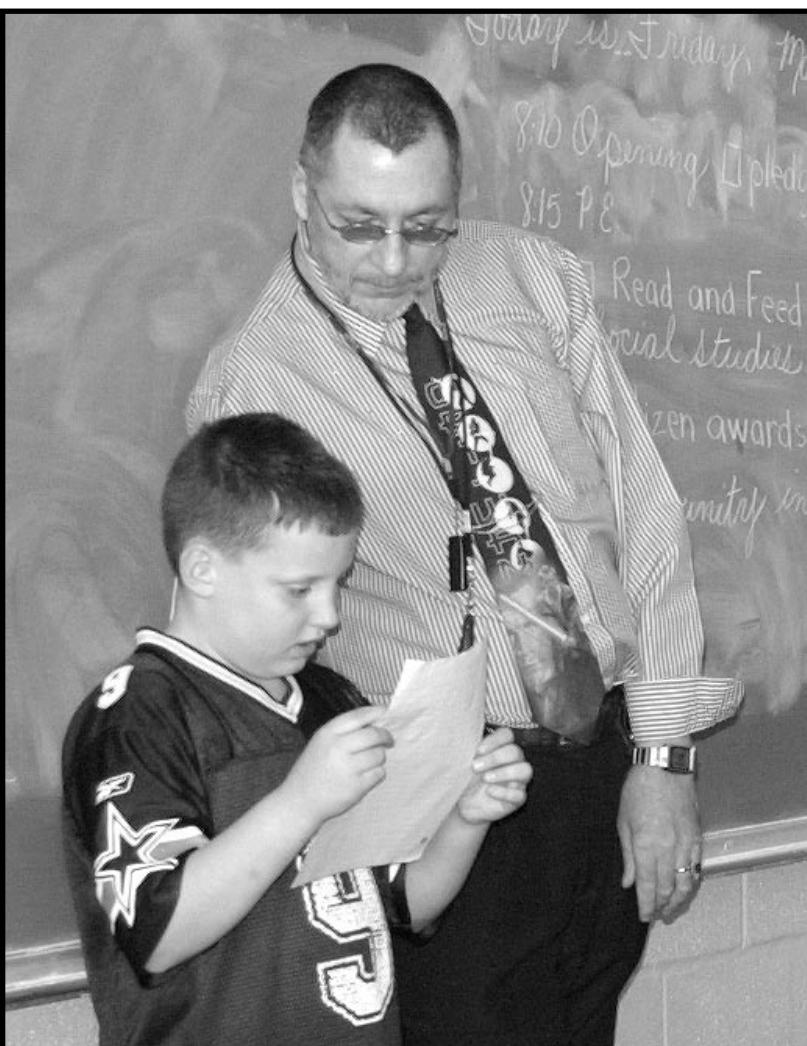
Wayne citizens invited to an award ceremony included Brent Doring, a volunteer fireman; Lance

Webster, Chief of Police; Neal Greenwald, letter carrier for the United States Post Office; Darlene Lilienkamp, ESL teacher for Wayne Community Schools; Dominic Consoli, City Police officer; Ron Vick, WSC counselor; Craig Braun, dentist; Peg Lutt, veteran teacher; and Dale Alexander, City Council member and soldier to Iraq.

During the ceremony, each of the nominating students introduced his or her guest and read a short article describing why that person was deserving of the award.



Dale Alexander (above, right) talks about his time in Iraq. He was presented by Josie Thompson. Ron Vick (below) was named an Outstanding Citizen by Tristan Vick.



Wayne State College Black and Gold Series to present Glenn Miller Orchestra

The Wayne State College Black and Gold Performing Arts Series will continue its 2009-2010 season with a special return performance by the world famous Glenn Miller Orchestra in honor of the College's Centennial Year. The performance will take place in Ramsey Theatre on the WSC campus on Wednesday, April 21 at 7:30 p.m.

Touring for more than 50 years, The Glenn Miller Orchestra has delighted generations of fans with distinctive arrangements and contemporary compositions. The most influential bandleader of the Swing era, Miller became a legend with his clarinet-centered sound in such tunes as "In the Mood," "Body and Soul," and his signature theme, "Moonlight Serenade."

Currently led by outstanding trombonist Larry O'Brien, the group presents nearly 300 performances while traveling more than 100,000 miles each year. The legendary Glenn Miller was one of the most successful of all the dance bandleaders in the Swing era of the 1930s and '40s.

ed his musical organization at the height of its popularity, to volunteer for the Army. He then organized and led the famous Glenn Miller Army Air Force Band which performed for servicemen throughout Europe. On Dec. 15, 1944, Major Miller took off in a single-engine plane from England to precede his band to France, and was never seen again. The army declared him officially dead a year later.

The 20-member band continues to play many of the original Glenn Miller arrangements as well as more modern selections that naturally lend themselves to the Miller style and sound. The entire repertoire for the Glenn Miller Orchestra now exceeds 1,700 compositions.

Tickets for general admission are on sale at the WSC Business Office and the cost for General Admission is \$10. Tickets will be available at the door beginning at 6:30 p.m. on the night of the performance, but seating is limited and purchasing tickets in advance is recommended. For ticket information please call the WSC business office at 375-7517.

For more than 50 years the Wayne State College Black and Gold performing arts series has presented cultural programming to serve the northeast Nebraska region.

Final 'Expand Your Horizons' program set for April 20 at Wayne Public Library

Wayne Public Library's Expand Your Horizons spring program is focusing on "Planning for the Future." The third and final session will be Tuesday, April 20, at 6:30 p.m. at the Wayne Senior Center.

Mike Pieper and Amy Miller will be conducting a presentation on Estate Planning. Mr. Pieper earned his juris doctorate from Creighton University, and has been an attorney for 25 years. Ms. Miller earned her juris doctorate from the University of Nebraska - Lincoln, and has been practicing law in Wayne since she graduated in 2005. Mike Pieper and Amy Miller, along with Kyle

Dahl, are partners in the law firm Pieper, Miller & Dahl.

Have you ever wondered, "Why should I have a will?" "What happens if I pass away and I do not have a will?" "When would a trust be beneficial?" "What is the difference between a Power of Attorney and a Health Care Directive?" "Should I have a living will?" We will answer these questions, and any others you may have.

All the sessions are free and open to public. Light refreshments will be served. For information call Rita at (402) 375-3135.

A Quick Look



Table with 5 columns: Date, High, Low, Precip, Snow. Rows for dates Apr 8 to Apr 14.

Recorded 7 a.m. for previous 24 hour period Precip./mo. - .20" Yr./Date - 3.09"/Seasonal snow - 41"

Chamber Coffee

WAYNE — This week's Chamber Coffee will be held Friday, April 16 at Absolute Salon, 509 Dearborn Street. It will include an Ambassador ribbon cutting. The coffee begins at 10 a.m. and announcements at 10:15.



Book sale

AREA — The Friends of the Wayne Public Library will hold its annual Blowout Book Sale at the Wayne City Auditorium Saturday, April 17 from 9 a.m. to 4 p.m. and Sunday, April 18 from 1 to 4 p.m.

Survivors sought

AREA — The 2010 Wayne County Relay For Life committee is encouraging everyone who is a cancer survivor or anyone who knows someone who is to be a part of this year's Relay event. All survivors are invited to be a part of the Relay, scheduled for June 11-12.

Scout Paper Drive

AREA — Wayne Boy Scouts will conduct their monthly paper drive on Saturday, April 17. Recyclable paper and aluminum beverage cans should be placed in paper grocery bags or boxes and set at the curb by 8 a.m.

Blood drive

AREA — The next Siouxland Community Blood Drive will be held at Wayne Fire Hall on Thursday, April 22 from 8:30 a.m. to 3 p.m. All eligible donors are encouraged to give the gift of life.

Summer Rec sign-up

CARROLL — Summer registration for the Carroll Junior Recreation Program is now being taken. The deadline to register is Saturday, April 24. To register for the Pee Wee team (ages 3-5), T-ball (ages 6-7) or Girls softball (ages 8-14) please contact Conni Davis 585-4541, Mary French 585-4456, Kirby Hall 585-4683 or Khristy Schmale 585-4579.

Tootsie Roll drive

WAYNE — The Wayne Knights of Columbus will be conducting their annual Tootsie Roll Drive in the Wayne residential areas on Thursday, April 15. Proceeds from this year's event will go toward the purchase of a handicapped lift at the Wayne Municipal Swimming Pool.

Internet poll question

Last week's poll question, "Have you filed your income taxes for 2009?" All of the respondents to this week's poll indicated that they had filed taxes already.

This week's question is "Do you feel the city of Wayne should construct an underpass on west Highway 35?" Yes; No; No opinion.

Visit our website, www.mywaynews.com to cast your vote.



(Photo by Clara Osten)

Jerrad Martin displays some of the cell phones he has collected for "Cell Phones for Soldiers."

## Project helping overseas soldiers connect by cell

Jerrad Martin, a NorthStar individual, has taken on a project to help soldiers who have been deployed overseas.

For the past several months, Martin has been collecting used cell phones for a program entitled "Cell Phones for Soldiers." This program was started in 2004 by two teenagers in Norwell, Mass. with a goal of helping soldiers serving overseas call home.

After the used cell phones are collected, they are sent to a recycling center which pays enough for each phone to provide an hour of talk time for the soldiers.

Martin, whose brother has been deployed overseas, has collected approximately 40 phones so far.

A staff member at NorthStar who works with him, Melanie Mann, has a son who is currently serving overseas.

The two worked together to find a way to do something for all those serving their country.

Cell Phones for Soldiers has a web site, cellphonesforsoldiers.com, that provides information on how to erase data from a phone before it is donated.

The collection is an on-going process and those wishing to contribute phones may drop them off at the NorthStar office at 209 South Main Street Monday through Friday from 8 a.m. to 4 p.m. For more information, contact Melanie at 375-4884.



Stenberg

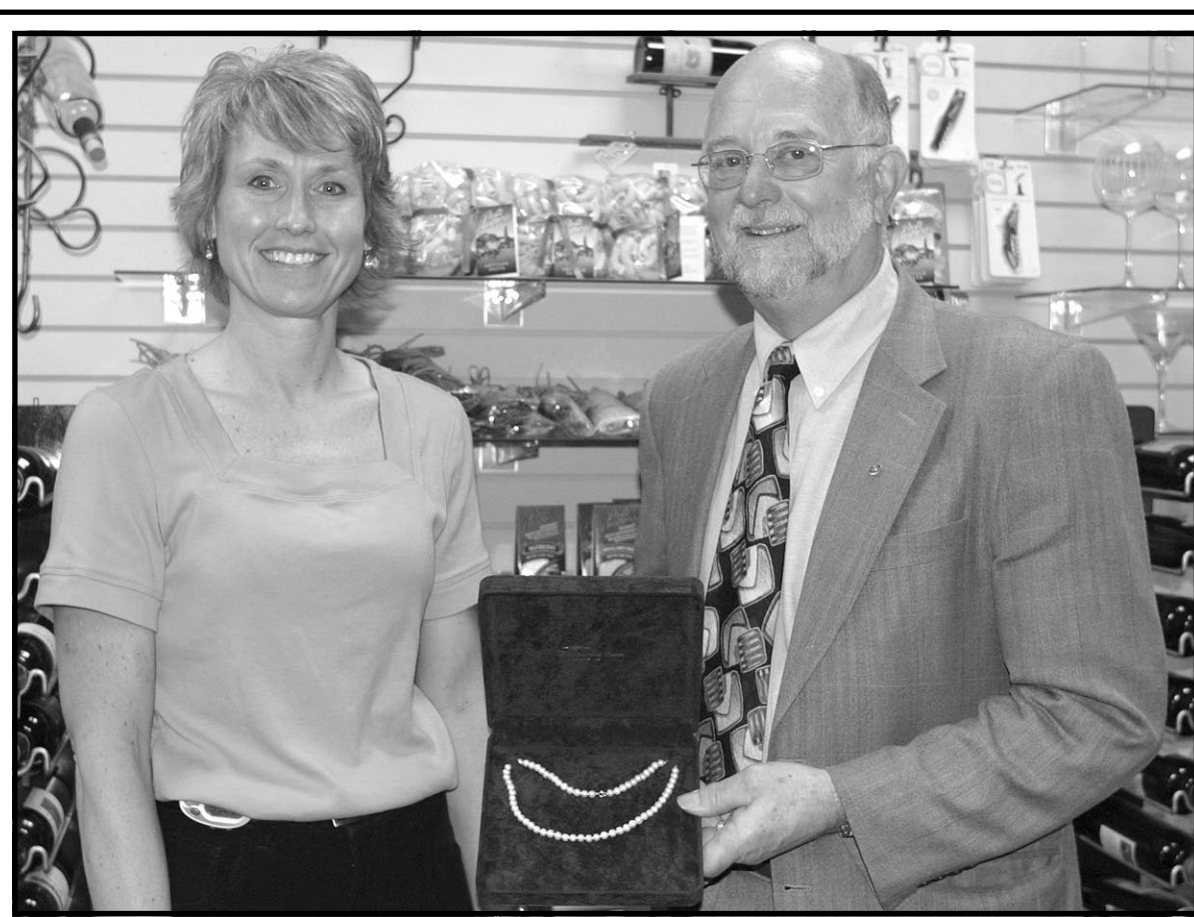
## Stenberg makes stop in Wayne

By JOSHUA STUHL  
Of The Herald

Prior to his appearance at a candidate forum in Hartington, Don Stenberg stopped in Wayne Friday and discussed his relationship with, and experience in, Nebraska's state-level government.

Management and financial experience is what Stenberg says he brings to the state. In his decision to run for state treasurer – a seat that is currently in jeopardy of being dissolved by the state – Stenberg elaborated that he hopes to keep the state's finances and future in the hands of an official that is elected specifically for that purpose, and not have the vast "fiscal responsibilities of the state pushed off on some selected bureaucrat."

Stenberg said his record as the state's Attorney General "proves my commitment to economy and efficiency in government."



(Photo by Clara Osten)

## Relay for Life fundraiser

Teams involved in the 2010 Wayne County Relay For Life, with assistance from Randy Pedersen from The Diamond Center & Flowers & Wine, are currently conducting a fundraiser for this year's event. Pedersen has provided 500 freshwater pearl necklaces, 18" long for the teams to sell. Forms are available from team captains that need to be filled out by those wishing to purchase a necklace. Those wishing to purchase one of the necklaces may make a free-will donation to Relay For Life. All proceeds go to the individual teams and will be used toward this year's goal of \$70,000. Team captains who have necklaces available to view include Morgan Carson (Sixth graders), Becky Longe (St. Mary's Fighting for Life), Kim Bentjen (PMC Wellness), Javanah Bencoter (Winning Finish/Wayne Motors), Jeaney Harris (Sisterly Love), Mandy Bencoter (Gail's Little Angels) Elaine Greve (Denise's Angels) Lisa Karel, Kim Dunklau (Our Savior Walkers), Anna Osten (Kaden's Klassmates) and Robyn Hurlbert (NorthStar Services). Anyone wishing more information may contact Sheryl Grone, co-chair of this year's event at (402) 375-3189.

## Public safety telecommunicators cited

The week of April 11-17 has been designated National Public Safety Telecommunicator's Week.

During the April 6 meeting of the Wayne City Council meeting, Mayor Lois Shelton read a proclamation for the designation and praised and thanked the five people who currently serve as dispatchers for Wayne.

Wayne Dispatchers have 8-12 weeks of on the job training at the Police Department as well as two weeks at the Nebraska Law Enforcement Training Center in Grand Island where they become certified in Emergency Medical Dispatch and certified to operate the State of Nebraska teletype computer (NCIC) that is used to check criminal histories, driver's license information, vehicle information, wanted person records, etc.

Dispatchers are required to renew their certifications every two years.

The Wayne Police Department dispatch center is staffed 24 hours a day, seven days a week and answers all 911 calls in Wayne County except for Hoskins. The dispatch center also dispatches for the Wayne County Sheriff's Office and answers the telephone for the Sheriff's Office after business hours or whenever they are out of the office.

The Wayne Police Department dispatches all law enforcement in Wayne County and Fire and Rescue services for Wayne, the Villages of Winside and Carroll as well as all rural areas except the Village of Hoskins and its surrounding area.

Current dispatchers include Lee Wrede, who has been a dispatcher for 16 years; Kathy Prince who has been a dispatcher for eight years; Rena Alonso and Heather Thor have been dispatchers here for 18 months each and Chad Jensen for six months.



(Photo by Clara Osten)

Dispatchers at the Wayne Police Department include, front row, left to right, Lee Wrede and Chad Jensen. Back row, Rena Alonso, Kathy Prince and Heather Thor.



(Contributed photo)

## Traditional event

"Golden Gracie" played by Rachel Ware of Omaha swings her sword during the Wayne State College production of Swiss Family Robinson, the 52nd Annual Children's Show on campus last week.

## Area emergency workers get training for spotting severe weather conditions

Several representatives from the National Weather Service in Valley were in Carroll on Monday evening to conduct a Storm Spotter Training.

Scott Dergan and B.M. Addison presented information to assist those in attendance, as well as residents of the county, be better prepared in the event of severe weather.

Approximately 40 people, including members of the Wayne and Carroll Volunteer Fire Department,

the Wayne County Sheriff's office and the Wayne Ham Radio Association, took part in the event.

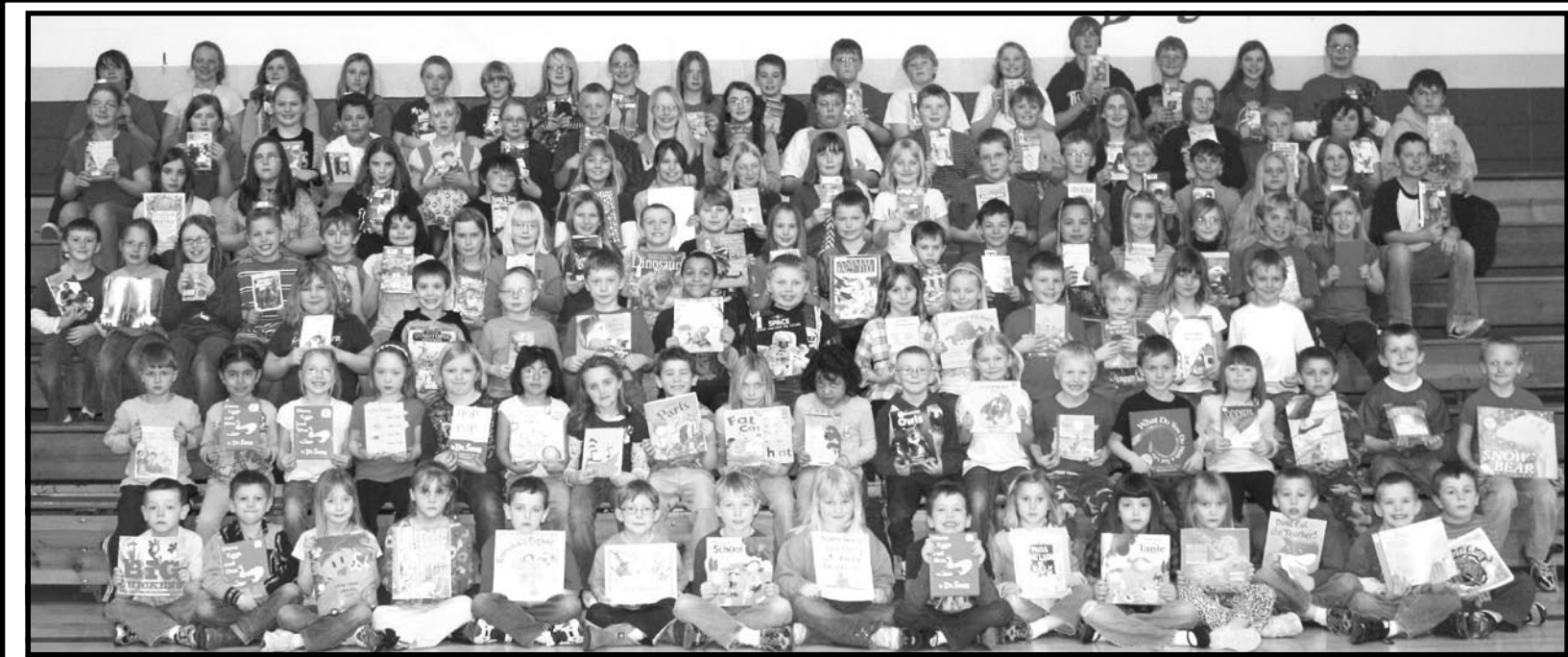
During the three hour class, those in attendance learned definitions of various types of storms, watched videos of actual events and learned how to determine how far away a storm was and which direction it was moving.

The event was hosted by the Carroll Volunteer Fire Department and the Wayne County Emergency Management Agency.



(Photo by Clara Osten)

Area emergency volunteers listen as Scott Dergan discusses information regarding severe weather storm spotting during a recent meeting in Carroll.



(Contributed photo)

Allen grade school students took part in the "Read Around The World" statewide program and earned a trip to the Henry Doorly Zoo in Omaha.

## Allen students participate in statewide reading program

Allen school students in grades kindergarten through sixth grade participated in the 2010 "Read Around the World" statewide program.

Students were encouraged to read as many books as possible from Dec. 1 until March 1. The

participating school that read the most books total and the most books per student would win a free trip to the Omaha Henry Doorly Zoo.

Allen Consolidated School won the most books per student category. On average, each student

read 63 books for a total of 7,268 books.

"We are very proud of our students and hope they continue to take time to read every day!" stated Andrea Hinrichs, Allen's Title I-Reading Coach.

Hinrichs also wants to thank

families that dedicated time to reading and made opportunity possible for the students.

As winners of the event, the Allen students will get to travel to the Omaha Henry Doorly Zoo in chartered buses on Monday, April 19.

## The Wayne Herald

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(Photo by Clara Osten)

## Chamber coffee

Julie Osnes, Youth Services Director at the Wayne Public Library, spoke of numerous children's programs offered at the library. At right is Charlene Rasmussen, a member of the Friends of the Library, talked about the book sale to be held April 17-18.



(Photo by Clara Osten)

Wayne County Farm Bureau representatives and other members of the public listen during Tuesday's candidate forum at Our Savior Lutheran Church.

## Candidates for public office meet at Farm Bureau forum Tuesday

Wayne County Farm Bureau hosted a Meet the Candidate Forum Tuesday at Our Savior Lutheran Church in Wayne.

Candidates for national, state and local positions were in attendance to provide information on their backgrounds and why they would be a good person for the position, especially in regard to agriculture.

Those in attendance included a representative of Jeff Fortenberry, Ivy Harper, candidate for First Congressional District for Nebraska; Janet Stewart, Democratic candidate for Secretary of State; Tom Nesbit, Republican candidate for State Treasurer; Roger Boer candidate for Nebraska Public Service Commission, District 4 and Rod Johnson, who currently serves District 4 on the Nebraska Public

Service Commission.

Local candidates who were part of the forum included Debra Finn, Wayne County Clerk; Deb Allemann-Dannelly, who is Clerk of the District Court; Karen McDonald, Wayne County Treasurer; LeRoy Janssen, current Wayne County Sheriff; Cory Moeller, who is running for re-election as County Commissioner for District 1; Myron (Mike) Miller, challenger for the position County Commissioner in District 3 and Jim Rabe, who is running for re-election for County Commissioner in District 3.

Following a brief introduction and campaign statement by each candidate, those in the audience were able to ask questions in regard to state and local issues.



(Photo by Clara Osten)

County Clerk Deb Finn was one of the area candidates to take part in Tuesday's forum.

## County partnering with NNEEDD to research housing grant needs

Wayne County, in partnership with the Northeast Nebraska Economic Development District in Norfolk, is researching the need to apply for Nebraska Affordable Housing Program funds from the Nebraska Department of Economic Development.

program funds may be utilized for weatherization, roofing, siding, foundations, electrical, plumbing, insulation, windows and more. Certain income guidelines must be met in order to be eligible.

If you are interested in applying for housing rehabilitation funds to improve your home, visit your local

city office to acquire an interest sheet. To be sure all information is kept confidential, NNEEDD will administer and process all interest sheets.

For more information, contact the NNEEDD Housing Department at 111 S. 1st St., Norfolk, Neb., 68701, or by phone at (402) 379-1150.

## Board

From Page 1A  
district to have most of its computers under warranty. The bulk of the \$52,384.72 purchase price will be paid with federal stimulus money the district has available, Lenihan said.

In other action, the board:  
- approved administration salaries for Lenihan (\$111,000), Hanson, (45,323), Ruhl (\$78,000), elementary principal Daryl Schrunk (\$74,693) and special education director Misty Bear (\$66,875). The increase in salaries come with increased duties that will come with the change in management structure, which includes not

replacing an administrator.

- approved the hiring of Kara Thompson as a speech pathologist for the district.

- approved the purchase of a Reading Street textbook series for the elementary school.

- heard a report from second-grade student Joshua Lutt, with help from the district's second-grade teachers, on the students' research of the Iditarod dog-sled race held this winter in Alaska.

- accepted the final copy of the district's 2010-11 school calendar. Students will report Wednesday, Aug. 18, 2010, and will be in school through May 19, 2011.

## Wayne Green Team meets, finalizes plans to hold Wayne Green Expo on April 24 at city auditorium

The Wayne Green Team finalized plans for the Wayne Green Expo, which will be held Saturday, April 24 in the Wayne City Auditorium.

There will be drawings for door prizes, including a bicycle from Pamida, a Rain Barrel built and donated by Bill Jammer, a plant from the Wayne Greenhouse/Plant Market, bundles of biodegradable lawn bags and a package of CFL's (light bulbs) from Carhart Lumber, and other items from Country Nursery, Bomgaars, Vakoc Home Improvement/Final Touch and others. Drawings will also be held for trees as part of Wayne's Re-Tree program.

Participants in displays will include UNL Extension, Wayne State College, City of Wayne,

NE Nebraska RC&D Council, NE Neb. Public Power District, Boy Scouts, Girl Scouts, 4-H members, Community Members, Lower Elkhorn NRD, NPPD, Garden Perennials, Isaac Walton League, Wayne Community Garden and Farmer's Market, Wayne Library, and many community individuals.

Scheduled activities will include presentations, including Alternative Energy sources by Robert Byrnes at 10 a.m., and a presentation on water retention by Steve Rodie at 11 a.m. and 1 p.m. and Storm Water 101 at noon by Kelly Freehan. Both Rodie and Freehan are representatives of UNL Extension.

Displays and information included Re-Tree

Nebraska, Energy Incentives through NPPD and the City of Wayne.

Organic Agriculture and the Nebraska Food Coop, paper recycling, making a rain barrel, low-flow water fixtures, coloring for kids, reference materials on "going green" from the library, Wayne's Community Garden, Farmer's Market and recycling practices by Wayne's Youth Council Green Team. Mrs. Hansen's third graders will share their perceptions about a green world, and Mrs. Brogie's science students will display Science Fair Projects. There will be an energy saving display by Zach Propane, a compost display and a display about native grasses and plants.



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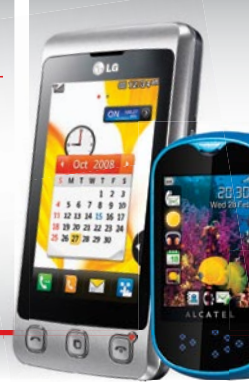


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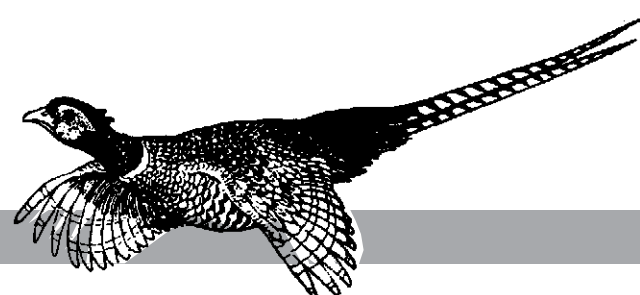
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# Sports

The Wayne Herald



## From The Bleachers

Michael Carnes



# Wind challenges athletes at WSC Invite

*Lady Bears nip W-P to claim first-place nod*

By MICHAEL CARNES  
Of The Herald

With winds gusting to close to 50 miles per hour at times, Tuesday's Wayne State Invitational was more a matter of survival than improving on earlier efforts this track season.

In the end, the Laurel-Concord girls outlasted Wisner-Pilger to avoid a Gator sweep of the team titles, as the Wisner-Pilger boys easily came away with top honors at Wayne State College's Cunningham Field.

The Lady Bears and Lady Gators were locked up in a tough team battle until the very end, when Laurel-Concord iced the team title with a win in the final event of the day, the 1,600-meter relay. The foursome of Mandy Nelson, Ashley Lunz, Erika Hochstein and Katie Jacobsen beat Wisner-Pilger by more than 13 seconds to secure the 137.5-129 win in the seven-team meet.

"It's tough in conditions like this, and at that point you have to kind of forget about times and just go out and compete," Laurel-Concord coach Nate Sims said after the meet. "We ran into a good Wisner-Pilger team with a lot of depth, and I was proud of the girls and how they performed well on a windy day."

The Lady Bears came away with nine first-place finishes on the day, with Bethany DeLong and Katie Jacobsen leading the way. DeLong got wins in the 100, 200 and long jump, while Jacobsen carried the day in the 800 and 1,600. Both girls ran on the winning 400-meter relay as well.

In addition, the Lady Bears got wins from Kayla Wiese (pole vault) and Erika Hochstein (high jump), while the 400- (DeLong, Hochstein, Jacobsen, Ashley Lunz) and 1,600-meter (Lunz, Hochstein, Jacobsen, Mandy Nelson) relays came away with wins.

The Laurel-Concord boys, meanwhile, finished a distant second to a deep Wisner-Pilger squad, but made their mark with several individual wins, including a sweep of the throws by senior Ezra



(Photos by Michael Carnes)

(top) Winside's Jordyn Roberts comes back down to earth with a sixth-place finish in the long jump. She also finished fifth in the triple jump. (right) Johnny Saunders is off and running on his way to a win in the 200-meter dash. He also won the 100 to help the Bears to a runner-up finish.

Schantz and wins in the long jump, 100 and 200 by fellow senior Johnny Saunders, who also ran the anchor leg of the winning 400-meter relay team with Mitch Heikes, Jon Jacot and Beaux Northam.

"Johnny's 100 time was wind-aided, but that win is going to help his confidence," Bear said. "Ezra tied his personal best in the shot and did well in the discus, so they both scored well for us. I was also happy with our 400 relay. They had a great time even though we didn't have a good third exchange. I was really impressed."

Winside's track teams both finished sixth out of seven teams, but both the boys and girls had some solid individual performances.

Zach Brokaw was the lone Wildcat winner on the day, taking

top honors in the 1,600-meter run. Senior Nathan Janke was the runner-up in both throwing events, and Jerae Doffin led the Winside girls with a second-place finish in the triple jump.

"I thought we performed pretty well in some tough winds," coach Mark Tonniges said. "We had some good efforts today, and we'll just need to step up a little more and we have some young kids who are starting to come on for us."

Tonniges said he knew Janke would face a tough challenge with Schantz in the throwing events, but feels his top thrower will continue to improve as he aims for the automatic qualifying marks for next month's state track meet.

See INVITE, Page 3B



## Pros have influence on our kids

You don't have to be a rocket scientist to understand that the older generation influences the actions of the younger generation.

Nowhere is that more evident than in the world of sports, which has me concerned about the recent actions of two significant celebrities in the world of sports.

The media has beaten to death the trials and tribulations of one Eldrick "Tiger" Woods. His Thanksgiving-weekend car accident triggered a firestorm of controversy as word got out of his spousal cheating, which included no fewer than a dozen "self-employed models" of various shapes, sizes and hair hues.

Recently, though, we've been introduced to the dubious nightlife stupidity of one Ben Rothlisberger, two-time Super Bowl-winning quarterback of the Pittsburgh Steelers. The Steelers' signal-caller was recently exonerated of charges that he sexually assaulted a college co-ed in a Georgia nightclub a few weeks back.

Questioning the judgment of a man, in his late 20's, cavorting with underage college co-eds is a discussion in and of itself. But the fact that this is his second run-in with allegations of sex-related crimes makes one wonder just how dim the bulb is in this guy's head.

Like it or not, professional (and, to a lesser extent, college) athletes are role models for our youth. My 8-year-old nephew wears his Brett Favre jersey every Sunday afternoon during football season. He thinks Jimmy Johnson is the man when it comes to auto racing. He wants to play professional golf someday, and he took a page out of Woods' book and came up with his own signature color shirt (orange, instead of red) to wear when he plays in junior golf tournaments.

Our youth look up to the men and women who play sports at the highest levels. And you can bet that they are going to take some of their cues from the behavior exhibited by these people (although, I hope, they take most of their cues from the positive adult influences who are with them on a day-to-day basis).

To their credit, the National Football League has begun cracking down on the stupidity of its employees. Commissioner Roger Goodell has implemented a policy that comes down hard on those who run afoul of the law. Players like Pacman Jones, Michael Vick and, most recently, Santonio Holmes have earned lengthy suspensions based on their off-field conduct. There simply is little tolerance for such shenanigans, as far as Goodell is concerned, when it comes to people representing the NFL in such a negative manner.

The unfortunate result of this is that we see this behavior exhibited at the local level. It's not something that's unique to this area, but we have seen athletes exhibit similar types of behavior to that of their professional brethren. Breaking the law or making dumb mistakes with alcohol or drugs happens here, just as much as it happens in the big city VIP rooms in or near cities where major professional sports franchises exist.

I know, from talking to coaches over the years, that the biggest frustration they experience is when they have to discipline an athlete for an act of stupidity that takes place on a county road, at a neighbor's house or in the backseat of a car. Nothing frustrates a coach more than having to discipline an otherwise-intelligent young man or woman for making a dumb decision.

Why our youth feel the need to emulate the acts of stupidity brought about by athletes such as Rothlisberger, Woods and the others baffles me. There are so many quality individuals out there who are positive role models, both on and off the field, that our kids would be better off mirroring than these idiots with billion-dollar talent and 10-cent brains.



(Photo by Michael Carnes)

Wayne State's Justin Beranek slides back into first base as a pickoff throw is late during Thursday's matchup with Doane at Eaton Field in Wakefield.

## 'Cats handle Doane, fall to Briar Cliff

The Wayne State baseball team scored one run or more in the final six innings of the game to pull away from Doane College 9-3 in a non-conference baseball matchup Thursday night at Eaton Field in Wakefield.

Junior Jarett Jackson was 2-for-3 with three RBIs, including a two-run double in the fifth inning that broke the game open. Senior John Snyder earned his fourth straight win for the Wildcats, pitching six innings and allowing one run.

Doane got on the board in the bottom of the third when Wakefield native Luke Henderson hit a ground ball to third base that was mishandled by the Wildcats, allowing Dean Henson to score from third.

The Wildcats tied the game in the top of the fourth when Jackson reached on an error by the third baseman and advanced to second

on the throw. Mike Bisenius singled to center, scoring Jackson to tie the game at 1-1.

Wayne State took control of the game after that, scoring at least one run in each of the final six innings.

In the fifth, Jackson ripped a double into left center, scoring Nick Bidroski and Joe Wendte to give Wayne State a 3-1 lead. In the sixth, the Wildcats expanded that lead to 5-1 thanks to an RBI single by Wendte and a double steal by Wendte and Brandon Polk, scoring Polk from third.

The Wildcats added another run in the seventh when Jackson scored on a double play ball. The Wildcats added two runs in the eighth and another in the ninth to take the win.

Wendte was 2-for-5 with one RBI and two runs scored, Justin Beranek was 2-for-3 with an RBI. See WILDCATS, Page 2B

## Alumni tournament brings back memories

By KEVIN PETERSON  
Of The Herald

The first annual Wayne alumni basketball tournament for both men and women was held over Easter weekend, and if the inaugural event is any indication of years to come, this fundraiser will pack a major punch for the Wayne Booster Club.

I attended games both on Friday night and Saturday at the high school, and was very pleased to see some of the faces of the past return to glory.

The games still had the competitiveness of a good old-fashioned high school rivalry game. After all, pride was on the line as to which class would showcase the most talent both on the floor and, of course, the scoreboard.

The event was organized by Jeff Pippitt,

Ryan Schmeits and Shane Baack. This tried a massive amount of work to get this off the ground and it was, quite simply, a slam dunk.

I had a unique interest in the alumni tournament. The oldest squad entered was the 1989 team, which was basically the first group of kids I covered way back when I was a rookie writing sports, fresh out of college.

I walked into the gym, and the first guy I see is Jarrod Wood, whom I hadn't seen in, well, about 20 years. Then it was Kevin Hausmann, Eric Runestad, Neil Carnes, Rob Sweetland, Adam Mrsny, Doug Larsen, Jess Zeiss, Willy Gross and, oh, how the memories came flooding back.

That team automatically became my sentimental favorite to do well, but come on, these guys are pushing the 40-year-old barrier (or, at least, they can see it from

where they are) and how are they going to go head-to-head with a bunch of 20-somethings and even younger?

Well, not only did they stand toe-to-toe with a bunch of kids who were in diapers or not yet born when these guys played high school ball, they advanced all the way to the championship contest with the 2008 team, with the likes of Jesse Hill (who still plays college basketball at Kearney), Cory Harm, Reggie Ruhl, Shaun Kardell, Big Country (aka Shawn Jenkins), Max Stednitz, Taylor Racely and Sam Kurpgeweit.

The 89'ers, as referred to by Deb Harm in last week's article in the Wayne Herald, kept the tempo down in the first half and maintained a two-point lead at the half. The youngsters however, ran up and down the court like roadrunners in the second half and claimed championship honors in

this first ever tournament.

Every one of the 11 men's teams and four women's teams were champions in my book, as they all showed true Blue Devil pride by coming back to play over Easter Weekend. It gave them all a chance to get together and remember the good ol' days.

I was also impressed with the number of fans that came out to catch a glimpse of Wayne's past on the hardwood. There were so many highlights to this tournament that there's not enough room to mention them all, but just like the good ole days and the "Puttin Up With Pete" columns, my MVP's for this first tournament go to Jeff Pippitt, Ryan Schmeits and Shane Baack. See you all next year.





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# L-C girls win Krumweide, Allen boys second

By MICHAEL CARNES  
Of The Herald

**HOMER** — The Homer Chamber of Commerce delivered a near-perfect day for a track meet Friday, and the Laurel-Concord girls and Allen boys took full advantage of the ideal conditions.

The Lady Bears won 10 of the 16 events at the Krumweide Invitational to run away with the team title by 70 points over runner-up Randolph, while the Allen boys proved that big things can come in small packages, as the smallest of the Nebraska schools in the 13-team meet finished 12 points behind Dakota Valley (S.D.) to take runner-up honors.

The Laurel-Concord girls dominated on the track and in the field events to easily win the team title with 143 points.

"The girls came out and had a great meet for early in the year," coach Nate Sims said. "We hadn't had a lot of practice on the track, so I was really pleased with our effort all the way around."

The Lady Bears were led by Bethany DeLong and Katie Jacobsen, both of whom won three individual events and ran a leg on the winning 400-meter relay team.

DeLong was her usual self in the long jump, winning by more than the 2 1/2 feet over her nearest competitor; and swept the sprint events with wins in the 100 and 200. Jacobsen, meanwhile, won the 400, 800 and 1,600 and carried the baton as the anchor with DeLong, Ashley Lunz and Erika Hochstein, to win the 400-meter relay.

And while those two accounted for 65 of the Lady Bears' 143 points, Sims said the efforts of several other individuals made the easy team win possible.

"(Bethany and Katie) both ran well and they're always going to give us a lot of points, but the key was that we had a lot of other people step up and picked up a lot of other places, so our girls did an excellent job," he said.

Other event winners for the Lady Bears included Jade Cunningham in the shot put, who won by more than two feet; Amy Pritchard in the triple jump, and the 1,600-meter relay of Hochstein, Lunz, Mandy Nelson and Sammie Camenzind. In all, the Lady Bears accounted for 19 of the 96 medals that were earned Friday.

The Allen boys won three events, with Cody Stewart taking top honors in the high jump and triple jump and Keith Jorgensen taking the 800-meter run in his first action since suffering an injury three weeks ago.

"The team did very well in the meet without three of our regular-scoring athletes," coach Dave Uldrich said. "We are just getting healthy again, and I hope we can continue to improve on our times and distances the next few meets."

The Allen boys made their mark in the distance events, taking half of the medals in the 1,600-meter run. Dylan Mahler was second in the race, while Jorgensen took fourth and D.J. Kennelly placed sixth. Kennelly also ran well in the 3,200-meter run and took home runner-up honors.

Allen also had multiple medals in the triple jump, with Cody Logue taking third to complement Stewart's first-place finish.

Wakefield's track teams performed quite well, considering several athletes were unable to compete due to other school-related activities and conventions that were taking place that weekend.

"We were missing quite a few kids, and they were some of our bigger point scorers," coach Mike Hassler said.

Still, despite not having people like Keri Lunz and Tyler Bodlak in the lineup, the Trojans finished strong in the team standings, with the girls finishing third and the boys a solid fourth, just 20 points behind first-place Dakota Valley.

Wakefield swept both 3,200-meter runs. The girls foursome of Abby Schultz, Katelyn Tuttle, Katie Weinrich and Shelby Lierman edged out Randolph by two seconds for first-place honors, while the boys tandem of Hugo Ortiz, Brock Soderberg, Chris Matias and Michael Eaton held off a late charge by Allen to break the tape in first place.

Soderberg had a solid day for the Wakefield boys, finishing third in the 800 and 1,600.

"Brock had a personal best in the 1,600, and both of our 3,200 relays ran team bests with some key runners missing," Hassler said.

On the girls' side, Tuttle and Lierman each added individual titles to their relay win. Tuttle

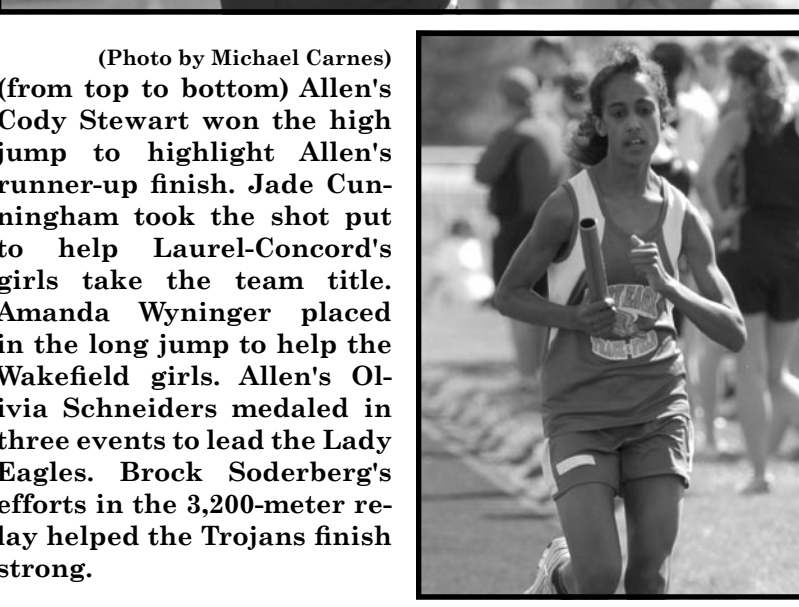
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(Photo by Michael Carnes) Allen's Cody Stewart won the high jump to highlight Allen's runner-up finish. Jade Cunningham took the shot put to help Laurel-Concord's girls take the team title. Amanda Wyninger placed in the long jump to help the Wakefield girls. Allen's Olivia Schneiders medaled in three events to lead the Lady Eagles. Brock Soderberg's efforts in the 3,200-meter relay helped the Trojans finish strong.

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# King breaks long-standing 400 record

LINCOLN — Christina King broke a 26-year-old school record to highlight the weekend's worth of work for the Wayne State College outdoor track and field teams, as they competed at the Nebraska Invitational Saturday at Ed Weir Stadium.

King had the top performance for the Wayne State women's team, placing second in the 400-meter dash with a new school-record time of 55.33 seconds, improving on her provisional national qualifying mark of 55.67 seconds set at the Vance Butler Invite in Sioux Falls on April 1.

King's effort bettered the old school record 55.47 seconds, held by Cindy Heesacker in 1984. King also placed ninth in the 200-meter dash in 25.63 seconds.

Other top finishers included Megan Zavorcka placing third in the 3,000-meter steeplechase (11:26.99), Savannah Wakeley was fourth in the high jump (5' 3") while Paige Pollard earned a fourth in the 400-meter hurdles (1:03.17).

Sarah Thomsen was sixth in the 3,000-meter steeplechase at 11:55.12 and Megan Dias placed ninth in the long jump and 10th in the triple jump. Pierce sophomore Lachel Milander was third in the unseeded division of the hammer throw and was 11th overall with a top throw of 143 feet, 8 inches.



(Photos courtesy Jeremy Buss)

Christina King (left) broke a 26-year-old school record with her effort in the 400-meter dash at the Nebraska Invitational. (right) Nate Preston finished third in the 3,000-meter steeplechase.

The Wayne State men's team was led by senior distance runner Nate Preston, who finished third in the 3,000-meter steeplechase with a provisional national qualifying mark of 9:24.56. Teammate John Kern was sixth in the 3,000-meter steeplechase with a time of 9:40.46. The other top-five finish was by the 1,600-meter relay team, as the quartet of Michael King, Drew

Molacek, Aaron Garza and Andrew Jansen placed fifth with a time of 3:23.80.

Three Wayne State athletes competed Thursday and Friday at the Emporia State Open Multi, held in Emporia, Kan.

Junior Paige Pollard finished third out of 11 competitors in the women's heptathlon with 4,343 points, while Cody Diehl set a

new school record in the men's heptathlon by scoring 5,820 points to place fourth out of 15 contestants. The old school record was 5,709 points, set by Jon Dickey on April 29, 2008. Jeff Mills competed in the first day of the event, but suffered a hamstring injury in the second day and was unable to finish.

Wayne State is at the Sioux City Relays this weekend.

# Trojan boys win at Lyons-Decatur

LYONS — Chad Clay and Tyler Bodlak led the Wakefield boys to a first-place finish at Tuesday's Lyons-Decatur Invitational.

The seniors combined for seven first-place finishes as the Trojans scored 157 points to finish well ahead of runner-up Oakland-Craig (124). Clay swept the sprints and ran a leg on the winning 1,600-meter relay team, while Bodlak dominated the distance events and ran a leg on the winning 3,200-meter relay team.

T.J. Rose also had a solid day, earning medals in four individual events. He was runner-up in the long jump, third in the 110-meter hurdles, fourth in the triple jump and fifth in the 300-meter hurdles.

Keri Lunz performed well, for the girls, finishing with a win in the 200-meter dash and taking runner-up honors in the 100 and 400. She also ran a leg on the third-place 1,600-meter relay team. Sydney Rose also came away with a first-place effort in the 100-meter hurdles.

The Trojans also got solid efforts in the distance runs. Abby Schultz won the 1,600 and Shelby Lierman took the 3,200, and both helped the 3,200-meter relay place fourth.

## Lyons-Decatur Invitational

**Girls Team Standings**  
Dodge 133, Wakefield 90, Pender 84, West Point Central Catholic 81, Emerson-Hubbard 62, Oakland-Craig 50.5, Lyons-Decatur 34, Mead 30.5, Clarkson 24, Scribner-Snyder 24, Winnebago 4, Leigh 0, Omaha Nation 0.

**Wakefield Medalists**  
**Long jump:** 4. Amanda Wyninger, 14' 7 1/2". **Discus:** 7. Victoria Nelson, 77' 4". **Triple jump:** 5. Sydney Rose, 31' 4". **3,200 relay:** 4. Wakefield (Abby Schultz, Katelyn Tuttle, Katie Weirich, Shelby Lierman), 10:59.83. **100 hurdles:** 1. Rose, 16.9. **100:** 2. Keri Lunz, 12.65. **400:** 2. Lunz, 1:04.6. **3,200:** 1. Lierman, 13:05.8; 6. Weirich, 14:31.3. **200:** 1. Lunz, 27.5. **300 hurdles:** 7. Tuttle, 55.0; 8. Rose, 55.7. **1,600:** 1. Schultz, 6:05.8; 3. Lierman, 6:10.4. **1,600 relay:** 3. Wakefield (Lunz, Rose, Mercedes Greve, Tuttle), 4:42.3.

**Boys Team Standings**  
Wakefield 157, Oakland-Craig 124, Scribner-Snyder 61, Dodge 43, Pender 43, Emerson-Hubbard 39, West Point Central Catholic 39, Clarkson 35, Leigh 26, Lyons-Decatur 25, Mead 18, Winnebago 9, Omaha Nation 0.

**Wakefield Medalists**  
**Long jump:** 2. T.J. Rose, 19' 3 3/4"; 6. Alex Calderon, 18' 8 3/4". **Triple jump:** 4. Rose, 39' 10.5". **High jump:** 8. Alex Schultz, 5' 2". **3,200 relay:** 1. Wakefield, 9:09.1. **110 hurdles:** 2. Brendan Nicholson, 15.7; 3. Rose, 16.1. **100:** 1. Chad Clay, 11.2. **400:** 1. Clay, 55.2; 2. Hugo Ortiz, 55.4. **3,200:** 1. Tyler Bodlak, 10:47.5; 3. Michal Bodlak, 11:47.4; 5. Michael Eaton, 12:21.0. **200:** 1. Clay, 23.2. **800:** 1. T. Bodlak, 2:10.0; 3. Chris Matias, 2:19.2; 4. Brock Soderberg, 2:20.6. **300 hurdles:** 5. Rose, 45.7. **1,600:** 1. Bodlak, 4:59.3; 4. Soderberg, 5:19.9. **400 relay:** 3. Wakefield (Christian Gallardo, Jhose Calderon, Alex Calderon, Cody Henschke), 49.7. **1,600 relay:** 1. Wakefield (Clay, Ortiz, Dusty Sherer, Matias), 3:48.9.



(Photo courtesy Mike O'Brien, West Point News)

Wakefield's Anthony Munson watches his putt roll toward the hole during Thursday's West Point-Beemer Invite.

# Trojans fourth, Bears fifth at West Point Invite

WEST POINT — Wakefield's golfers finished fourth and Laurel-Concord took fifth in the West Point-Beemer Invitational, held Thursday at Indian Trails Golf Club.

Wakefield's Anthony Munson finished sixth overall with a round of 86, shooting 43 on both the front and back nines.

"We have only been on the course for about a week, due to the great winter we had, and I felt they did all right for their first meet of the year," Wakefield coach Kevin Roberts said. "Anthony shot well, and we have some areas that we

need to improve on."

The Bears were led by Michael Olesen's 93, and coach Brian Kaiser said his team shot well despite playing a number of JV golfers in varsity roles.

"Three of our starters weren't there because of FBLA or FFA, so we had a young team there," he said. "Overall, I thought the team did well for starting late in the year."

Both teams will compete in the Laurel-Concord Invitational on Thursday in Laurel.

## Sports Shorts

### Eighth-graders sweep at Stanton

The Wayne eighth grade boys and girls track teams won the Stanton Invite on Thursday. The seventh-grade boys finished third, while the seventh-grade girls were fourth.

**Seventh Girls**  
**Discus:** 1. Jade Bottger, 59' 1"; 2. McKenzie Rusk, 55' 11". **1,600:** 1. Hannah Kenny, 6:30.74. **400:** 2. Cassie Heier, 1:11.48. **195 Hurdles:** 1. Madison Frevert, 33.39.

**Seventh Boys**  
**High Jump:** 2. Ben Hoskins, 4' 9". **800:** 2. Hoskins, 2:40.2.

**Eighth Girls**  
**100 Hurdles:** 2. Victoria Kranz, 19.08. **100:** 2. Jalyn Zeiss, 13.94. **1,600:** 1. Angie Nelson, 5:54.9. **400:** 1. Meagan Backer, 1:04.2. **200:** 2. Backer, 29.53. **Discus:** 1. Bailey Benjen, 73'. **Shot Put:** 2. Kranz, 25' 4". **Triple Jump:** 2. Ashton Schweers, 29' 10". **Long Jump:** 2. Zeiss, 13' 1".

**Eighth Boys**

**110 Hurdles:** 2. Jared Anderson, 17.59. **100:** 2. Jose Vergara, 12.53. **1,600:** 2. Aaron Bernal, 5:28.8. **400:** 2. Payton Janke, 59.13. **200:** 2. Vergara, 26.45. **Discus:** 2. Austin Keiser, 98' 1".

### UNO's Denney to speak at wrestling banquet

University of Nebraska-Omaha wrestling coach Mike Denney will be the guest speaker at the Wayne State wrestling club's team banquet, scheduled for Sunday, May 2.

Denney has coached at UNO for 31 years and has won six NCAA Div. II national titles.

The banquet will be held at 1 p.m. at the Student Center. To register, call coach Greg VanderWeil by Friday, April 23, at 375-7283 or e-mail grvandel@wsc.edu.

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# Winside students chosen for Girls State Krumweide

Winside American Legion Auxiliary #252 and the Sons of the American Legion (SAL) Squadron #252 of Winside are helping to sponsor three for this year's Girls State to be held June 6-12 at the University of Nebraska-Lincoln campus.

Orientation for the Boys and Girls State will be in Winnebago School on Sunday, April 18 at 1:30 p.m.

Chosen to represent Winside were Lesley Ann Milenkovich, Audrey Roberts and Morgan Quinn.

Leslie has been part of the Winside High School Flag Squad

Student Council for three years, a part of the school yearbook for two years, National Honor Society, Speech, Dance, volleyball, basketball, track, band, one-act and the school play.

She was involved in a 4-H trip to Washington, D.C., is a part of St. Mary's Catholic Church in Wayne, has participated in club volleyball in Norfolk and helped with little girls' volleyball camps.

She has been named to the Principal's Honor Roll, served as a class officer, 4-H officer and yearbook editor. She was a letter winner in volleyball, basketball, track and band.

Her goals while attending Girls State are to meet new people and see how our government works to a greater extent.



Lesley Milenkovich

for three years and is a member of the National Honor Society. She has volunteered with Rainbow Riders Therapeutic Horseback Riding program, the Wayne Humane Society and at Premier Estates.

She was the sophomore class president, junior class secretary and secretary of the Spanish Club.

By attending Girls State she hopes to learn more about her government and how to be active in it.

Audrey has been a member of



Morgan Quinn

Morgan has been involved in volleyball, 4-H, FFA, Junior Auxiliary, band and choir, the school musical and one-act and has been a Bible School teacher.

She helped serve at the community Memorial dinners, German dinners and has been involved with highway clean-up and auditorium fund raisers.

She has been a member of Teen supremes, served as Junior Auxiliary president; earned a Best Actress Award in 2008 and was a Premier Speaker at the Nebraska State Fair and was the Outstanding Beef Woman at the 2009 Nebraska State Fair in 2009.

Morgan said she very much enjoys politics and would love to learn more about them. She is hoping Girls State will change her views on some of her opinions.



Audrey Roberts



### Pool champions

Winners of the End of the Year Eagles Pool League Tourney included, left to right, Lee French, first; Tom McCranney, second; Joel Hansen, third and Craig Tentinger, fourth.

47, Homer 46, Randolph 28, Emerson-Hubbard 6, Pender 3, Scribner-Snyder 3, Winnebago 1, Omaha Nation 0.

#### Area Medalists

##### Field Events

High jump: 1. Cody Stewart, Allen, 6-2. Long jump: 1. Johnny Saunders, L-C, 21' 4/4". Triple jump: 1. Stewart, 42' 8 1/2"; 3. Cody Logue, Allen, 39' 7". Shot put: 1. Ezra Schantz, L-C, 53' 2 1/2". Discus: 1. Schantz, 153' 1".

##### Track Events

3,200 relay: 1. Wakefield (Hugo Ortiz, Brock Soderberg, Chris Matias, Michael Eaton), 8:51.0; 2. Allen, 8:53.8. 400: 2. Chad Clay, Wakefield, 53.1; 4. Ortiz, 53.4; 6. Justin Saunders, L-C, 55.7. 3,200: 2. D.J. Kennelly, Allen, 11:15.7; 100: 3. Clay, 11.6; 4. Jo. Saunders, 11.6. 110 hurdles: 5. Austin Roerber, Allen, 18.7. 800: 1. Keith Jorgensen, Allen, 2:06.0; 3. Soderberg, 2:09.8; 4. Matias, 2:10.1. 300 hurdles: 4. dusty Sherer, Wakefield, 44.0. 200: 1. Clay, 23.8; 2. Jo. Saunders, 24.3; 4. Heath Roerber, Allen, 24.3. 1,600: 2. Dylan Mahler, Allen, 5:03.4; 3. Soderberg, 5:05.6; 4. Jorgensen, 5:07.1; 6. Kennelly, 5:08.7. 400 relay: 3. L-C, 46.8. 1,600 relay: 2. Wakefield, 3:42.0; 4. Allen, 3:45; 6. L-C, 3:52.7.

##### Girls Team Standings

Laurel-Concord 143, Randolph 73, Wakefield 56, Oakland-Craig 51, Homer 48, Emerson-Hubbard 45, Scribner-Snyder 36, Allen 14, Dakota Valley 12, Ponca 11, Pender 6, Omaha Nation 0, Winnebago 0.

#### Area Medalists

##### Field Events

High jump: 2. Erika Hochstein, L-C, 4' 10". Long jump: 1. Bethany DeLong, L-C, 18' 0 1/2"; 3. Amy Pritchard, L-C, 15' 2 1/2"; 4. Amanda Wyninger, Wakefield, 14' 2 3/4". Triple jump: 1. Pritchard, 34' 6". Shot put: 1. Jade Cunningham, L-C, 37'. Discus: 6. Cunningham, 88' 6 1/2".

##### Track Events

3,200 relay: 1. Wakefield (Abby Schultz, Katelyn Tuttle, Katie Weinrich, Shelby Lierman), 10:32.1; 4. Allen, 11:41.1. 400: 1. Katie Jacobsen, L-C, 1:01.9; 2. Ashley Lunz, L-C, 1:03.5; 5. Mandy Nelson, L-C, 1:06.1. 3,200: 1. Lierman, 12:22.9; 4. Olivia Schneiders, Allen, 13:24.6; 6. Weinrich, 13:58.7. 100: 1. DeLong, 12.7; 3. Hochstein, 13.7; 6. Wyninger, 14.4. 100 hurdles: 1. Tuttle, 17.7; 2. Kayla Wiese, L-C, 18.0; 5. Sydney Rose, Wakefield, 19.5; 6. Mariah McCoy, Allen, 19.7. 800: 1. Jacobsen, 2:27.8. 300 hurdles: 2. Lunz, 50.6; 4. Schneiders, 52.0; 5. Tuttle, 53.0. 200: 1. DeLong, 26.2; 3. Nelson, 29.2. 1,600: 1. Jacobsen, 5:45.9; 2. Schultz, 5:48.0; 4. Lierman, 5:52.9. 400 relay: 1. L-C (Lunz, DeLong, Hochstein, Jacobsen), 51.3; 6. Allen, 59.0. 1,600 relay: 1. L-C (Nelson, Hochstein, Lunz, Sammie Camenzind), 4:28.2; 4. Wakefield, 4:40.5.

**VOTE James Rabe**  
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Republican

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Confirmants at Peace United Church of Christ included, left to right, Caleb Leinemann, Phillip Mrsny, Dr. Richard Brown, Courtney Behmer, Justin Christensen and Dylan Puls.

### Hoskins News

Hildegard Fenske  
402-565-4577

#### CONFIRMATION

Peace United Church of Christ of rural Norfolk held Confirmation services on Palm Sunday, March 28.

The confirmants were: Courtney Behmer (Matt and Prudence Behmer), Justin Christensen (Chris and Julie Lerch), Caleb Lienemann (Eddie and Laurie Lienemann), Phillip Mrsny (Keith and Traci Gradert) and Dylan Puls (Russel and Traci Puls).

Dr. Richard Brown officiated as each confirmant was questioned and then gave their scriptural memory verse. Mark Walker, president of the church body, welcomed the new members to the congregation.

#### SPECIAL GUESTS

Russel and Traci Puls entertained family and friends in honor of their son, Dylan Puls, as he was confirmed as a new member of Peace United Church of Christ.

Special guests were Dylan's baptismal sponsors, Paul and Laura Davids of Spring Hill, Kan. and their daughters, Allison and Tessa.

Other out-of-town guests were from Davey, Randolph, Howells, Winside, Creighton and Norfolk.

#### HOSKINS SENIORS

Ten Hoskins Senior Citizens met March 30 at the Community Center to play pitch.

Prize winners were Virginia Kleensang, Darlene Baden and Ramona Puls. Ruth Bruggeman

brought treats in honor of her husband, Gerald's 80th birthday.

The next meeting will be Tuesday, April 13.

#### DORCAS SOCIETY

The Dorcas Society of Peace United Church of Christ met on April 1.

Co-president Donna Asmus presided. She read "Jesus Loves Us All So Much." She also gave the opening prayer.

Four members answered roll call. Ramona Puls was hostess and her chosen hymn to sing was "Blest Be the Tie That Binds."

They signed a get-well card and Geraldine Benton shared a note that she had received from Emeritus member Mary Jochens.

Discussion was held concerning getting the prayer chain re-organized. Ramona Puls volunteered to do this.

It was reported that four members and a guest attended the Spring Tea at Pierce U.C.C. The secretary's and treasurer's reports were given and approved. Ideas were given about a Guest Day in the fall. Members will work on this.

The group thanked the hostess and closed with The Lord's Prayer.

Donna Asmus led the Bible lesson on Ritzpah.

The Thursday, May 6 hostess will be Donna Asmus and Adeline Anderson will lead the lesson on "The Queen of Sheba."

**Vote For A Change**

**Elect Cory Moeller Wayne County Sheriff on May 11, 2010**

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For more information visit my website [www.moellerforsheriff.com](http://www.moellerforsheriff.com)  
Paid for by Cory Moeller, 1016 2nd Ave, Wayne, NE 68787

# Allen News

Missy Sullivan  
402-287-2998

## ATHLETIC BANQUET

The 2009-2010 Athletic Banquet will be held on Friday, April 16 at 6 p.m. at the Allen gym. The meal will be roast beef, baked potatoes, vegetable, dinner rolls, salads, cake, and drinks. The cost is \$3 for students and senior citizens and \$5 for adults. The banquet tickets are for sale from student athletes or call the school.

## RECYCLING ELECTRONICS

ESU #1 has contracted with a recycler of outdated/damaged electronic equipment. The Recycle It Company of Sioux City, Iowa accepts VCR's, computers, DVD players, overhead projectors, scanners, etc. The recycling day is scheduled for Thursday April 29 from 9 - 11 a.m. The school is asking for anyone who brings up items to be recycled to pile them next to the dumpster in the parking lot, and for any TV to please bring in the \$10 fee to either office. All other electronics are free to recycle.

## VFW AUXILIARY

The Martinsburg VFW Gasser Ladies Auxiliary will be meeting on Monday, April 19 at the Allen fire-hall at 5 p.m. The District President will be at the meeting. The group will be electing officers.

## TREE CITY USA

Allen has been named a Tree City USA community by the Arbor Day Foundation to honor its commitment to community forestry. This is the 17th year that Allen has received this national recognition.

The Tree City USA is sponsored by the Arbor Day Foundation in cooperation with the National Association of State Foresters and the USDA Forest Service. Allen has met four standards to become a Tree City USA community: have a tree board, a tree care ordinance, a comprehensive community forestry program, and an Arbor Day observance and proclamation. In addition to the continued care for trees in the community, the new signs identifying trees in the Historic

Tree Grove were cited as a significant project for which the community should be commended.

According to John Rosnow, chief executive of the Arbor Day Foundation, "A community, its elected officials, and its citizens that provide needed care for its trees deserve recognition and thanks. Trees are a vital component of the infrastructure in our cities and towns providing environmental and economical benefits."

## SEMINAR FOR PARENTS

The WSC Council for Exceptional Children and Wayne Community Schools will be jointly sponsoring a public seminar regarding how to address such critical issues as sexting, the choking game, and neuro/psychological development of the teen-age brain at Wayne High School auditorium on Tuesday, April 20 at 6:00 p.m.

The program is designed for mature audiences and childcare will be available. For more information, phone 402-375-7383 or 402-375-3150.

## BOOK CLUB

The Allen Book Club is reading The Home Place by Wright Morris. This book has been selected by "One Book One Nebraska" for 2010. Readers are invited to join the Wakefield Book Club for discussion Tuesday, April 20 at 4:00 at the Gardner Public Library. Books are available through Kathy Boswell.

## NATIONAL HONOR SOCIETY

The National Honor Society would like to invite everyone to their induction ceremony on Monday, April 26 at 11:45 am. The Academic Awards will follow.

## FOOD DRIVE

Cub Scouts Pack 172 of Wakefield and Allen will no longer be doing recycling pickup. Thank you to everyone who helped us with this project the last two years. I greatly appreciate it.

We are currently doing a canned food drive for the food pantry. We will be picking up food on Saturday, April 17 at 10 am. If you have a donation, please just set it outside

your door. They accept any donation, but items they are low on are paper products (toilet paper, napkins, etc), and canned fruits. Thank you in advance for your donation.

## Submitted by

### Cub Master - Tammy Twohig CEMETERY ASSOCIATION

The Eastview Cemetery Association met April 6 at the Allen Firehall. New officers were elected: President Clair Schubert; Vice President Dean Chase; Secretary Faith Keil; and Treasurer Jerry Schroeder. Clean up day at the Cemetery was set for April 8 with a rain date of April 15.

## MINI COLLEGE FAIR

The Laurel High School will sponsor a mini college fair on Monday, April 26 at 7 p.m. They are inviting colleges from which they offer college credit. This includes Advanced Scholars from UNL, NECC, and NCTA (Curtis). They hope to have discussions on classes offered, the qualifications, cost, and new classes coming next year. They have invited Allen students and parents, especially next year's seniors, to come. If you plan to attend, please call Mrs. Susan Von Minden at school to register.

## RASTEDE SCHOLARSHIP

Sophomore and Junior undergraduate college students who are graduates of Allen Consolidated Schools are encouraged to apply for the Alvin G. and Anita D. Rastede Scholarship, available through the Allen School Foundation. In order to apply for the \$2,000 scholarship, the following questions need to be answered and then sent to the Allen School Foundation; PO Box 190; Allen, NE 68710. 1. What is your college grade classification and GPA? 2. What is your major and/or minor field(s) of study and career goals? 3. In what on-campus activities/work and organizations are you involved? 4. In what off-campus activities/work and organizations are you involved? 5. How will this scholarship be beneficial to you and why are you deserving of it?

One scholarship will be given

and must be used during the 2010-11 college year for undergraduate studies. The recipient will be notified by April 30 and they will be required (or a representative) to attend the May 15, 2010 graduation ceremony for formal recognition.

## COMMUNITY BIRTHDAYS

**Friday, April 16:** Kevin O'Keefe, Scott Chase, Ashley Sands, Connie Reynolds, Danielle Schneider, Brian & Shawnee Sullivan (A).

**Saturday, April 17:** Jeff Grone, Jeff Hoch, Joey Lyle, Connie Roberts.

**Sunday, April 18:** Hannah Finnegan, Wayne Cullison, Missy Sullivan, Jody Martinson.

**Monday, April 19:** George Cooper, Jr., Nick Brahmsteadt, Jerry Stewart, Jerry & Donna Schroeder (A).

**Tuesday, April 20:** Caitlin Mahon, Greg Boeshart.

**Wednesday, April 21:** Justin Peterson, Willie Hagstrom, Blake & Teri Coughlin (A).

**Thursday, April 22:** Jim Johnson, Margaret Isom, Paulette Kumm, Kenny & Luann Burcham (A).

**Friday, April 23:** Ashlee Hingst, Steve Gunsolley, Alex Langseth, Leah Armour, Randy Sullivan, Jr.

## SENIOR CENTER

**Friday, April 16:** Brunch, 8:30 am - Mixed fruit, French toast, sausage links, orange juice.

**Monday, April 19:** Cheeseburger, baked potato, baked beans, pineapple, bun.

**Tuesday, April 20:** Fish, cheese slice, baked potato, peas, red hot applesauce.

**Wednesday, April 21:** Chicken, mashed potato, beets, plums.

**Thursday, April 22:** Meatloaf, mashed potatoes, corn, apple crisp.

**Friday, April 23:** Brunch, 8:30 a.m. Pancakes, bacon, grape juice, scrambled eggs, peaches.

## COMMUNITY CALENDAR

**Friday, April 16:** Brunch, 8:30 a.m. at Senior Center; Exercising at Senior Center, 9; Walking, Senior Center 9:30; Athletic Banquet, 6

p.m. at the Allen Gym.

**Saturday, April 17:** Cub Scout Food Drive, 10 am - pickup items door to door

**Monday, April 19:** Exercising, Senior Center 9 a.m.; Walking at Senior Center, 9:30; K-6 to Omaha Zoo; Gasser Auxiliary ladies meeting at Allen Firehall, 5 p.m.

**Tuesday, April 20:** Massage Day at Senior Center, 8 a.m.; High School Track meet at Laurel, 2 p.m.; Public Seminar for Parents, 6 p.m. at Wayne High School auditorium.

**Wednesday, April 21:** Exercising at Senior Center, 9 a.m.; Walking

at Senior Center 9:30; ACCTS at United Methodist Church, 3:30 p.m.; Bible Study - 10 a.m. at United Methodist and 2 p.m. at Concordia Lutheran.

**Thursday, April 22:** Allen Craft Club at United Methodist Church 6:30 p.m.

**Friday, April 23:** Brunch at Senior Center, 8:30 a.m.; Exercising at Senior Center, 9; Walking at Senior Center, 9:30; Kindergarten Round up 9 am (NO Kindergarten class today); District Music Contest - all day.

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Allen students in grades 7 - 9 attended the WSC Science Fair on April 9. They are pictured with their Science Teacher Marc Bathke.

# Wayne State College musicians to perform

The Wayne State College Symphonic Band and Wind Ensemble will perform on April 22 at 7:30 p.m. in Ramsey Theater, located in the Peterson Fine Arts Building on campus.

Each group will be performing standard works from their repertoire as well as new compositions for band. In addition to works by Grainger and Alfred Reed, the Wind Ensemble will be performing a brand new piece by Steven Bryant. "The Marbled Midnight Mile" was commissioned in 2009 by a consortium of Nebraska schools, which included Wayne State College. The concert is free to the public and is sure to be entertaining for everyone.

For more information, please contact: Dr. David Bohnert, Director

of Bands at Wayne State College, phone: 402-375-7363.

## Blood drive conducted

The Siouxland Community Blood Bank conducted a blood drive at the United Presbyterian Church in Laurel on April 7.

A total of 17 donors registered and 19 units were collected. Those taking part included: Roger Boeckenhour (10 gallon donor), Chad Claussen, Mark A. Ebmeier, Andrew Thomas Fredricksen, Benjamin J. Galvin, Delroy Hemsath, Leon A. May (10 gallon donor), Gregg D. McClary, Deanna L. McCoy, Sally S. Newton, Robert F. Patefield, Janet C. Roerber, Duane C. Stingley, Steven E. Thompson, Cherry O. Urwiler, Ryan H. Van Cleave and Kelly F. White.

## Exhibit to be at Elkhorn Valley Museum

A new exhibit opened April 6 at the Elkhorn Valley Museum and Research Center in Norfolk.

Entitled "Remembering the Greatest Generation," the exhibit features the men and women who served in the war that were from Norfolk.

This exhibit will be a part of the Greatest Generation Remembers: A Tribute to World War II Veterans," which will be Sunday, May 2, at 2 p.m. at Johnny Carson Theatre in Norfolk.

The museum is open Tuesday - Saturday from 10 a.m. to 5 p.m. There is an admission charged.

If you tell us you are a World War II Veteran your admission is free.

The exhibit will be displayed through May 31.

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## Community service project

Members of the Blue Ribbon Winners 4-H Club met recently to pick up litter on the highway. The project is an annual event for the club.

## Low-interest home repair loans offered through USDA

The current economic environment and its impact on the housing market is leading homeowners to repair their homes instead of buying a new one. If your residence requires home improvements and you're wondering how to get financing, USDA Rural Development can help with low-interest (1 percent) loans for those repairs.

"Now is a good time for homeowners to evaluate the need for necessary repairs or replacement of items such as a roof, electrical, plumbing, siding, or to improve energy efficiency through replacement windows and insulation," said Jeff Carpenter, Technician, for USDA Rural Development. "The replacement of a furnace, sanitary disposal systems, modernization of a home or making a home accessible for disabled household members may also be eligible under the program."

The home loan repair program

has a maximum loan amount of \$20,000 and offers a 1 percent interest rate for up to 20 years. Loans of less than \$7,500 may not require a mortgage against the property. The low interest rate and extended terms of the loan make repayment more affordable for households with limited income. For example, a \$10,000 loan at 1 percent interest for 20 years would have a monthly payment of \$46, compared to a conventional loan with an interest rate of 7 percent for 10 years, with a monthly payment of \$116.

The applicant must own and occupy the home and not exceed income guidelines that are established by county and household size. For example, for many counties in Nebraska, the income limit for a one person household is \$18,800; two person, \$21,500; three person, \$24,150; four person, \$26,859 and five person, \$29,000. However, some counties may have higher

income limits and you may contact your USDA Rural Development office for the income limits in your county. Applicants must also have an acceptable credit history, show repayment ability and be unable to afford a conventional loan.

These low interest loans are available to homeowners in rural areas. Rural is defined as those communities with a population of 20,000 or less, and includes Columbus and Norfolk.

"Rural Development has adequate loan funds available under the home repair program and I encourage homeowners to contact me," said Carpenter.

For additional information or to obtain an application, contact Jeff Carpenter at USDA Rural Development, (402)371-5350 Ext. 120, 1909 Vicki Lane, Suite 103 or jeff.carpenter@ne.usda.gov, Visit: www.rurdev.usda.gov/ne/.

## Honor roll released at Laurel-Concord

The third quarter honor roll has been released at Laurel-Concord High School for the school year 2009-2010.

Those students achieving a 4.0 grade point average for the second quarter include seniors Emily Gubbels, Brianna Johnson, Travis Nelson and Katie Urwiler; juniors Emma Engebretsen and Katie Jacobson; freshman Katie Gubbels; eighth graders Emily Hochstein and Brittany Wolfgram and seventh grader Hannah Lund.

Those named to the honor roll include:

**Seniors:** Anthony (Tony) Brandow, Taryn Dahlquist, Bethany DeLong, Jace Granquist, Julia Hartnett, Rebecca Koch, Kyle Koester, Beau Lubberstedt, Emily McCoy, Bryan Pippitt, Johnny Saunders and Erika Spahr,

**Juniors:** Mallorie Granquist, Leanna Gubbels, Isaac Haahr, Katee Haisch, Megan Hartman, Lindsay Heydon, Blair Madsen, Scott Pippitt, Dalcyce Sherman, Seth Vanderheiden, Brittany Wheeler, Kayla Wiese and Chelsey Wolfgram.

**Sophomores:** Kenia Alvarez, Julia Casey, Addison Corbit, Jade Cunningham, Corryn Dahlquist, Elizabeth Ebmeier, Lisa M. Fuoss, Daniel Hartnett, Erika Hochstein, Samantah Jacot, Audrey Kastrup, Taylor Linn, Mandy Nelson, Nicole Nitz, Holli Peterson, Amy Pritchard, Kate Victor, Lexi White and Amanda Winstead.

**Freshmen:** Erica Brandow, Alexandria Camenzind, Cassandra Camenzind, Samantha Camenzind, Lauren Cunningham, Nathanael Granquist, Devin Hirschman, Shayna Johnson, Jason Kneiff, Ryan Lunz and Kiley Thompson.

**Eighth grade:** Calvin L. Casey, Kelsey A. Dietrich, Haley Granquist, Brendan Groene, Erin Gubbels, Adam Haahr, Brett Haisch, Mitchell Hangman, Ethan Hirschman, Kelsey Kardell, Robbi R. Lanser, Drew Lunz, Jami McCoy, Madison Metheny, Lathan Ohlrich, Cory Peterson, Taylor Pigg and Hannah Swanson.

**Seventh grade:** Audra Corbit, Sydney Cunningham, Daniel Ebmeier, Chayce Hirschman, Michaela Nitz, Sadie Petersen, and Bradley Steffen.

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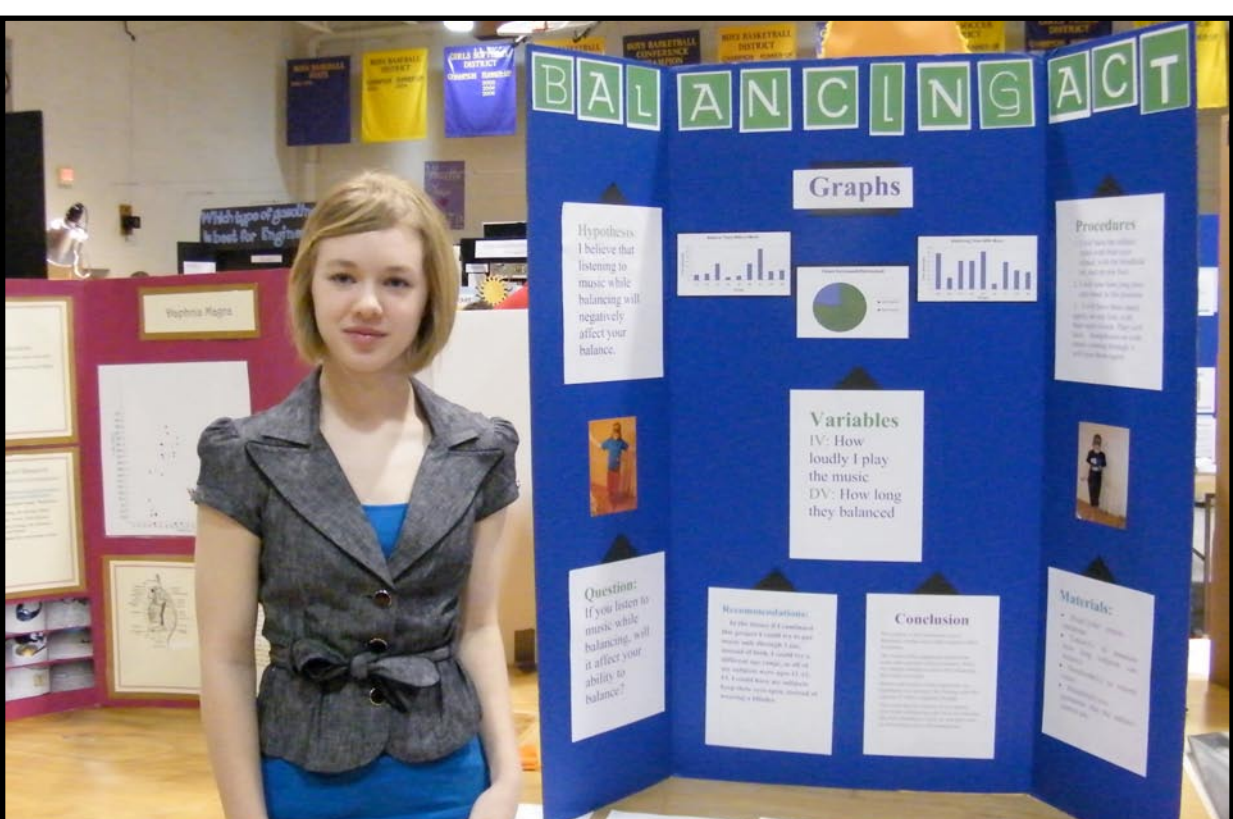
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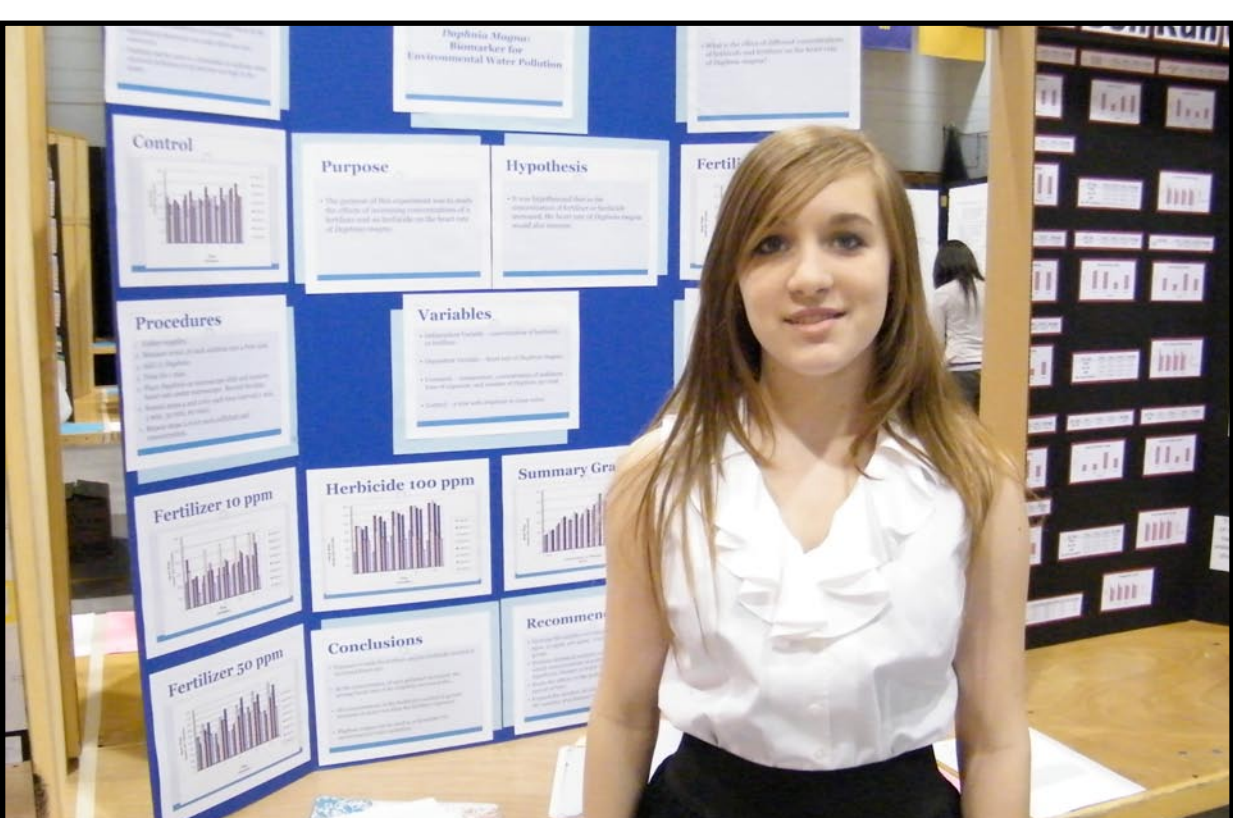
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# Wayne students present science research projects at Nebraska City Science Fair

Ten Wayne Middle School students and one Wayne High student presented their science research projects at the 44th Annual Greater Nebraska Science and Engineering Fair (GNSEF), held in Nebraska City March 26-28.



Emily Loberg, seventh grader from Wayne Middle School, and her GNSEF Junior Division second place award winning project "Balancing Act". Emily's science teacher is Mrs. Jeanne Brink.



Cassidy Wiese, eighth grader from Wayne Middle School, and her GNSEF Junior Division first place and best female researcher award winning project "Daphnia magna biomarkers for Agricultural Pollution." Cassidy's science teacher is Mrs. Lee Brogie.



Wayne students participating in the 2010 Greater Nebraska Science and Engineering Fair: Front row Miriam Casillas, Gabby Miller, Maddie Morris and Sadie Miller. Middle row, Science teacher Mrs. Lee Brogie, Marissa Wiese, Burgandy Roberts and Bailey Bentjen. Back row, Emily Loberg, Jackson Blackenau, Reed Trenhaile, Rochelle Sukup and Cassidy Wiese. Not pictured were adult chaperones Mr. Ed Brogie and Mrs. Tami Wiese.

GNSEF is a regional science fair for the Intel International Science and Engineering Fair. The Greater Nebraska region includes much of the eastern portion of Nebraska. Over 100 students participated in this year's fair representing grades 6-12. Based on the quality of their research, category medals, specialty awards, top 10 awards, and first, second and third place overall awards were presented to students.

Wayne students came home with five first place medals, three second place medals and one third place medal. In addition, four of the top 10 Junior Division Medalists were from Wayne Middle School: Bailey Bentjen, Emma Loberg, Cassidy Wiese and Marissa Wiese.

Emma Loberg's physiology project was named the second place overall project for the Junior Division. She received a \$300 savings bond and a \$50 cash award for her teacher, Mrs. Jeanne Brink.

Cassidy Wiese's environmental science project was named 1st place overall for the Junior Division. She received a \$400 savings bond and a \$50 cash award for her teacher, Mrs. Lee Brogie. In addition, Cassidy was named the top female researcher in the Junior Division and was awarded a \$500 cash prize.

**Junior Division awards:** Cassidy Wiese (8th grade) — Daphnia magna biomarkers for

Agricultural Pollution; First place medal - Environmental Science; Top Ten GNSEF Junior Division Project Award (Scientific Calculator); First Place Overall Award - Junior Division (\$400 Savings Bond plus \$50 cash award to teacher Mrs. Brogie); Elster-American Meter Company Top Female Junior Division Researcher (\$500 cash award).

Emma Loberg (seventh grade) — Balancing Act; First place medal - Behavioral and Social Sciences Category; Top Ten GNSEF Junior Division Project Award (Scientific Calculator); Second Place Overall Award - Junior Division (\$300 Savings Bond plus \$50 cash award to teacher Mrs. Brink).

Bailey Bentjen (eighth grade) — Bubble, Bubble, Pop; First place medal - Chemistry; Top Ten GNSEF Junior Division Project Award (Scientific Calculator).

Marissa Wiese (Eighth grade) — The Effect of CO2 on Plants; First place medal - Plant Sciences; Top Ten GNSEF Junior Division Project Award (Scientific Calculator).

Miriam Casillas (Eighth grade) — Cockroaches; Second place medal - Animal Sciences.

Gabby Miller (Seventh grade) — Pollination Station; Third place medal - Plant Sciences.

Sadie Miller (Eighth grade) — Plantade; Honorable Mention - Plant Sciences.  
Maddie Morris (Seventh grade) — Daphnia magna; Second place medal - Animal Sciences.  
Rochelle Sukup (Eighth grade) — Guppies Galore; Second place medal - Animal Sciences.  
Reed Trenhaile (Eighth grade) — Fatty Insulators; Third place medal - Animal Sciences.

**Senior Division Awards:**  
Burgandy Roberts (Sophomore) — Essential Killers II - The Study of Essential Oils on E. coli; First place medal - Microbiology.

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**Winside — April 17**

**Allen — May 8**

**Laurel-Concord — May 1**

**Wakefield — April 16**

## Put Safety First for Prom

Your concerns about the prom may center around finding a date and what to wear. But you should be thinking about safety above all else, say experts. That's because proms are far different from what they used to be, with sex, drugs, alcohol, and heavy partying considered part of the package.

Many hope to have happy memories of dancing and having fun with friends permanently linked to prom. Unfortunately for many others the memories are not nearly as pleasant. A number of high school seniors find that automobile accidents, injuries and death are their most prominent prom memories.

Alcohol and drug use during prom season elevates the numbers of drinking and drug-related accidents. It also increases the propensity for sexual assault and violent behavior. According to the National Highway Traffic Safety Administration (NHTSA), more than 40 percent of all 16- to 20-year-old deaths result from motor vehicle crashes, almost half of which are alcohol related. And about 90 percent of rapes and murders on school campuses can be linked to alcohol consumption.

With this in mind, keep alcohol and drug use out of the mix during prom, especially if you are underage. Many states employ a zero-tolerance regarding driving under the influence, and making the choice to drink and drive on prom night — or any other night — can irreparably change your life forever.

Some teens believe that because they are being chauffeured in a limousine that it is okay to drink. However, many promgoers continue on to after parties and being intoxicated can put them into further trouble. Besides, drinking could land you in the bathroom hugging the toilet all night instead of having an evening to remember with your closest friends. So why risk it?

Some students view their prom as a rite of passage and a night to throw inhibition to the wind. It is a common occurrence among seniors to plan a sexual encounter for prom night, or even consider losing their virginity. Renting a hotel room for post-prom seems as natural as renting a tuxedo or buying a prom dress.

Many teens get lured into the false notion that proms equal magic and romance and that sex would be the natural next step. However, despite how much you build up the prom in your head, it often fails to live up to the fantasy. Adding a hasty sexual encounter caused by pressure to perform on prom night to the mix can tarnish memories even further.


According to Janice Shaw Crouse, Ph.D., "There is no way alcohol-induced sex in prom-night circumstances can be 'sweet and meaningful.'" Prom night is not the night to put sex ahead of all else. If you are considering becoming intimate with a romantic partner, talk about it more and plan a time other than prom if it something you really feel is right. And certainly take safer-sex precautions when doing so.

There's definitely an anticipatory culture to be reckless surrounding prom night caused by movies, media and peer pressure. However, by being your own person and setting limits before prom, you can have a safe and entertaining night.



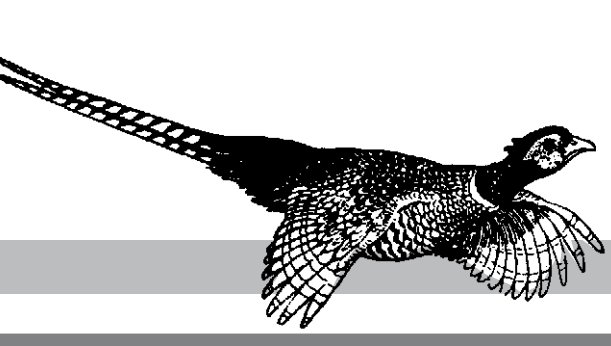
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# Opinion

## Don't get me started

By: Michael Carnes  
Managing Editor

## Kicking out the negative tenants

How many people are living rent-free in your head right now?

It's a suggestion my dad used to throw out every once in a while during my teen years, which were spent trying to deal with a variety of individuals who seemed intent on making my high school days a living hell.

"Don't let 'em live rent-free in your head, son," I recalled my dad telling me. Unfortunately, as is the case on about 99.9 percent of the things parents tell their kids, this wise bit of advice went in one ear and out the other.

It's remarkable how much impact words can have on us, especially during those formative years of youth when our self-esteem and sense of worth are not fully developed and can be easily constructed – or destroyed – with nothing more than the right combination of words and actions.

I was popular in school, but only for being the target of the physical and mental barbs kids like to throw at those they perceive to be not worthy of inclusion in their particular clique. In spite of the talent I had for sports knowledge and my ability to communicate, I didn't enter the adult world with a very high level of self-esteem, thanks mostly to those who felt it better to point and laugh.

What's funny though, is that the crap I was getting from kids in school was something I only experienced a few hours every school day. The rest of the day, I was exposed to, and hung out with, people who saw my talent and passion and encouraged me to develop it.

I was given a vehicle for showcasing my talents in the local newspaper by the publisher, who lived in my neighborhood and was a friend of the family. I've had the privilege to have worked for several newspapers in this state. Whether I applied for the job, had my name referred to a publisher, or was contacted by a publisher who knew I could fill whatever opening was available, my talents have always been sought after and appreciated by those I have worked with and for.

With all of the encouragement I received from these people over the years, it should have been more than enough, one would assume, to eradicate the jerks "living rent-free in my head."

For reasons that, only recently, I've begun to understand...I let those individuals hang out in my head for a long, long time. And the longer they lived there, the less worthy I believed I was. The jerks who had seemingly taken up permanent residence in between my ears – even though I had not had contact with most of them since the day I left town for college – were dictating to me whether or not I should feel worthy of success and the opportunities that came with it.

In recent times, though, I have discovered that, more often than not, the biggest obstacle between success and failure is located in the blob behind your eyes. What and who you know is important, but not as important as what you believe about who you are and how worthy you are of all the good you want, and deserve, in your life.

Today, there is a very select group of people who are allowed into my head. They are the ones who encourage me, motivate me and make me feel worthy of all I have and will receive. I have plenty of space available for people like my family, my mentors, my friends (both in and out of the business), my girlfriend and those who have a positive vibration with me.

As for those jerks who were chillin' at the pad in my mind...well, let's just say they've been shown the door. People who carry that negative energy have no opportunity to take up any more vacancy that might be available here. There is simply no room at this particular inn.

Motivational speaking legend Zig Ziglar once said, "Other people and things can stop you temporarily. You're the only one who can do it permanently." Negative people can hold you back, but they will bring you down only if you allow them to.

Wouldn't now be a good time to start handing out those eviction notices?

## Your Legislative Update

Greetings from the Unicameral!

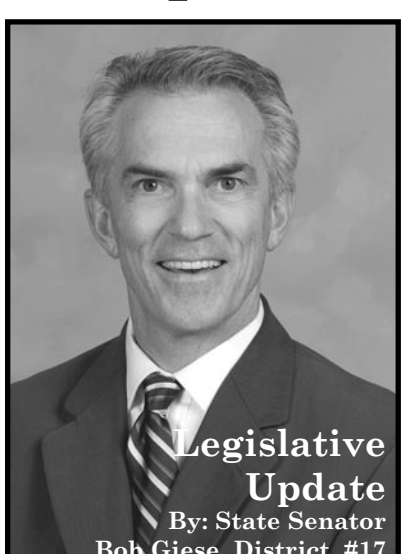
The Nebraska Advantage Act and other business tax incentive programs in our state have been critical in helping bring quality jobs to many Nebraska communities, including South Sioux City and Wakefield in District 17. One aspect of these incentive programs that has been an area of concern the past few years, however, is the effect the programs have on local option sales taxes and city budgets.

When voters in a community approve a local sales tax, they frequently do so knowing that city government will apply sales tax revenues to specific projects, such as a new swimming pool or jail.

Under many state tax incentive programs, however, businesses can apply to have their local sales tax payments refunded, often with little advance warning to city officials that were relying on that revenue.

For example, South Sioux City has lost more than \$2 million in sales tax revenue over the past five years as a result of incentive programs, and it was recently reported that the City of Omaha was likely to lose more than \$6.5 million from a single refund next year. The unpredictable nature of the refunds often leaves cities unable to meet everyday obligations, and in extreme cases could leave local bodies with no choice but to offset the lost revenue by raising property taxes.

This session, I introduced LB954, which was designed to help address this issue by preventing expanding companies from requesting built-up refunds all at once. LB967, a



**Legislative Update**  
By: State Senator  
**Bob Giese, District #17**

similar bill by Senator Ken Schilz of Ogallala which I co-sponsored, would have created a fund which cities could borrow from if the refunds claimed exceeded 10 percent of total sales tax revenue. While neither bill was advanced by the Revenue Committee this session, the committee has pledged to study the issue of local sales tax refunds over the interim. LR510, an interim study resolution introduced by Senator Pete Pirsich of Omaha, is likely to be one of the Revenue Committee's top priorities this interim, and I look forward to working with committee members on this important issue for many Nebraska communities.

I would encourage you to contact me if you have any questions or simply have an opinion on legislation. Feel free to call my office at (402) 471-2716, send me an e-mail at bgiese@leg.ne.gov, or stop by in person any time you're in Lincoln.

## Capitol View School lobbyists' bill gets an 'F'

By ED HOWARD  
Statehouse Correspondent  
The Nebraska Press Association

LINCOLN – Sen. Bill Avery of Lincoln says he will try again next year to prohibit school districts from using tax dollars they get from the state to hire lobbyists ... often in hopes of getting more tax dollars from the state.

Avery's proposal, LB741, failed to advance to the full Legislature this year from the Education Committee following a public hearing. A vote to advance the bill failed, 4-4.

The bill raises interesting questions about the use of your tax dollars and the complexities of law-making.

In the past five years, 16 school districts spent over \$2 million on lobbying the Legislature. In 2008, 13 school districts spent some \$576,000 on lobbyists.

"I think it's inappropriate to use large sums of taxpayer dollars to lobby for more taxpayer dollars," Avery recently told this column. "And, ironically, they use their lobbying expenses when they calculate their need for more state aid."

In tough budget times, Avery said, tax dollars should be used for education.

"The best lobbyist every school district has is their superintendent," Avery argued. "They should be able make the case for their district."

Opponents of the bill argued this year that Avery's position ignores the reality of complex legislative issues.

There are a lot of bills relating to education considered every year, the critics contend; they are complex and involve many issues. Thus, the argument continues, individual superintendents haven't the time or the expertise to analyze them and formulate policy positions, let alone follow up with personal lobbying efforts.

Avery's bill would not bar local school districts from hiring lobbyists, so long as they pay for it with money raised from local revenue sources – which usually means money derived through local property taxes.

This is one of those editorials that is nothing but positive about the young people of our community so those of you that don't like good news, you may stop reading now.

I attended last year's high school musical at Wayne High "Grease" and came away wowed by the performance. I was so impressed with the talent of our high school students and seeing how all the performances were sold out long before the first night, upwards of nearly a thousand ticket holders witnessed the same thing.

Last Friday night I went to Wayne's musical "Thoroughly Modern Millie" and to be honest this one was even better. Not only did the 53 folks on stage, 13 others with the lights, sound and stage crew do a marvelous job of singing, dancing and of course, theatre, they thoroughly looked as they were enjoying it every bit as much as the on-lookers in the seats.

Katie Kietzmann played Millie and if you've never gotten the chance to see this gal perform on stage, then it's your loss. She is a natural both acting and singing. I don't know what her plans are

## Setting record straight on kids crossing road

We would like to take the opportunity to set the record straight and correct some statements that Councilman Doug Sturm made on the radio last week.

He was in a conversation discussing the proposed underpass and made a comment that the students at the St. Mary's Elementary School cross the highway on their way to and from school by themselves, and that he never sees anybody out there monitoring them as they cross the highway.

First and foremost, the health, well-being, and safety of the schoolchildren at St. Mary's School is a priority for our staff and we



and what's to be said to citizens who object to using their tax dollars for lobbying? Opponents of Avery's position could argue that successful lobbying for more state tax dollars to support schools can help slow the growth in the need for more local tax dollars.

So, think about it between now and the 2011 Legislature. Should school districts be allowed to use tax dollars to lobby for more tax dollars? If you want to offer an opinion to your state senator, you can call them or, better still, write to them.

**Last Call Could Come Later**  
Should local governments be allowed to decide whether alcohol can be served in local bars and restaurants until 2 a.m.

As the 2010 Legislature moved toward its conclusion, a measure was pending to give that power to local authorities. Currently, state

law establishes a 1 a.m. closing time for bars, statewide. Nebraska is the only state with such a statewide regulation.

Important: The pending measure would not mandate 2 a.m. closing times, it would give local governments the option of allowing a 2 a.m. closing time.

### Show me the money!

Mark Lakera, the Democratic candidate for governor, should expect a lot of questions during the coming campaign about his proposals for improving the economy.

"I have a plan to grow Nebraska's economy by 20 percent over the next four years," Lakera said recently.

That would be an accomplishment of epic proportions. "Epic" probably isn't a sufficient word – but it's deadline time, and it will have to do.

### Value of Ag Land Is Climbing

The recession hasn't kept the value of agricultural land from rising.

A report from the University of Nebraska – Lincoln says the average acre of agricultural land has increased in value since 2009: from \$1,431 to \$1,494.

The overall jump was led by cropland values which, in some areas, increased by 5 percent to 10 percent.

### Then and Now

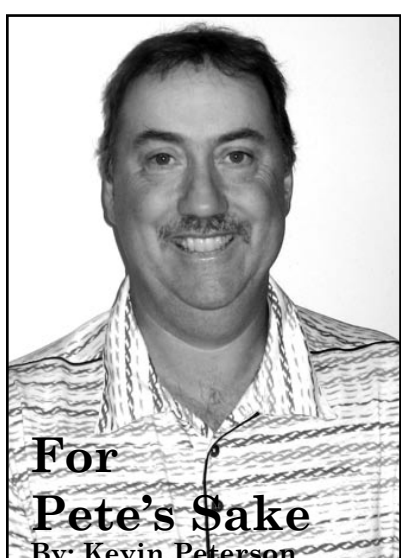
Old timers remember when "My dog ate my homework" was about as fanciful an excuse as a teacher, whether in grade school or college, could expect.

No, more.

A college professor and longtime friend in Ohio received this one from an undergraduate who didn't turn in a term paper on time.

"My boyfriend is a drug dealer, and the cops confiscated my computer."

## High school musical showcases talent



For Pete's Sake  
By: Kevin Peterson

after graduation next month but I certainly hope she entertains the idea of theatre in college.

Leading man Derek Poutre played Jimmy and what can you say about this talent, other than here's a guy who was looked upon as a leader on the football team, the same on the basketball team and I'm not so sure his singing and acting skill should play second

fiddle to his sports success.

In fact, more than one person told me that he might want to consider an audition for American Idol.

The stage was full of immense talent for two-and-a-half hours and yes, I am going to mention all of them in this editorial because they earned mention with all the hard work that was put in to make the show as successful as it was.

Directors Tracy Anderson and Carolyn Harder should be commended for their role in selecting the cast members from this talented group of students. It takes a special eye to select just the right musical with the cards your dealt.

Rebecca Agler as Miss Dorothy and of course Cory Foote as Ching Ho delighted the audience with their performances as did Sawyer Jager as Trevor Graydon and Kristin Liska as Miss Flannery. Lisa Temme as Muzzy Van Hossmere and Kori Witt as Mrs. Meers did superb jobs.

Others that had speaking parts during the play included JoAnn Parker, Jenny Zink, Kelly Gentrup, Hannah McCorkindale, Kendra

Liska, Natalie Sieler, Laura Muren, Collin Jeffries, Tory Booth, Josh Doorlag, Lila Goos, Nick Monahan, Colin Loberg, Becca Jaixen, Jacob Zeiss, Jessica Henderson as well as Sean Ganseboom, Dillon Wieland and Tyler Poehlman with named roles.

The stenographers included Hannah Mitiku, Kennra Duncker, Jenna Pieper, Megan Wherley with Rachel Gilliland, Keith Hobza, Alexis Reinert and Laurali Gulovsen also having named roles.

The ensemble included Laura Christensen, Shannon Jarvi, Emma Carstens, Jordan Alexander, Erica Sebade, Lydia Pflanz, Rachel Waddington, Emily Leeper, Erica Holcomb, Emily Nelson, Narelle Naeve, Jamie Belt, Morgan Centrone, Joe Dunklau, Andrew Long, Miles Anderson, Andrew Puffer and Quentin Jorgensen.

Congrats to all that offered a hand in this musical. My only suggestion would be to offer a couple more shows for those that might not have been able to attend on these two nights.

## Letters To The Editor

Mark M. Evetovich  
Mary Brady  
Anne Sty  
Gail Hochstein  
Michelle Carlson  
St. Mary's Elementary School

would never ever let those children cross Highway 35 by themselves. It is dangerous, and most cars do not stop despite the fact that there is a crosswalk with a flashing light.

We had determined, at the beginning of the school year, that our children are all dropped off in the morning or do not require the crosswalk, and therefore we do not need a crossing guard when the kids are coming to school. However, there are instances when some children walk home after school, and on those occasions we always help them cross the highway with an adult crossing guard.

In the future we would encourage Council and community members to call our school to discuss our policies and become informed so that misconceptions such as this are not put forth into the community.

Sincerely,

excellent.  
This is not the first time we have dealt with the Winside Rescue Unit. Both times, we have been very impressed with the expertise and professionalism shown by all involved.

We want all of you, on all the rescue units involved with this accident, to know we appreciate what you do. Thank you for a job well done.

Harris and Clara Heinemann  
Wayne

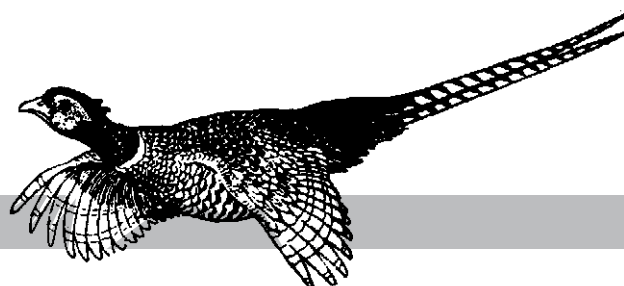
**Thanks to area rescue units**  
Shortly after 2:30 a.m. on April 9, a one-vehicle rollover accident occurred on the road in front of our place. Three people were injured, one was thrown from the vehicle and was transported by helicopter to Sioux City.

We are taking this opportunity to commend all the rescue personnel for the excellent job they did. The response time, from that of Wayne County Deputy Jesse Frank to the rescue units from Winside and Hoskins-Woodland Park, was

**Letters Welcome**  
Letters from readers are welcome. They should be timely, brief (no longer than one type-written page, double spaced) and must contain no libelous statements. We reserve the right to edit or reject any letter.  
The Wayne Herald editorial staff writes all headlines.

# Court News

The Wayne Herald



## County Court Proceedings Judge Ross A. Stoffer presiding

On April 5 the Wayne County Court heard 41 cases, including three failure to appear, three felony hearings, 16 arraignments, three pretrials, seven sentencings, three other hearings, two small claims trials, three juvenile hearings and one bond review hearing. During the last three weeks, there were a total of 26 new cases filed and 20 traffic tickets. In addition there were 14 judgmental orders.



### Criminal dispositions

St. of Neb., pltf., vs. Bret M. Meyer, Pender, def. Complaint for Minor in Possession or Consumption. Fined \$250 and costs.

St. of Neb., pltf., vs. Dale L. Fernau, Wakefield. Operating a Motor Vehicle During Suspension or Revocation. Case bound over to District Court.

St. of Neb., pltf., vs. Michael L. Fitzgerald, Jr., Wayne, def. Complaint for Driving While Under the Influence of Alcoholic Liquor (Count III), Tampering with Physical Evidence (Count IV) and Habitual Criminal (Count V). Case bound over to District Court.

St. of Neb., pltf., vs. David Stallbaum, Ponca, def. Complaint for Issuing Bad Checks (two counts). Fined \$200 and costs.

St. of Neb., pltf., vs. John Murray, Wayne. Complaint for Reckless Driving. Fined \$150 and costs.

St. of Neb., pltf., vs. Michael Surprenant-Vogt, Norfolk, def. Complaint for Operating a Motor Vehicle During Suspension or Revocation. Fined \$100 and costs.

St. of Neb., pltf., vs. Marcus I. McCain, Norfolk, def. Complaint for Operating a Motor Vehicle During Suspension or Revocation (Subsequent Offense). Fined \$1,000 and costs.

St. of Neb., pltf., vs. Jonathan P. Young, Sioux City, Iowa, def. Complaint for Driving While Under the Influence of Alcoholic Liquor (Second offense). Fined \$500 and costs, sentenced to 18 months probation, dr. lic. revoked for one year, ordered to attend AA meetings, sentenced to 30 days in jail, ordered to attend defensive driving course and MADD Victim Impact Panel.

St. of Neb., pltf., vs. Marcus A. Shears, Wayne, def. Complaint for Assault in the Third Degree. Sentenced to two years probation, ordered to pay \$1,094.96 in restitution and serve 65 days in jail and perform 150 hours community service.

St. of Neb., pltf., vs. Samuel S. Guillaume, Wayne, def. Complaint for Minor in Possession or Consumption. Fined \$250 and costs.

St. of Neb., pltf., vs. Cyndy J. Pfeiffer, Herman, def. Complaint for Driving While Under the Influence of Alcoholic Liquor. Fined \$400 and costs, sentenced to 45 days in jail.

St. of Neb., pltf., vs. Sean T. Tilil, Wayne, def. Complaint for Attempted Possession of Stolen Property. Fined \$200 and costs.

**Small Claims Proceedings**  
Rainbow World Child Care &

Preschool, pltf., vs. Amber Thomsen, Winside, \$304. Judgment for the pltf. for \$304 and costs.

Tonya Wical, pltf., vs. Jerome Blyden, Land-o-Lakes, Fla., def. \$1,640.00. Judgment for the pltf. for \$1,640.00 and costs.

### Civil Proceedings

Credit Bureau Services, Inc., pltf., vs. Brett Miller and Ila Mae Miller, Hoskins, defs. \$448.54. Judgment for the pltf. for \$448.54 and costs.

Midwest Asset Control, Inc., pltf., vs. Richard T. Ablar, Winside, def. \$918.81. Judgment for the pltf. for \$918.81 and costs.

Credit Management Services, Inc., pltf., vs. Kristie Buol, Hoskins, def. \$103.84. Judgment for the pltf. for \$103.84 and costs.

Credit Management Services,



Inc., pltf., vs. Joshua Behmer and Rachel Behmer, Hoskins, defs. \$972.13. Judgment for the pltf. for \$972.13 and costs.

Credit Management Services, Inc., pltf., vs. Jennifer Simpson, Wayne, def. \$125. Judgment for the pltf. for \$125 and costs.

Credit Management Services, Inc., pltf., vs. Ken Jensen and Deanna Jensen, Winside, defs. \$455.53. Judgment for the pltf. for \$455.53 and costs.

Credit Bureau Services, Inc., pltf., vs. Barbara J. Wecker, Wakefield, def. \$2,985.06. Judgment for the

pltf. for \$2,985.06 and costs.

Credit Bureau Services, Inc., pltf., vs. Annmarie Hines, Carroll, def. \$238.29. Judgment for the pltf. for \$238.29 and costs.

Credit Bureau Services, Inc., pltf., vs. Dale Gowler, Jr. and Denise L. Gowler, Winside, defs. \$524.32. Judgment for the pltf. for \$524.32 and costs.

Credit Bureau Services, Inc., pltf., vs. Jason E. Racely and Claudia M. Racely, Wayne, defs. \$2,073.00. Judgment for the pltf. for \$2,073.00 and costs.

### Traffic Violations

Bradley Hoelscher, Norfolk, spd., \$123; Morgan Mapes, Hoskins, stop sign, \$123; Joe Martinez, Schuyler, no oper. lic., \$123; Morgan Campbell, Wayne, fictitious plates, \$98; Bryce Brockman, Carroll,

spd., \$123; Hilba Rocio Valadez, Wakefield, stop sign, \$123; Rocky Moore, Stanton, fictitious plates, \$98.

Tyler Gill, Norfolk, stop sign, seat belts, \$148; Joslyn Benstead, Concord, spd., \$123; Juan Casillas-Rameriez, Wayne, stop sign, \$123; Samantha Janssen, Petersburg, stop sign, \$123; Enrique Martel Sr., Norfolk, spd., \$123; Dann Rothchild, Winside, spd., \$123.

Bradley Smith, Wayne, spd. \$73; William Allen, Wayne, possession of drug paraphernalia, \$148; Salma Bachez, Norfolk, spd. and no valid reg., \$98; Ty Allen, Fremont, possession of drug paraphernalia, \$148; Shawna Brunken, Wayne, spd., no seat belt, no child restraint, \$223; Luis Serrano, Norfolk, spd., \$123.

## Jaycees conduct Pitch, Hit & Run event

Results have been released for the Pitch, Hit & Run (PHR) held April 11 at Hank Overin Field.

This was a free baseball competition for boys and girls ages 7-14 and was sponsored by the Wayne Community Jaycees.

There were 35 youth registered for the PHR Competition from Wayne, Wakefield, Pender, Thurston and Norfolk and 15 Jaycees members were on hand to run the events.

### RESULTS:

#### 7/8 Girls Champions

Pitching: First - Avianna Jones-Doring (Wayne) 75 pts.; second - Tie Annika Wachter (Wayne) and Skyler Prokop (Thurston) 50 pts.

Hitting: 3-way tie Avianna, Annika, Skyer 50 pts.

Running: 1st Avianna 190 pts, Skyler 125 pts, Annika 50 pts.

All-Around: 2nd Avianna 315 pts, Skyler 225 pts, Annika 150 pts.

#### 7/8 Boys Champions

Pitching: First - Jacob Kneiff (Wayne) 225 pts.; second - Tyrus Kudera (Wayne) 150 pts.; third Tie Stuart Hasemann (Wayne) and Christopher Woerdemann (Wayne) 75 pts.

Hitting: First - Christopher W. 180 pts.; second - Reid Korth (Wayne) 174 pts.; third - Nolan Hunke (Wayne) 148 pts.

Running: First - Jacob K. 149 pts.; second - Reid K. 139 pts.; third - Tyrus K. 115 pts.

All-Around: 1st Jacob K. 424 pts, 2nd Reid K. 363 pts, Tyrus K. 315 pts.

#### 9/10 Girls Champion

Meghan Battles (Wayne)- took first in all events.



Pitch, Hit and Run Champions include, front row, left to right, Annika Wachter, Christopher Woerdemann, Meghan Battles, Jacob Kneiff, Ben Pareuner, Jonah Brodersen and Skyler Prokop. Back row, Avianna Jones-Doring, Beau Bowers, Ryan Jaixen, Josh Battles, Haylie Roberts, Cierra Kirkland and Ben Klein.

#### 9/10 Boys Champions

Pitching: First - Jonah Brodersen (Wayne) 300 pts.; second - Tie Ben Praeuner (Norfolk) and Riley Prokop (Thurston) 150 pts.

Hitting: First - Beau Bowers (Wayne) 252 pts.; second - Ben P. 208 pts.; third - Parker Lehmkuhl (Wakefield) 164 pts.

Running: First - Beau B. 221 pts.; second - Parker L. 216 pts.; third - Ben P. 199 pts.

All-Around: First - Ben P. 557 pts.; Beau B. 523 pts, third - Parker L. 455 pts.

#### 11/12 Girls Champions

Pitching: First - Cierra Kirkland (Pender) 150 pts.; second - Haylie Roberts (Pender) 50 pts.

Hitting: First - Haylie R. 108 pts.; second - Cierra K. 104 pts.

Running: First - Cierra K. 236 pts.; second - Haylie R. 194 pts. All-Around: First - Cierra K. 490

pts.; second - Haylie R. 352 pts.

#### 11/12 Boys Champions

Pitching: First - Ben Klein (Wakefield) 300 pts.; second - Tie Brock Rebensdorf (Wayne) and Josh Battles (Wayne) 225 pts.

Hitting: First - Josh B. 220 pts.; second - Noah Braun (Wayne) 212 pts.; third - Ben K. 194 pts.

Running: First - Ryan Jaixen (Wayne) 225 pts.; second - Ben K. 220 pts.; third- Caden Korth (Wayne) 219 pts.

All-Around: First - Ben K. 714 pts.; second - Noah B. 565 pts.; third - Josh B. 523 pts.



The 11-12 year old boys display their pitching talents during the Jaycee-sponsored Pitch, Hit and Run event at Hank Overin Field.

## 'Just Words' to be hosted on April 20 - 21 at Wayne State College

"Just Words" will be hosted on April 20 and 21 at Wayne State College in the Niobrara Room in the Student Center from 4 to 7 p.m. each day.

"Just Words" is an Interactive diversity program that will be focusing on discrimination and racism.

It is a series of Four rooms that students will be guided through where they will be exposed to different forms of discrimination and 'words' in order to reveal the effect words can have on people.

For more information, please contact: Chad Pitkin at chad-pitkin\_14@hotmail.com or by phone at 308-870-4012.

**FIREMAN'S BREAKFAST**  
Wayne Volunteer Fire Department  
**FUNDRAISER**  
Sunday, April 18th  
8:30 a.m. - 1:00 p.m.  
Wayne Firehall,  
510 Tomar Drive  
**OMELETS, SAUSAGE, FRENCH TOAST,  
PANCAKES, BISCUITS & GRAVY**  
Free will donations accepted.  
Proceeds will go towards the purchase of supplies & equipment.

**RE-ELECT KELVIN WURDEMAN**  
WAYNE COUNTY COMMISSIONER - DISTRICT # 1

- 27 years experience with Wayne County Dept. of Roads
- Conservative with Wayne County tax dollars
- On Board of Equalization, Region IV/ NorthStar, Economic Development & Juvenile Detention Board, and Wayne Business & Industries
- Military Veteran
- Works well with our state and federal elected officials
- Very knowledgeable on how county government works

PAID FOR BY COMMITTEE TO RE-ELECT KELVIN WURDEMAN, 57936 855 RD., WAYNE, NE 68787

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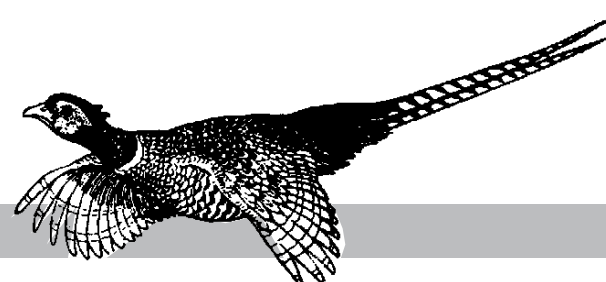
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**Reward!!**  
I AM OFFERING A REWARD OF \$500 TOTAL FOR INFORMATION THAT RESULTS IN THE ARREST AND CONVICTION OF THE PERPETRATOR(S) THAT PUT SUGAR IN THE GAS TANK OF BOTH MY VEHICLES LATE MONDAY EVENING, APRIL 5TH THROUGH EARLY MORNING TUESDAY, APRIL 6TH. PLEASE CONTACT THE WAYNE POLICE DEPARTMENT AT (402) 375-2626 WITH INFORMATION REGARDING THIS MATTER. YOUR ASSISTANCE WILL BE REWARDED!  
**Sharon Warnke-Battles**



# Lifestyle

The Wayne Herald



## Know how to reduce stress

Did you know that April is Stress Awareness Month? Most of us have felt "stressed out," but when this feeling persists, stress becomes chronic and can negatively impact our careers, quality of life and our bodies.

The first step is to pinpoint your stressors. To identify your true sources of stress, look closely at your habits, attitude and excuses. Pinpointing your true stressors



may be more difficult than you realize because some of them may be very subtle. Sometimes you may fail to notice your own stress-inducing thoughts, feelings, and behaviors.

Here are some important tips and information to remember about stress:

**Know your Limits:** You may be surprised by the number of stressors in your life that you can eliminate. Learning to say no is an important part of knowing your limits and sticking to them. Whether in your personal or professional life, taking on more than you can handle is a guaranteed recipe for stress.

**Alter stressful situations:** If you can't avoid a stressful situation, try to alter it. Finding a way to change things can prevent a stressful situation from reoccurring in the future. Express your feelings to someone who is bothering you in an open and respectful way. And, when you ask someone to change, be willing to compromise and do the same.

**Try changing yourself:** If you can't change a stressor, try chang-

ing yourself. Adapting to stressful situations can help regain your sense of control by altering your expectations and attitude. Try to view stressful situations from a more positive perspective. When you're down, take a moment to reflect on all the things you appreciate in your life, including your own positive qualities and talents.

**Nurture yourself:** Beyond a take-charge approach and a positive attitude, you can reduce stress in your life by nurturing yourself. Nurturing yourself is a necessity, not a luxury. Set aside time to relax in your daily schedule. Do something you enjoy every day, whether it is going for a walk, calling a good friend, or reading a book.

**Increase your resistance to stress:** Did you know you can increase your resistance to stress by strengthening your physical health? Exercising regularly and eating a healthy diet can help combat stress. Make time for at least 30 minutes of exercise every day. Start your day off with a healthy breakfast and keep your energy up and your mind clear with balanced, nutritious meals and snacks throughout the day.

Remember that stress is defined as mental, emotional, or physical tension or strain and too much can negatively affect your health. Some solutions to lower your stress are to make a conscious effort to spend more time in a lower gear, take time in between bursts to rest and recuperate, or learn how to change your point of view and look at the positive rather than the negative aspect of a situation to help cope with and reduce stress in your life.

SOURCE: Lisa Franzen-Castle, Ph.D., R.D., nutrition specialist



Taking part in the installation of TOPS officers were, left to right, Jeannine Wriedt, Connie Kirkpatrick, Beverly Ruwe, Dee Rebensdorf and Dorothy Nelson. Not present, Shelley Frevert and Lois Spencer.

## TOPS group installs officers

TOPS NE 0200 met April 7 in the Providence Medical Center Boardroom with 12 TOPS and two KOPS members present.

Kathleen Johs was this week's TOPS Best Loser and received a coupon. Joyce Pippitt was the KOPS Best Loser and she received a coupon as well.

On March 31 the members met at the Coffee Shoppe for the presentation of 2009 Chapter awards and installation of 2010 officers.

Officers include Jeannine Wriedt, Leader; Lois Spencer, Co-Leader; Connie Kirkpatrick, Secretary;

Shelley Frevert, Treasurer; Beverly Ruwe, Weight Recorder; Dorothy Nelson, Assistant Weight Recorder and Delores Rebensdorf, Attendance Keeper.

Joyce Pippitt was given a yellow rose in honor of her new KOPS status. She was also the Chapter Queen for 2009. Kathleen Johs was first place Division 5 Loser for 2009 and Trista Stone was first place Division 4 Loser for 2009.

Anyone seeking more information about TOPS, Inc. is welcome to visit the group any Wednesday evening.

## School Lunches

**ALLEN (April 19 - 23)**

**Monday:** Breakfast — Pop Tarts. Lunch — Sub sandwiches, bun, lettuce, glazed bananas, Doritos, cookie.

**Tuesday:** Breakfast — Cereal & coffee cake. Lunch — Chicken patty, bun, green beans, French fries, slushes.

**Wednesday:** Breakfast — Cereal & sausage links. Lunch — Turkey over biscuits, mashed potatoes, corn, tea roll.

**Thursday:** Breakfast — biscuit & egg patty. Lunch — Goulash, peas, pears, garlic buns.

**Friday:** Breakfast — Oatmeal & toast. Lunch — McRib, bun, tater tots, applesauce, slushes.

Milk served with breakfast and lunch. Menu subject to change.

**LAUREL - CONCORD (April 19 - 23)**

**Monday:** Breakfast — Sausage wrap. Lunch — Cheeseburger on bun, oven potatoes, fruit, vegetable.

**Tuesday:** Breakfast — Breakfast pizza. Lunch — Cook's Choice.

**Wednesday:** Breakfast — Pancakes. Lunch — Room 3h meal: Spaghetti with meat sauce, corn on the cob, grapes, breadsticks.

**Thursday:** Breakfast — Sausage links & toast. Lunch — Breaded pork patty on bun, chips, cookie, fruit, vegetable.

**Friday:** Breakfast — Cook's choice. Lunch — Salisbury steak, mashed potatoes, dinner roll, fruit, vegetable.

Fruit, vegetable and milk (white or chocolate) served daily. Orange juice sold daily. All menus subject to change.

**WAKEFIELD (April 19 - 23)**

**Monday:** Chicken nuggets, mixed vegetables, homemade bun, pineapple.

**Tuesday:** Meatball subs, corn, cherry jello, salad.

**Wednesday:** Burritos, fresh vegetables, cinnamon toast, pears.

**Thursday:** Stromboli, broccoli,

fruit salad. **Friday:** Turkey melts, green beans, applesauce.

Milk is served with every meal.

**WAYNE (April 19 - 23)**

**Monday:** Mini corn dogs, breadsticks with sauce, peas, blueberries, yogurt.

**Tuesday:** Creamed turkey, mashed potatoes, dinner roll, peaches, cookie.

**Wednesday:** Chinese chicken, rice, Oriental vegetables, mandarin oranges, fortune cookie.

**Thursday:** Taco, carrots, pears, muffin.

**Friday:** No School. Milk served with every meal.

**WINSIDE (April 19 - 23)**

**Monday:** Breakfast — Scrambled eggs. Lunch — Chicken fajita, lettuce, tortilla chips, pineapple, roll.

**Tuesday:** Breakfast — Pancake. Lunch — Potato bake, toppings, broccoli & cheese, fruit cocktail, roll.

**Wednesday:** Breakfast — Sausage. Lunch — Hamburger on bun, fries, green beans, pears, roll.

**Thursday:** Breakfast — Pancake. Lunch — Nachos, corn, baked apples, roll.

**Friday:** Breakfast — Waffle. Lunch — Hot dog on bun, baked beans, corn chips, peaches.

Menu may change without notice. Fresh fruit daily.

Grades 4-12 may have salad bar. Grades K-3 may have salad plate.

## New Arrivals

**SUMMERFIELD-PSOTA** — Megan Summerfield and Rhett Psota of Grand Island, a son, Grayson, Ty, 6 lbs., 19 inches, born March 25, 2010. He joins a sister, Ashten, 8. Grandparents are Sheryl Summerfield and the late Marty Summerfield of Wayne and Gary and Rita Psota of Ravenna.

**Pie Social**  
Careage of Wayne will be hosting a community pie social every Tuesday at 3:00 PM. The social is free to the community and will be held in the assisted living dining room. Please come and visit with our residents and enjoy free coffee & pie!

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## Senior Center Calendar

(Week of April 19 - 23)

**Monday, April 19:** Morning walking; Quilting and cards; Pool, 9 a.m. and 1 p.m.; Board meeting, 1 p.m.

**Tuesday, April 20:** Morning walking; Quilting and cards; Val Koeber on the piano, 11:30 a.m.; Afternoon Bridge Club.

**Wednesday, April 21:** Morning walking; Quilting and cards; Pool, 9 a.m. and 1 p.m.; Health screenings and chair massage, 9 a.m.; Special luncheon, noon; Connie Vogt, Brain Games, 12:45 p.m.

**Thursday, April 22:** Morning walking; Quilting and cards; Pitch party, 1:15 to 3 p.m.; Afternoon Bridge Club.

**Friday, April 23:** Morning Walking; Quilting and cards; Pool, 9 a.m. and 1 p.m.; Bingo, 1:15 p.m.

## Briefly Speaking

**Winter Bridge played at Senior Center**  
AREA — The Winter Bridge group met on Tuesday, April 13 at the Wayne Senior Center with 12 persons attending. Bridge was played at three tables. Hostess was Barb Greve. Bridge will be played on Tuesday, April 20. For reservations, contact hostess Phyllis Hix at (402) 375-2831.

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*A Public Forum:*

**"Partnering for the Public's Health: A Conversation with Dr. Richard Raymond and Friends"**

Tuesday, April 20, 7 p.m.  
Lecture Hall, Gardner Business Building, Wayne State College (free admission)

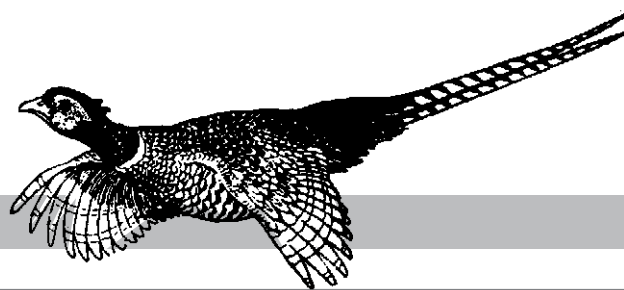
And, the presentation  
**"Public Health Careers: More Opportunities Than You Can Imagine,"**  
Wednesday, April 21 • 11 a.m.  
WSC Wellness Fair, Student Center, Bluestem Room, Wayne State College

Dr. Raymond is the Former US Dept. of Agriculture Undersecretary for Food Safety and Former Chief Medical Officer of the State of Nebraska.

Sponsored by Nebraska Medical Association, Nebraska Dental Association, Wayne State College and Northeast Nebraska Public Health Department

# Faith

The Wayne  
Herald



## Church Services

### Wayne

**CALVARY BIBLE EVANGELICAL FREE**  
502 Lincoln Street  
(402) 375-4946  
website: www.cbefc.org  
email: calvarybible@gmail.com  
(Tim Pearson, Senior Pastor)  
(Rick Bartek, Youth Pastor)  
(Jason Gangwish - College and Career)  
Sunday: Prayer meeting, 9 a.m.; Church School, 9:30; Worship service, 10:30. **Wednesday:** Meal, 5:45 p.m.; AWANA Club, 6:30; Youth Group for grades 7-12, 7.

**FAITH BAPTIST Independent - Fundamental**  
208 E. Fourth St. - 375-3413  
(Pastor Jim Scallions)  
Sunday: Sunday school, 10 a.m.; Worship, 11; Evening worship, 7:30 p.m. **Wednesday:** Bible Study and prayer, 7:30 p.m.

**FIRST BAPTIST 400 Main St. 375-3608**  
(Douglas Shelton, pastor)  
Sunday: Sunday School, Adult and children's classes, 9:15 a.m.; Prayer and Fellowship, 10:15; Worship, 10:30. **Wednesday:** Bible study, 7 p.m.

**FIRST PRESBYTERIAN**  
216 West 3rd St.  
375-2669  
(Rev. Ray McCalla, pastor)  
www.fpwayne.org  
Sunday: Handbell choir rehearsal, 8:45 a.m.; Church school and confirmation class, 9; Worship with Communion, 10; Fellowship time, 11; Discipleship Team with VBS meeting, 11; Communion at The Oaks, 1:30 p.m. **Wednesday:** Sewing Souls, 6:30 p.m.; High School youth, 7 to 8:30.

**FIRST TRINITY LUTHERAN Altona, LC-MS**  
57741 847th Road, Wayne  
Altona Office (402) 375-2165  
(Rev. David Ohlman, Pastor)  
Pilger Office (402) 396-3478  
Mobile (260) 402-0035  
Sunday: Sunday School and Adult Bible Study, 8:30 a.m.; Divine Worship with Holy Communion, 9:30. **Wednesday:** Joint Confirmation Instruction at First Trinity, Altona, 5:45 p.m.

**FIRST UNITED METHODIST 6th & Main St.**  
(Rev. Doyle Burbank-Williams, pastor)  
Sunday: Worship service, 8 a.m. with Fellowship time to fol-

low; Sunday School, 9:30; Worship service, 10:30, with Fellowship time before service. **Monday:** Girl Scout Troop #145, 2:30 p.m. **Tuesday:** Girl Scout Troop #191, 5:15 p.m. **Wednesday:** Goldenrod Hills WIC, 9 a.m. to 3:30 p.m.; King's Kids, 3:40 p.m.; Bell Choir, 6; Confirmation, 6:30; Chancel Choir, 7. **Thursday:** Carroll UMW Rummage Sale, 11 a.m. to 7 p.m.; Siouxland Blood Band at the Fire Hall, 8:30 a.m. - 3 p.m. **Friday:** Wayne UMW Rummage Sale, 2 to 7 p.m. **Saturday:** Rummage Sale, 8 a.m. to noon.

**GRACE LUTHERAN Missouri Synod 904 Logan**  
grace@gracewayne.com  
(The Rev. Carl Lilienkamp, Senior Pastor)  
(The Rev. John Pasche, Associate pastor)  
(Stephen Ministry cong.)  
Sunday: Lutheran Hour on KTCH, 7:30 a.m.; Sunday School, 9:15; Bible Study, 9:30; Worship, 8 and 10:30; Senior Appreciation Dinner, 11:30; LYF, 5:30. **Monday:** Worship, 6:45 p.m. **Wednesday:** Men's Bible Study, 6:30 a.m.; Bible Class, 9; Midweek, 6:30 p.m.; Choir, 7. **Thursday:** C.S.F. Devotions, 7 p.m.; Stephen Ministry, 7.

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(Justin Raulston, minister of involvement)

Sunday: Christians Hour on KTCH, 8:45 a.m.; Prayer Group, 8:45; Sunday School for all ages, 9; Worship, 9 and 10:30; Children's Church, 10:30. Small group, 6:30 p.m. (call church office for meeting details); Life Group at various homes, 7.

**OUR SAVIOR LUTHERAN**  
421 Pearl St. • 375-2899  
(Pastor Kim Stover)  
oslc@oslcwayne.org  
Friday: Middle School Dance, 8 to 10 p.m. **Saturday:** Prayer Walkers, 8:30 a.m.; Worship, 6

p.m. **Sunday:** Worship, 8 and 10:30 a.m.; Sunday School, Adult class, Coffee Hour, 9:15. **Monday:** Worship & Music Committee, 6 p.m. **Tuesday:** Bible Study at Tacos & More, 6:45 a.m.; Men Who Love Beef, 6 p.m. **Wednesday:** Visitation Ministry Group, 1 p.m.; Children's Choir, 4; Children's Chimes, 4:45; Choir, 6; Charity Circle, 7:30. **Thursday:** Sewing Group, 9:30 a.m.; Joyful Noise, 6 p.m.

**PRAISE ASSEMBLY OF GOD 1000 East 10th St. • 375-3430**  
Pastors  
Rick and Ellie Snodgrass  
Sunday: Sunday Service, 10:30 a.m.; Evening Service, 6:30 p.m.; **Wednesday:** Evening Service, 7 p.m. Call for additional information on the ministries available.

**ST. MARY'S CATHOLIC 412 East 8th St.**  
(Fr. Mark Beran, pastor)  
375-2000; fax: 375-5782; E-mail: parish@stmaryswayne.org

Friday: Confessions, 7:30 a.m.; Mass, 8:30; Wide Awake in Wayne, Holy Family Hall, 6:30 to 9:30 p.m. **Saturday:** Mass, 8 a.m.; First Communion practice, 9; Wide Awake in Wayne, Holy Family Hall, 9:30 a.m. to 8 p.m.; Confessions 4:30 p.m.; Mass, 6; **Sunday:** Confessions one-half hour before Mass; Mass, 8 a.m.; First Holy Communion, 10; WINGS class, 7 to 8:15 p.m.; Spanish Mass has been moved to Emerson on Sunday's at 10 a.m. For more information contact Sacred Heart Parish at (402) 695-2505. **Monday:** No Mass; Radio Devotions with Fr. Beran, 10:15 a.m.; (all week); Hispanic Prayer Group, church, 5 p.m. **Tuesday:** Mass, 8 a.m.; Health Ministry meeting, rectory, 4 p.m. **Wednesday:** Confessions, 7:30 a.m.; Mass, 8:15; Religious Education classes. **Thursday:** Mass, 8 a.m. **Friday:** Confessions, 7:30 a.m.; Mass, 8; R-Way Rummage/Bake Sale.

**Allen**  
**FIRST LUTHERAN (Karen Tjarks, Pastor)**  
Sunday: Sunday Worship, 9 a.m.; Sunday School, 10. **Wednesday:** Bible Study, 10 a.m. at United Methodist and 2 p.m. at Concordia Lutheran; Confirmation, 4:30 p.m.

**UNITED METHODIST (Pastor Sara Simmons, pastor)**  
Sunday: Sunday service, 9 a.m. **Wednesday:** Bible Study, 10 a.m. at United Methodist and 2 p.m. at Concordia Lutheran; ACCTS, 3:30 p.m.

**Carroll**  
**BETHANY PRESBYTERIAN (Gail Axen, pastor)**  
Sunday: Worship service, 9 a.m. For church visitations or other church needs, contact the Rev. Gail Axen at (402) 439-2536.

**ST. PAUL LUTHERAN (Rev. Timothy Steckling, pastor)**  
Sunday: Worship service with Communion, 8 a.m. **Tuesday:** Voters Assembly, 7 p.m. **Wednesday:** Bible Study, 7 p.m.

**UNITED METHODIST CHURCH (Rev. Doyle Burbank-Williams, pastor)**  
Sunday: Worship service, 9:15 a.m. **Monday:** Newsletter deadline. **Thursday:** Carroll United Women Rummage Sale, 11 a.m. to 7 p.m. **Friday:** Rummage Sale, 8 to 11 a.m.

**Concord**  
**CONCORDIA LUTHERAN (Karen Tjarks, Pastor)**  
Sunday: Sunday School, 9:30 a.m.; Worship, 10:45. **Wednesday:** Bible Study, 10 a.m. at United Methodist and 2 p.m. at Concordia Lutheran; Confirmation, 4:30 p.m.

**ST. PAUL LUTHERAN East of town (Willie Bertrand, pastor)**  
Sunday: Communion Sunday. Bible Study, 8 a.m.; Worship, 9. **Monday - Wednesday:** District Pastor's Conference at Lincoln. **Monday:** Quilting, 1 p.m. **Tuesday:** Bible Study at Jensen's, 9 a.m.; Both Ladies Aid meetings at Hillcrest, 1:30 p.m. **Wednesday:** Catechism Class and Mid-week school, 4:30 p.m.

**EVANGELICAL FREE (Pastor Todd Thelen)**  
**Saturday:** Freedom Conquest, 8 a.m. in Lincoln, football game to follow. **Sunday:** Sunday School, 9:30 a.m.; Morning Worship, 10:30; Fundraiser Lunch for Nationals/College Meal; Growing Kids God's Way, 6; Evening Bible Study, Senior High Youth and Praying Kids, 7 p.m. **Wednesday:** AWANA/Trek, "Root Beer Relay," 7 p.m. **Saturday:** Bridal Shower, 9:30 a.m.

**Dixon**  
**ST. ANNE'S CATHOLIC (Fr. James McCluskey, pastor)**  
**Saturday:** Mass, 6 p.m.; Following Mass, the confirmation students and high school graduates will be honored with coffee and rolls. **Wednesday:** Senior Citizens Mass and Luncheon, 11 a.m.; CCD classes, 7 p.m.

**Hoskins**  
**PEACE UNITED CHURCH OF CHRIST (Dr. Richard Brown, pastor)**  
Sunday: Sunday School and Confirmation Classes, 9:30 a.m.; Worship service, 10:30.

**TRINITY EVANG. LUTHERAN (Rodney Rixe, pastor)**

Sunday: Trinity Bible Hour, 9 a.m.; Worship, 10.

**Wakefield**  
**CHRISTIAN CHURCH 3rd & Johnson**  
Internet web site: www.faxtab.net  
(Bill Chase, Pastor)  
Sunday: Christian Hour, KTCH, 8:45 a.m.; Prayer Warriors, 9; Sunday School, 9:30; Praise and Worship, 10:30.

**EVANGELICAL COVENANT 802 Winter St.**  
(Ross Erickson, pastor)  
e-mail: wakecov@msn.com  
**Saturday:** FreedMan Conquest in Lincoln. **Sunday:** Sunday School, 9:30 a.m.; Morning Worship, 10:45; Lunch served by Triennial Ladies, noon; Quarterly meeting, 1 p.m. **Tuesday:** Ladies meet for prayer, 9; Worship on Cable, 7 p.m.; **Wednesday:** Worship on Cable, 10 a.m.; Confirmation, 4:15 p.m. **Thursday:** Men's Bible Study, 7 a.m.

**IMMANUEL LUTHERAN 4 North, 3 East of Wayne (Willie Bertrand, pastor)**  
Sunday: Communion Sunday. Bible Study, 9:15 a.m.; Morning Worship, 10:30 a.m.; Circuit Forum, at Immanuel, 2 p.m. **Monday - Wednesday:** District Pastor's Conference at Lincoln. **Tuesday:** Bible Study at Jensen's, 9 a.m.; Both Ladies Aid meetings at Hillcrest, 1:30 p.m.

**PRESBYTERIAN 216 West 3rd (Rev. Charity Potter, pastor)**  
Sunday: Fellowship time, 10 a.m.; Worship Service, 11.

**ST. JOHN'S LUTHERAN West 7th & Maple (Rev. Terry L. Buethe, pastor)**  
Sunday: Worship, 9 a.m.; Education Hour, 10:15.

**SALEM LUTHERAN 411 Winter Street**  
**Saturday:** Worship with Communion, 6:30 p.m. **Sunday:** Sunday School and Confirmation, 9:30 a.m.; Worship with Communion, 10:30. **Monday:** Spire Deadline; WOW, 6:30 p.m. **Tuesday:** Evangelism committee, 7 p.m. **Wednesday:** Council, 7 p.m. **Thursday:** Video on local channel. **Saturday:** Worship with Communion, 6:30 p.m.

**Winside**  
**ST. PAUL'S LUTHERAN 218 Miner St. (Pastor Timothy Steckling)**  
Sunday: Sunday School and Bible Study, 9:15 a.m.; Worship with Communion, 10:30 a.m.

**TRINITY LUTHERAN (PMA Glenn Kietzmann)**  
Sunday: Sunday School, 9:30 a.m.; Coffee Fellowship, 9:30; Worship, 10:30. **Friday:** Newsletter Deadline.

**UNITED METHODIST (Carol Jean Stapelton, pastor) (Lay Minister - Judy Carlson, CLS)**  
Sunday: Native American Ministries Sunday. Camp Sunday. Sunday School, 10 a.m.; Worship Service, 11:15. **Tuesday:** Coat of Many Colors quilters, 2 p.m. **Wednesday:** Pastor in Pierce office, 1 p.m.; UMYF, 7.

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## Confirmands

Trinity Lutheran Church in Winside's held Confirmation on Palm Sunday, March 28. Those being confirmed were, left to right, Brienna Wurdeman, Monica Marino, Austin Keiser, Jayd Roberts and Faith Schultz. PMA Glenn Keitzman is the minister at the church.

## Altona women meet at Wisner

First Trinity Lutheran Women's Missionary League of Altona met April 9 at the Wisner Care Center. Melv Meyer was a guest at the meeting.

The Rev. David Ohlman gave devotions and led the lesson. The LWML Pledge was recited as the mite box offering was taken.

President Pearl Youngmeyer presided at the business meeting. The minutes and treasurer's report were approved as read.

The president announced that the LWML Wayne Zone Spring Workshop will be held Tuesday, April 27 at Grace Lutheran Church in Wayne.

It was voted to pay the St. John's Ladies Aid in Pilger one-half the cost of the Pastor's Wives Retreat

## Beth Moore simulcast to be held in Norfolk

There will be a live Beth Moore simulcast, via satellite, titled "So Long, Insecurity," on Saturday, April 24, from 8:45 a.m. - 3 p.m. (doors open at 8 a.m.)

It will be held at Christ is King Community Church, 715 W. Madison Ave, Norfolk. The cost is \$20 including lunch. Tickets are available at the church office or Abbey bookstore in Norfolk. No childcare will be available. Please call the church for more information (402) 371-7455.

All ladies are welcome to attend.

## Trinity Lutheran of Winside women plan Pentecost breakfast

The WELCA of Trinity Lutheran Church in Winside met April 8 with eight members and PMA Glen Kietzman present.

President Kathy Jensen opened the meeting with a reading on women who share. PMA Kietzman led the Bible Study, taken from Matthew 24.

Mrs. Jensen concluded with a reading on Easter.

The secretary's and treasurer's reports were read and approved. Members voted to pay the bills as presented.

A thank you from Mosiac was read, thanking the group for a

donation made at Christmas.

The next meeting will be the Annual Pentecost Breakfast on Thursday, May 13 at 9 a.m. The group will serve rolls, fruit cup and coffee. Kitchen help will be Kathy Jensen, Mary Lou George and Peggy Krueger. Guests are encouraged to attend.

The meeting closed with The Lord's Prayer.

Lunch was served by Dorothy Jo Andersen.

The birthday song was sung for Mary Ann Soden and Mary Lou George, who will be celebrating their birthdays this month.

## Winside St. Paul Ladies Aid gathers

Winside St. Paul's Ladies Aid and LWML met April 7 with 12 members and Pastor Steckling present.

President Lorraine Prince conducted the meeting, opening with the LWML Pledge.

Daisy Janke read a devotion entitled "A Story to Tell," and closed with prayer and singing "I Know That My Redeemer Lives."

Pastor Steckling conducted the Bible Study on Daniel, Chapter 9. He closed with prayer.

The secretary and treasurer gave reports. Books were audited.

Thank you notes were read from Heather Steckling, Ryan Janke and the family of Keri Dangberg for

gifts.

Mites were taken for LWML projects.

The LWML Spring Workshop will be held Tuesday, April 27 at Grace Lutheran Church in Wayne. The District Convention will be June 3-4 at King of Kings Church in Omaha.

Shut-ins were visited by Daisy Janke in March.

The birthday song was sung to Faye Mann. A get-well card was signed for Eric Vahlkamp.

The meeting closed with The Lord's Prayer and table prayer.

Daisy Janke and Marilyn Leighton were hostesses.

to be held at The Lodge in Norfolk. The birthday song was sung for Clara Heinemann.

The meeting closed with all singing the Table Prayer, "Feed Thy Children, God Most Holy" and all praying The Lord's Prayer.

Hostess Clara Heinemann chose "I Know That My Redeemer Lives," for the group to sing.

The next meeting will be a quilting day on Friday, May 14, beginning at 9 a.m. at First Trinity. A salad luncheon will be served at noon.

## Wanted ... Church news

The Wayne Herald would like to print information and schedules from area churches.

All information submitted to the Herald by Monday at 5 p.m. (delivered to the Herald office) or emailed by 8 a.m. on Tuesday will be included in that week's edition of the paper.

Articles may be mailed to P.O. Box 70, Wayne, Neb. 68787 or emailed to clara@wayneherald.com

The Herald thanks its readers and area ministers for their cooperation in our effort to keep informed on the happenings at various churches.

**Surprise Birthday Party for Jean Suehl Saturday, April 17th Max Bar & Grill Wayne @ 8pm**



**Marie Hingst Card Shower 95th Birthday April 14, 2010**



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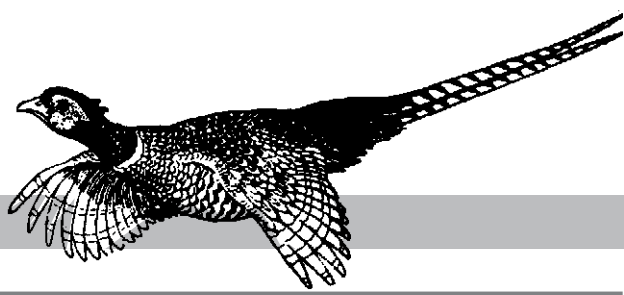
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Agriculture

The Wayne Herald



Livestock Market Report

The Nebraska Livestock Market Friday. conducted a fat cattle sale on The market was \$3 higher on fat

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cattle and cows were higher. There were 550 head sold.

Strictly choice fed steers, \$99.50 to \$100.50. Good and choice steers, \$98 to \$99. Medium and good steers, \$97 to \$98.

Beef cows, \$54 to \$60. Utility cows, \$60 to \$71. Canner and cutters, \$50 to \$54. Bologna bulls, \$72 to \$85.75.

The fed cattle sale was held on Thursday at the Nebraska Livestock Market in Norfolk.

The market was higher on the 1,150 head sold. 300-400 lb. steers, \$135 to \$155; heifers, \$125 to \$138.

400 to 500 lb. steers, \$125 to \$152; heifers, \$120 to \$129.75. 500 to 600 lb. steers, \$120 to \$143.75; heifers, \$115 to \$125.

600 to 700 lb. steers, \$115 to \$130; heifers, \$110 to \$120. 700 to 800 lb. steers, \$110 to \$120; heifers, \$100 to \$112.

800 to 900 lb. steers, \$100 to \$110; heifers, \$95 to \$100. 400 to 700 lb. holstein steers, no test.

700 to 1,000 lb. holstein steers, no test. Good bred cows and heifers, no test. Medium bred cows and heifers, no test.

The sheep sale was held Saturday at the Nebraska Livestock Market. The market was steady on all classes. Fat lambs, 125 to 160 lbs., \$105 to \$115.

The dairy cattle sale was held at the Nebraska Livestock Market on Saturday. Crossbred baby calves, \$100 to \$225; holstein baby calves, \$40 to \$80.

There was no test on the feeder pig market on Saturday at the Norfolk Livestock Market.

Butcher hogs were sold at the Nebraska Livestock Market on Saturday.

Prices were \$1 higher on butchers. Sows were higher. There were 280 head sold.

U.S. 1's + 2's, 230 to 260 lbs., \$53 to \$54; 2's + 3's, 230 to 260 lbs., \$52 to \$53. 2's + 3's, 260 to 280 lbs., \$51.50 to \$52.50; 2's + 3's, 280 to 300 lbs., \$50 to \$52; 3's + 4's, 300 lbs. +, \$48 to \$50.

Sows — 350 to 500 lbs., \$47 to \$52. 500 to 650 lbs., \$52 to \$58.50. Boars — \$10 to \$21.

Habitat for Humanity provides opportunity to volunteer

Once again, we go from the furnace to the air conditioner in twenty four hours! I will take it! The sun is still very welcome; all those days without it were long and gloomy.

We enjoyed waffles for lunch at church yesterday, courtesy of Boy Scout Troop # 7. The Waffleman stays busy around here. He pulls a white trailer, and comes in with about thirty waffle irons and places them on that many cookie sheets.

He has helped mix the batter, which he claims he gets from Belgium because it has malt in it, and then he uses big pitchers to fill the irons. On a separate table are huge plungers full of liquid butter and all kinds of syrup, with a dollop of whipped cream at the finish.

He has it down to a science, and I'm guessing it makes a nice little extra income for him. Who wouldn't spend five dollars for all you can eat of waffles and sausage, and coffee and tea? Besides, it's always for a good cause. Often, it's for Habitat for Humanity.

The Lincoln Habitat has built one hundred and six homes so far. I can remember when Bev Henkel told me about a man named Millard Fuller who had a dream about providing affordable housing



The Farmer's Wife By: Pat Meierhenry

for people who would never have enough for a down payment and having them invest "sweat equity" in a house for themselves. Now, it's an international organization.

I've been taking lunch to the builders once a month for over a year now, and it's always interesting to see the project literally from the ground up. This winter, because of the cold, they have been working in the downtown warehouse and

then moving frames, etc. to the site on good days.

Some of the homeowners have been Sudanese immigrants and they are so proud to have their own place. The standard is for three bedrooms and a full basement. Usually, they can pick colors and help paint.

One of the volunteers had an eightieth birthday last month and has helped on each one of the hundred and six dwellings. He's a widower, and I know he likes to keep busy. They all seem to appreciate home-cooked meals, too. So far, pumpkin bread pudding and peach cobbler have been well received, as have my friend, Audrey's, brownies. They are always appreciative, and I tell them I can't hammer, so this is how I can help.

Mike's cousin, Jasper Melton, is a retired engineer with Buick who moved to Tucson and works for Habitat there. I know he has really enjoyed being a part of the projects there.

I understand that our governor has issued a challenge to Utah, the only state that beats us for volunteerism, and says we are going to pass them this year. I think it can be done! It's fun, and makes you feel very good inside!

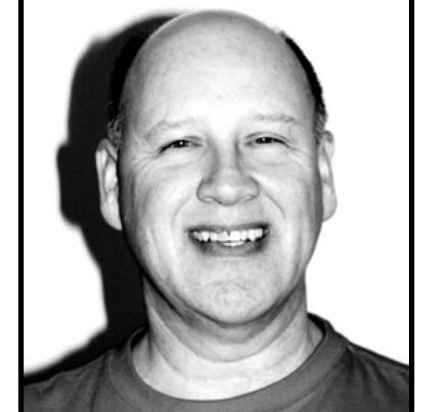
Animal Handling Seminar scheduled

On April 19 there will be an Animal Handling Training Seminar at West Point in the Neilsen Community Center in the evening. This meeting is sponsored by the Nebraska Pork Producers, the Nebraska Soybean Board, and the Cuming County Pork Producers. There is no registration fee for this seminar. The meeting will begin with a dinner at 6:30 followed by the seminar.

The guest speaker is Mark Klassen from Elanco who will cover topics such as legislative and government issues, the science behind fatigued or dead animal, tips and tricks for swine handling, handling tools, and top ten loading mistakes. This is a great meeting for all livestock handlers and managers responsible for implementing animal handling programs. Again, there is no charge for this seminar but pre-registration is recommended by registering at www.nepork.org or calling toll free at 888-627-7675.

Here is a little more information on compaction by Extension Engineer Paul Jasa, When tilling wet soil, the excessive moisture lubricates the soil particles, allowing them to "slide" under the weight of the tractor and tillage implement, creating compaction across the full width. The same is true when driving on wet soils, but the compaction will be only in the wheel tracks, often appearing as a rut.

This destroys soil structure, squeezes the air spaces out of the soil, and reduces the pore spaces available for water storage. This also reduces the infiltration rate of the soil which actually makes wet spots in the field larger with the next rain. The weight of the tractor and implement are supported by the soil below the tillage



Ag Happenings Keith Jarvi Extension Educator

layer, forming a tillage pan. When the compaction is severe, this pan reduces root penetration and can affect yields.

By staying off wet soils and using no-till, the natural soil structure

can build with wetting/drying and freezing/thawing cycles forming vertical cracks in the soil. Infiltration improves over time and the wet spots heal themselves. Many no-tillers and ridge-tillers have reported this after several years of not tilling the soils. In addition, many have seen that as the natural soil structure builds, the fields are firmer and they can actually get into them sooner after a rain. Compaction is further reduced with no-till as the planter and the tractor pulling it are usually quite a bit lighter than tillage implements and the larger tractors required to pull them.

If ruts were created at harvest or during an early spring field operation, a shallow tillage operation may be needed to smooth the field. Again, if the soil is wet, you cannot fracture the compaction in the ruts and you actually risk causing more compaction the deeper you till. Shallow spot tillage in the problem areas reduces the chances of causing more compaction.

Nominations open for Nebraska Pioneer awards

The Knights of Ak-Sar-Ben Foundation and the Nebraska Association of Fair Managers has announced that nominations for the 56th annual Nebraska Pioneer Farm Awards, sponsored by the Nebraska Farm Bureau are now being accepted.

The program honors farm families in Nebraska whose land has been owned by members of the same family for 100 years or more. To date, more than 8,000 families in all 93 Nebraska counties have been honored at various county fairs. Each honoree receives an engraved plaque and gatepost marker as permanent recognition of

this milestone.

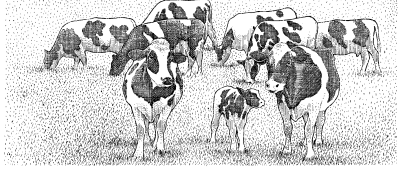
Nomination forms can be obtained calling Karlene Woslager at (402) 585-4569 or (402) 375-8655 or by writing Ak-Sar-Ben Pioneer Farm Awards, 8707 West Center Road, Suite 101, Omaha, Neb. 68124, or online at www.aksarben.org

All nominations must be received by the county fair board office in which the land is found no later than May 1, 2010.

The program is one of those supported by the Knights of Ak-Sar-Ben Foundation which was founded in 1895 'to leverage collective business leadership to build a more prosperous Heartland.'

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Sows — 350 to 500 lbs., \$47 to \$52. 500 to 650 lbs., \$52 to \$58.50. Boars — \$10 to \$21.

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# Habitat for Humanity moving forward with third build

The Wayne Area Habitat for Humanity has been working with the city of Wayne to construct the third Habitat for Humanity home in Wayne.

The group will be building on a lot in the Western Ridge Subdivision, just west of Greenwood Cemetery.

Preliminary work will begin on the home in the near future with the home completed later in 2010.

Due to grant funds available, the city of Wayne will provide some funding which will allow for the home to include a basement and attached garage, both of which are requirements for the subdivision.

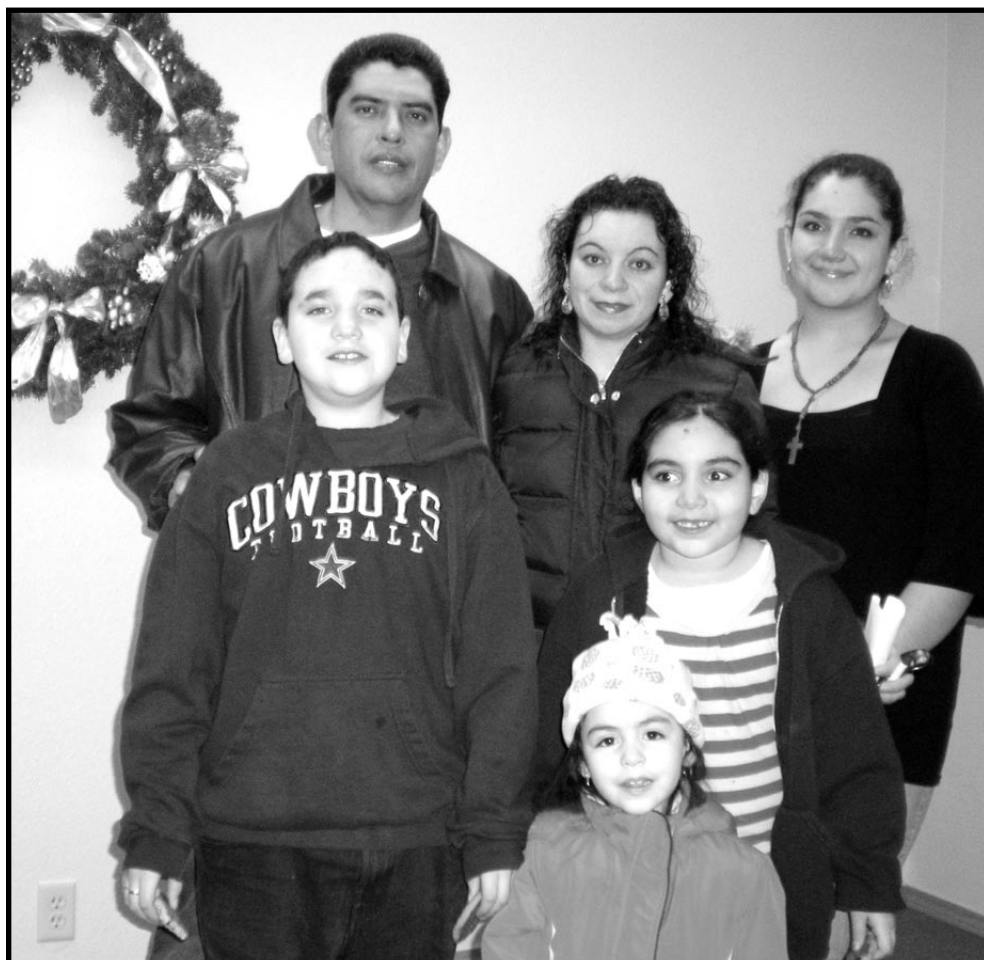
"This is a great opportunity for all those involved, including the city and Habitat for Humanity. When the home is built, the owners will take on the additional costs of these features," said Jeff Carstens, a long-time member of the Habitat for Humanity group.

Carstens noted that unlike the first Habitat home built in Wayne in 2003, which was built in a week through a Blitz Build, this year's build will be a typical Habitat house and will construction be on-going throughout the year.

The Wayne State College Habitat Chapter works with the local chapter in a number of ways throughout the school year.

Wayne Area Habitat for Humanity welcomes volunteers of all ability levels to join the group and help provide homes for families in the area.

The Habitat for Humanity group meets at 7 p.m. every third Thursday of the month at Praise Assembly of God Church, located at 1000 East 10th



The Nancy Barreto family has been chosen to be the recipients of the third Habitat for Humanity home to be built in Wayne.

Street in Wayne. Currently there are 20-30 people involved in various ways in an on-going basis.

Becky Keidel serves as president of the group and many other members have taken on specific roles in an effort to continue to provide homes for those who meet the qualifications.

Volunteers are needed in many areas of Habitat, including actual construction, fundraising, clerical work and providing food for those involved in the build.

For more information on the Habitat efforts in Wayne, contact Ann Witkowski at 375-4509.



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## Improve indoor air quality today

Chances are people wouldn't purposely eat or drink poison. Most individuals are very conscious about what they put into their bodies. However, oftentimes they show less concern about the potentially harmful substances that they could be breathing in.

Air quality -- and the harmful substances swirling around in the air we breathe -- often goes unnoticed because air is invisible. If air changed colors noticeably when it was contaminated, it would be easier to regulate our intake. Because it doesn't, it's up to people to be conscious of what they're breathing in, and they can start from home.

1. Quit smoking. Cigarette smoke contains known carcinogens (cancer-causing agents) and a host of chemicals. If you can't quit just yet, be sure to smoke outdoors.

2. Change furnace filters monthly. Reduce the dust and allergens in the air by changing your furnace or air conditioning system filters on a monthly basis. Also vacuum intake vents. You can consider having ductwork cleaned by a professional service, too.

3. Fill the house with plants. Plants naturally filter the air and give off fresh oxygen. Plus, they're nice to look at!

4. Avoid pressboard furniture. Many composite wood products contain formaldehyde and other chemicals. These can sneak into the air over time.

5. Use all-natural cleaners. Chemical-laden cleaners don't simply smell strongly, they can actually be very harmful if breathed in. Also, never mix cleaning products (such as bleach and ammonia). It can produce a toxic gas. Lemon juice, vinegar, baking soda, and other all-natural items can be used as very effective cleaners.

6. Vacuum carpets regularly. Carpets and fabrics can harbor dust and other allergens. Some newer carpets are created to reduce allergens, but most carpets should be cleaned two to three times a week, primarily in high-traffic areas and in homes with pets.

7. Eliminate leaks. Drippy faucets or a damp basement can lead to the growth of mold and mildew. While many types of these fungi are harmless, there are some that are very harmful if breathed in. If you have a mold or mildew problem, call in a professional for a threat assessment and advice on proper cleaning.

8. Test for hidden dangers. Radon, carbon monoxide, and asbestos could be lurking in your home. Testing eliminates threats and can safeguard your family.

9. Call in a cleaning crew. Regular cleaning can limit the amount of particles floating around in the air. Keeping the house spic-and-span is a way to clean the air as well. Having a regular cleaning service come in can be a way to fit a thorough cleaning into your

busy schedule.

10. Dial down the humidity: Run the exhaust fans in bathrooms and invest in a dehumidifier. Mold and mildew, as well as dust mites, thrive in moist conditions.

11. Launder sheets and pillowcases every 10 days. Buy machine-washable pillows and bed linens.

12. Kick out pests. Allergens from roaches are a major cause of asthma, and airborne protein from dried rodent

urine is a potent allergen.

13. Air it out. On low-particulate days, throw open the windows and let the fresh air in.

14. Check the venting. All appliances should be properly vented. Make sure vents are free of obstructions. Appliances should be serviced according to the manufacturer's maintenance schedule to avoid combustion byproduct buildup and reduce dust and particulate accumulation.

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**When you're preparing to do work around the house, it's a good idea to review some basic safety precautions.**

1. Special projects around the house keep millions of people busy every weekend. When doing this work, use your power tools safely. That means using electrical outlets with a Ground Fault Circuit Interrupter, or GFCI. A GFCI is a device that can protect your from electrical shock. They cut off power in less than a second if there is a problem. Have them professionally installed in kitchens, bathrooms and outdoor outlets.
2. Thousands of fires are caused by faulty electric cords and plugs, resulting in hundreds of deaths and thousands of injuries each year. Take time to check your home for electrical safety. Make sure outlets are not overloaded. Make sure electrical cords are not damaged or placed under rugs or carpets. Follow safety instructions when using appliances. Test your smoke detectors and replace the batteries regularly.
3. Electricity helps keep our modern lifestyle going. But if the electrical system in your house is outdated, you may be headed for trouble. Watch for these symptoms of electrical problems: replacing fuses or re-setting circuit breakers frequently; switch plates, outlet covers, cords or plugs that are warm; cut, broken or cracked insulation on electric wiring. If these symptoms are present, you need a safety inspection by a licensed inspector.
4. Water and electricity. Two things that make our lives easier, and better. But as valuable as each one is, together they can be deadly. Water is a conductor of electricity, and if you're standing in water or wet while using an electrical appliance, you could be shocked or electrocuted. Keep all electrical appliances away from water and make sure your hands are dry when using appliances.

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# Top tips shared to make a home green

A well-planned, high performance home costs less to operate -- and as importantly, high performance is the promise of premium resale value.

Sustainable components include energy-efficient heating, lighting, cooling and water systems, as well as the reduction of natural resources like wood. Clip this checklist as a preliminary guide for both you and your builder:

**Location:** Build for lifestyle convenience where you can walk, cycle, or take public transit.

**Position:** Consider north-south positioning to maximize use of the sun's energy and heat.

**Generate:** Install solar panels and generator to offset public energy supply. Add a solar water heater.

**Walls:** Build with concrete. An award-winning wall system, advanced

by Nudura, builds with pre-assembled forms, each one stacked, reinforced, and then filled with concrete. Once locked together (like Lego) the system creates a solid, monolithic concrete wall. This method (www.nudura.com) has shown to deliver energy savings of up to 70 percent and delivers a building envelope up to three times more sound resistant, four times more fire resistant, and nine times stronger.

**Materials:** Premium green choices should include low- and zero-VOC (volatile organic compound) paints and sealants, plus high-performance windows, roofing and flooring.

**Landscaping:** Design your gardens for low use of water and pesticides. Plan with drought-resistant native plants, perennial groundcovers, plus flowers and shady canopy trees.



## Home repair blunders to avoid

Home improvement projects seem to drum up images of shyster contractors or bumbling do-it-yourselfers. However, home repairs don't have to turn into an unorganized mess. By avoiding some common mistakes and taking common-sense precautions, you can end up with renovations that wow.

1. Accepting the lowest bid. Smart homeowners shop around for everything --including work done on their home. But accepting the lowest bid right off the bat to save money may cost you more in the long run. A low bid certainly may be a great deal. But generally it could be a sign of an inexperienced contractor, or one who plans to use subpar materials or skimp on the job. Contractors will have similar prices. Shop based on experience and recommendations, not price alone.

2. Choosing friends and family. There certainly are skilled professionals that also may be a close friend or family member. But mixing business and pleasure could be a recipe for trouble, especially when workmanship and an exchange of money are involved.

"We had a friend replace our home's furnace," says Beth in Pennsylvania. "While we got a great price, we found out later on when there was a glitch in the system that certain things weren't done up to code. We had to spend more money to have it repaired, and the friendship has since suffered."

Some relatives are adamant about doing repairs -- but they may not be skilled or know the correct laws governing remodeling. Stick with a third party contractor with whom you'll feel comfortable talking if you feel repairs need to be done a certain way.

3. Thinking you can handle it. Many do-it-yourselfers (generally in an attempt to save money) believe they can learn every DIY task from a book or magazine. There are some jobs, however, that should be left to the professionals, including major plumbing work or electrical repairs. There's no need to risk a fire, injury or death by doing inexperienced electrical modifications.

4. Letting maintenance slide. Many homeowners think once the repair is made that they're all set --failing to keep up with routine maintenance. But complications can arise by not maintaining a new appliance or keeping up with an improvement.

"Our homeowner's association required proof that the dryer venting for our clothes dryer was replaced on an annual basis," offers Bill in California. "I'd simply go out and buy a new box of the venting material and submit the receipt as 'proof' so I could save the money on a professional installation. But one day the lint trapped in the venting, which I hadn't bothered to change, caught on fire. It not only damaged the venting, it damaged the entire dryer --resulting in the purchase of a new dryer. Luckily no one was hurt. I've since learned my lesson."

5. Following every trend. Anyone who has a harvest gold or avocado green appliance collecting dust in the garage or basement knows how interior style choices come and go. Instead of jumping on every trend (granite countertops and stainless steel refrigerator, for example), think about what will work for your home and be timeless. Otherwise you may end up having to update every few years.

6. Asking questions later. Make a list of every question you can think of and ask it before the work gets started. This way you're left with few surprises and can do changes without costing yourself time and money. Don't wait for the finished product before you start to question the hows and whys.

7. Expecting things to be perfect. If you go into a project with the idea that there will be no mishaps, even minor ones, you may end up stressed out when one arises. Everyone makes mistakes --even professionals. If you think something is not being done correctly, speak up or get a second opinion.

## Five easy ways to add a touch of spring to your home decor

The arrival of spring has long been celebrated by people of every faith and from every corner of the globe as a time to say farewell to the cold and gray of winter and to welcome the return of warmth and color and the beginnings of new life.

While spring is breathing new life into the outdoors, it's also a perfect time to add a little seasonal oomph to your indoor environment. Here is an assortment of tips for brightening your home in celebration of spring.

• Change is in the air. Spring is a perfect time to bring the outdoors in. Spring flowers, arranged either in one large bunch or in several mini-bouquets placed in nooks throughout the house are not only a visual treat, but emit refreshing springtime scents.

• Brighten up. Adding seasonal touches to your home can be as easy as painting a piece of furniture, a single wall or the trim in the sunniest room in your home. The best colors for spring are light, clean, refreshing, and natural as opposed to either pale pastels or deep, color-drenched hues. Consider paint colors inspired by nature, such as shamrock, violet, slate and goldenrod.

• Lighten up. It's hard to imagine that spring has sprung in a room decked out in velvet or other heavy

fabrics. Warm days and spring breezes call out for sheer or lightweight curtains, slipcovers in natural solid-colored or floral fabrics, and decorative pillows that bring splashes of color into the room. It's not necessary to replace all of the fabrics in a room to usher in a new season. Sometimes simply changing out pillows and removing warm winter throws is enough.

• Floor it. Don't forget to give your floors a spring facelift as well. Substitute lighter cotton, sisal, jute or seagrass rugs in natural shades for the heavy wool rugs that feel so right when the weather turns cold. (Spring and summer are also perfect times to have wool rugs cleaned and/or repaired.)

• Re-view. Shifting the arrangement of the furniture and decorative pieces in a room can have a major impact on its look and feel. During the cold winter months, it may be comforting to be nestled in a chair that faces a fireplace. But once the weather warms up and the flowers begin to bloom, the best view in the house might well be out the window. Invite spring into your home with a furniture arrangement that is oriented toward a window or other source of natural light. Then sit down and enjoy the view.

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# Go green when greening your landscape

With the return of spring comes the return of getting outdoors and soaking up the spring sun. For some, spring is synonymous with Sunday driving with the windows rolled down. For others, spring is a time to clear the house of a season's worth of clutter.

For homeowners, spring is a time to get out in the yard and return lawns and gardens to their glory days of late fall, long before winter weather took its toll. After a season of snow and freezing temperatures, many homeowners are anxious to get back outside and bring their lush green lawns back to life.

But returning the green to a lawn has taken on a whole new meaning for many environmentally conscious homeowners, as more and more are going green as they bring the green back to their lawns and gardens. Homeowners hoping to bring their lawns back to life in an environmentally responsible way this spring should consider the following tips.

\*Build a compost pile. Pesticides might get the job done, but they also come with a bevy of negative side effects, not the least of which is their harmful impact on the environment.



What's more, parents of young children and even pet owners should avoid pesticides, as kids or pets might ingest them when playing in the yard, potentially leading to illness or injury.

However, many of the benefits of pesticides can be gotten naturally through the use of compost. Compost contains a slew of microorganisms that help build stronger roots while enabling plants to pick up more nutrients. What's more, compost is free, and parents won't have to worry about their children or their

pets when playing in the yard.

\*Use a reel mower. While the notion of a reel mower might harken some back to the days of yesteryear, thanks to technological advancements today's reel mowers are certainly not the same as the one Grandpa took pains to push around the yard each summer.

With the new Fiskars™ Momentum™ reel mower, homeowners can take solace knowing they're not only helping the environment, but helping their lawns as well. Whereas traditional reel mowers are associated with a lack of power, the Momentum mower utilizes patent-pending InertiaDrive™ technology to deliver twice the power to cut through small twigs, weeds or dense grass. And with the VersaCut™ design, the Momentum mower boasts the greatest cut range of any reel mower with cut settings ranging from one to four inches. And thanks to the StaySharp™ cutting system, homeowners won't have to worry about any blade sharpening, as precision engineering allows grass to be cut without blades touching, greatly reducing friction and blade wear.

"When they designed this mower, Fiskars eliminated all of the most common objections with respect to reel mowers," says "Growing a Greener World" host Joe Lamp'l. "I enjoy the ease of use this mower provides, a result of the unique design combined with the greatly reduced friction because the cutting blades never actually come in contact with the stationary blade. The end result is a reel mower that is a joy to use and even looks really cool, too."

Environmentally conscious homeowners will love the reel mower's reliance on manual power instead harmful gasoline mowers that contribute to both air, soil and noise pollution. In addition, the Momentum mower requires 30 percent less push power than standard reel mowers.

\*Banish weeds the green way. Nearly every task associated with lawncare can be tackled in an environmentally friendly way, and removing weeds is no exception. Employing a simple "step down, pull back" movement, the

Fiskars Weeder™ helps homeowners avoid the strains of bending over to pluck those harmful weeds while also eliminating the noise and air pollution associated with the noisy gas-powered weed whackers of yesteryear. What's more, the Fiskars Weeder plucks weeds and their roots neatly from the soil, ensuring these eyesores won't return to the garden anytime soon, and that there won't be much to clean up once they've been pulled.



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## Choose the greenest construction features

Building a home from the ground up gives each one of us a chance to create the most energy efficient and environmentally friendly house of our lifetimes -- and doing so is not as hard as it sounds.

Leading manufacturer in this field, Nudura, suggests choosing materials at the outset that cannot be easily changed, such as high efficiency windows, ceiling technology and improved floor insulation.

The building envelope of a home is the key to achieving maximum energy efficiency, while other products can be chosen to make the home to make it perform even better.

"Start with the latest technology in walls, solar power, water management, drainage, windows, siding, heating/cooling, ventilation, plumbing, electrical, and outdoor irrigation just as a start," says Todd Blyth, marketing manager at Nudura.

"Homeowners should consider the 'integrated design,' where each com-

ponent of the house is planned in advance with collective sustainability objectives," he suggests. "This will guarantee top performance by the entire structure. For those who want to take green building to the next level, builders, architects and homeowners can refer to the LEED program.

"Wood framing is yesterday's way to build," Blyth continued. "Concrete, on the other hand, saves the forest, eliminates toxicity, and delivers superior structural, environmental, and human health benefits. Nudura walls are pre-assembled forms, each one stacked, reinforced, and then filled with concrete. Once locked together (like Lego) the system creates a solid, monolithic wall. This innovation has shown to deliver energy savings of up to 70 percent and delivers a building envelope up to three times more sound resistant, four times more fire resistant, and nine times stronger. More information is available online at www.nudura.com."

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# Ask what your roof can do for you

Replacing a roof is a major investment for any homeowner. When considering such a significant home improvement project, it makes sense that you will have questions.

"Thoroughly researching roofing options should be a priority for any homeowner considering a new roof," says Tim Gentry, technical director of DaVinci Roofscapes(R). "Many aspects should be considered, including a product's warranty, style and durability. A homeowner should ask the question 'what will this roof do for me' before making a decision."

According to Gentry, who served 20 years as a roofing installer and has been in the industry for 40 years, a roof should be carefully selected to complement a home's design and geographic weather conditions. It should also pro-

vide long-term comfort and safety for those who live in the home. Some of the most frequent questions Gentry receives from homeowners nationwide include the following:

**Q:** What are the pros and cons of different roofing materials?

**A:** Three-tab asphalt shingles are relatively easy to install, inexpensive and look good on ordinary homes. However, they can be a poor environmental choice because they go to a landfill after 20 years, they perform only moderately well, and they don't add any special design appeal to a home.

Real wood shingles or shakes look good on some styles of homes and are moderately priced, however they have little or no resistance to fire or impact unless specially treated. They



Synthetic Shake roofing tiles resist fire, severe weather, impact, and insects. The durable tiles have a 50-year warranty.

also attract insects, have relatively poor long-term performance and are generally considered a poor use of our natural resources.

Real slate shingles also provide a good look on some styles of homes and can be considered very long-lasting when installed properly. However, they are very expensive and extremely heavy. During installation you can have a significant amount of waste from cracking and breaking of slate tiles.

Metal roofs are perfect for some very specific home designs. They have a unique look to them, are lightweight and snow can easily slide off of them. Watch out when it rains or hails though ... these roofs are noisy on the inside of the home during storms.

Synthetic roofing tiles provide a high-performance option for homeowners. The tiles come in a variety of styles, including slate and shake, are lightweight and have long-term durability. These tiles are moderately priced and a good environmental choice. While the look complements many home styles, synthetic roofing tiles are moderately priced, so they're affordable for everyone.

**Q:** What are the life spans of different roofing materials?

**A:** Generally, real wood will wear out the fastest, followed by three-tab asphalt shingles. You can maybe get 15-20 years out of each of these. Some metal roofs can last up to 50 years, depending on their warranty. Synthetic roofing tiles last up to 50 years and require minimal maintenance attention. Real slate also lasts many years on a home ... some slate can last up to 100 years!

**Q:** Why would I consider synthetic roofing materials over traditional asphalt products?

**A:** Aesthetics and durability. Typical asphalt shingles look ordinary. Consider this: when you look at many homes, especially those with steep roofs, almost half of what you see is the roof. When selecting a roof, think about curb appeal and resale value.

Synthetic tiles make an ordinary home look extraordinary. Additionally, they give you peace-of-mind because these roofing tiles will perform exceptionally well against fire, impact, wind and other weather conditions.

**Q:** What is the synthetic roofing material made of?

**A:** At DaVinci, we use an engineered polymer, which is impregnated with fire retardant and state-of-the-art advanced UV stabilizers specifically formulated for the tough conditions tiles are exposed to in all climates throughout the year. Our roof tiles use only 100 percent pure virgin resin in order to assure consistency, and are 100 percent recyclable.

**Q:** Do roofing tiles become more brittle over time?

**A:** That depends on the kind of roofing tiles. Asphalt and real wood roofing materials do become more brittle toward the end of their life cycles. DaVinci tiles do not have that problem. The engineered polymer used in synthetic tiles changes very little over time or when subjected to extreme temperature and weather conditions. Third party independent extended life testing has shown minimal degradation of the material's performance qualities.

**Q:** Which roofing tiles are consistent with their colors and won't fade over time?

**A:** Most synthetic roofing tiles have their color blended completely throughout their tiles. These products won't fade over time because UV protection has been built into each tile. When exposed to continual sunlight and UV rays, many other products, such as metal and asphalt roofing, will indeed fade over time, losing their original sharpness of color. However, synthetic roofing tiles maintain their sheen regardless of external factors or age, ensuring homeowners that their roofing tiles won't devolve into an eyesore over time.

For more information on roofs and synthetic roofing tiles, visit [www.davinciroofscapes.com](http://www.davinciroofscapes.com).



## Fix-up tips for apartment dwellers

Homeowners often see spring as a time to tackle improvement projects they've been planning throughout the winter. But spring isn't only a time homeowners can improve their living space. There's also a host of things apartment dwellers can do to give their place some new life.

Before doing anything, apartment dwellers should consult their lease or even call their landlord. Just like a homeowner must obey zoning laws before adding on, an apartment dweller should be certain any changes he or she plans to make are within their rights. After determining what can and can't be done, apartment dwellers can begin to address some things around their apartment that might give the room a new feel.

\*Give window treatments some personality. Apartment complexes often want the entire complex to appear the same. That can make altering the window treatments somewhat difficult. However, renters can double up on window treatments by hanging neutral blinds that can be viewed from outdoors while giving some personality to the windows on the inside with bold draperies and blinds.

\*Consider new wallpaper. Oftentimes, landlords forbid removing wallpaper. However, wallpaper borders might be right up a renter's alley so long as the landlord allows. There are self-adhesive, removable varieties, that make it easy to change any design scheme on a whim, or remove the border before moving out of the apartment.

\*Re-paint the apartment. Landlords prefer neutral tones because they tend to make it easier to rent and maintain an apartment. However, some landlords are perfectly fine with tenants re-painting the walls so long as the walls are returned to their original colors when the tenants move out.

If the landlord does not allow the walls to be re-painted, it's still possible to add some life to an otherwise bland wall. Accessories and wall hangings can make a room appear more lively. Oversized artwork that's bold and colorful can give a room more life, as can more boldly colored couches, chairs or additional furnishings. Also consider colored light bulbs or shades to create lighting that casts a hue in the room.

\*Fix the floors. If carpeting has become dirty or grimy, ask the landlord to replace the carpeting, either with new carpets or attractive wood flooring. If wood flooring is installed, it's easy for apartment dwellers to lay down some colorful throw rugs to give a room a new feel, and such an addition takes very little effort. Some don't want a permanent improvement like carpeting to be made, since it requires tacking or nailing into a subfloor.

It's also possible to purchase carpeting kits that interlock and are not attached to the floor. Working like puzzle pieces, these kits can even be removed and taken to your next residence. More permanent changes, such as changing kitchen tiles or other flooring alterations, should be discussed with the landlord before beginning.

\*Bring some plants and flowers into the apartment. Few things can bring a room to life more than a colorful bouquet of flowers or a new plant. What's more, there typically are not floral or plant restrictions on apartments, meaning all renters can utilize flowers and plants as they attempt to bring their place to life..



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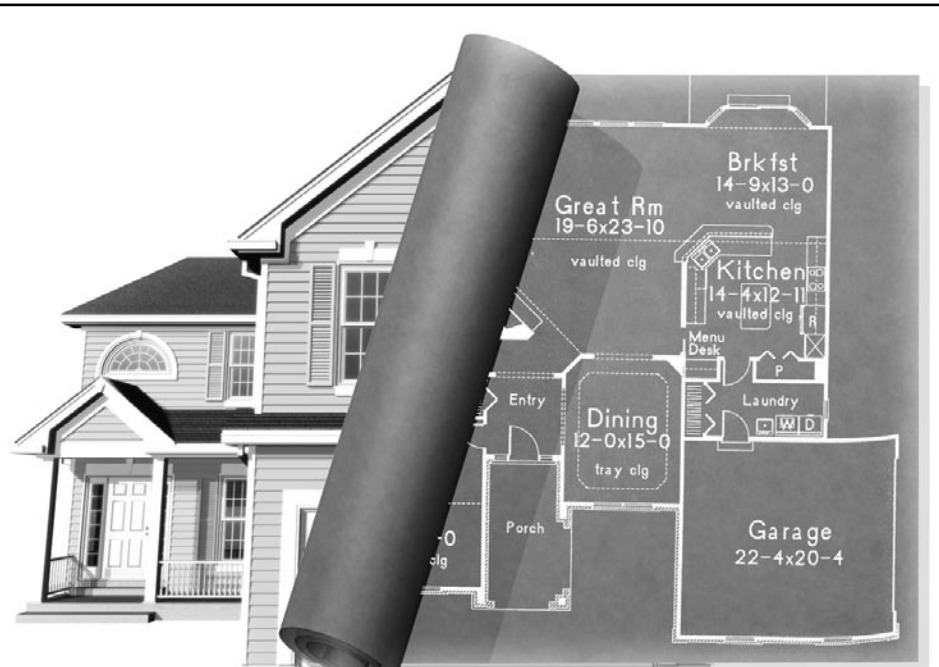
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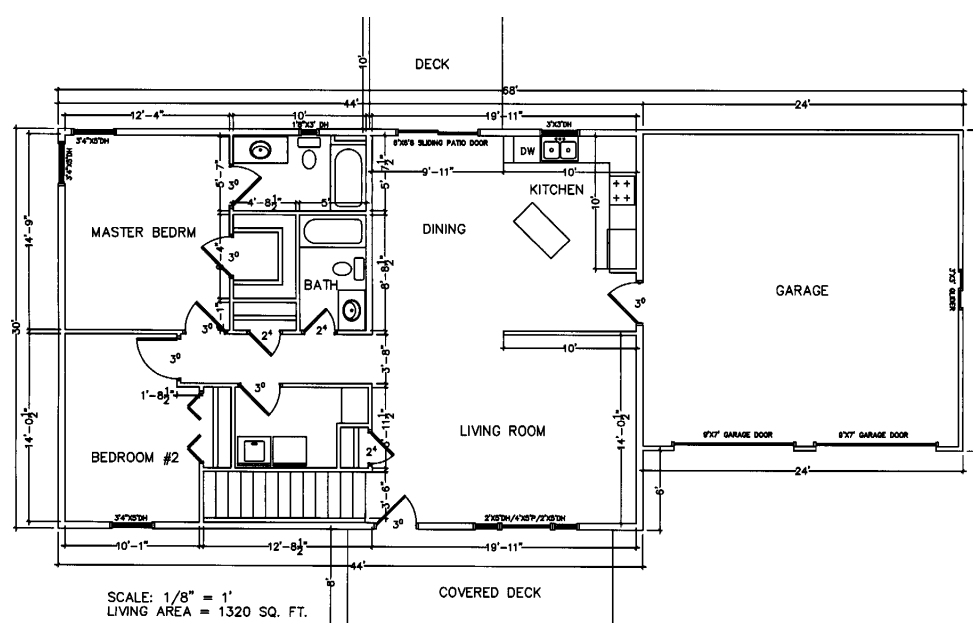
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# Basement remodels a favorite for homeowners

Perhaps thanks to the growing popularity of home theaters, basement remodels are becoming more and more popular among the nation's homeowners. With advancements in television and home theater technology, it's no wonder homeowners are looking to make the most of their oft-ignored

basements to enhance their home entertainment experience.

But remodeling a basement involves more than simply throwing out the pingpong or pool table and replacing them with leather sofas and a big screen television. Before doing anything with the basement, it's best to prepare the area to ensure the home theater experience is as enjoyable as possible.

\*Check for moisture. Nearly every basement has issues with moisture. Perhaps victims of floods or heavy rains, basements do not typically boast ideal living conditions, requiring work before homeowners and their families and friends can spend time in them knowing they're safe.

Many times, fixing moisture inside a basement involves going outside the home, particularly to inspect gutters and the external surface area around the basement. Gutters and downspouts could be channeling water in the direction of the basement. If so, direct downspouts away from the home.

Surface area around the basement could also be directing water toward the home. If that's the case, it might be a safe bet to consult a landscaper to determine if that area can be dug up and possibly made to slant away from the house. While this might seem time-consuming, it's worth it to ensure a home theater does not become a musty place where no one wants to spend significant time.

\*Decide what to do with the ceilings. For those who really want to create a theater experience in their basement, the ceilings will likely need some work. Many basements have ceiling tiles, which create an ambience more suited to a basement than a theater. Homeowners should consider replacing ceiling tiles with drywall. It's good to work on the ceiling before doing anything with the floors, as paint or debris from the drywall will likely drip or fall onto the floor, creating a mess that no one wants on his or her new floor.

\*Examine the walls. After working on the ceilings, the walls should be next on the list. Home theaters tend to have dark walls like those in movie theaters, so if the walls are white, homeowners might want to paint them

with a darker color. Again, this should be done before doing anything with the floor to avoid stains or debris on any new flooring.

If the walls need new drywall, it's a good idea to plan a layout of the room once it's a finished product before hanging any new drywall. This will give a sense of which walls will need holes for cables and other cords, and holes can be cut in the dry wall accordingly once that layout has been determined.

\*Fix the floors. Oftentimes, basements are not carpeted, typically covered with a throw rug here or there and some linoleum tiles. However, for those hoping to get a genuine theater experience in their basement, it's best to lay down some carpeting. Much like the walls, carpets should be a darker color to create an ambience more like that of a movie theater. If putting a refrigerator or bar area in the basement, avoid laying carpet down in that area as spills might stain the new carpet.

Of course, before laying down any carpeting, homeowners must clear the room of everything that's removable. This should give homeowners the chance to remove any clutter from the basement and decide what to keep or clear out of the basement.

\*Before buying any products, determine if they will fit. Chances are large products can fit through the doorways and into the basement. Since many homeowners have pool tables and refrigerators in their basements already, it's highly likely that other big ticket items like large screen televisions and leather sofas will be able to fit through the doorways.

However, for homeowners who have used their basement largely for storage, it's best to do some measurement before visiting the nearby electronics store and buying that big screen television. After all, there's no guarantee that 70-inch projection screen television or those leather armchairs can fit through the basement doorway. Though homeowners will eventually find something they like that will fit, the doorway measurements might dictate that decision more than homeowners know.



## Decor trends make a statement with exotic wood flooring

You've seen and walked on it in your neighbour's home, in exclusive boutiques and in your favourite restaurant. Exotic wood floors are emerging in decors across the country as savvy homeowners and decorators express their personal interior decorating tastes with more unique wood flooring options.

It is truly remarkable how many new colorations, wood species and widths of hardwood flooring are available to homeowners today. Besides the common North American hardwoods (oak, maple, hickory and ash), wood from species like bamboo, cork, beech, Santos mahogany, teak, walnut, and Brazilian cherry are rapidly becoming popular hardwood flooring choices.

These unique wood floors set the ambience of a room, giving it a different look and old world type elegance. Leading wood flooring manufacturers, such as Mercier Wood Flooring, now feature a full line of exotic wood flooring options from sought after regions around the globe such as Brazil.

"Our exotic wood products use South American wood species selected for their rich tones, beautiful grains, and superior hardness," explained Michel Collin, Marketing Director of Mercier Wood Flooring. "These unique products delight even the most demanding homeowners by adding an original touch of refinement and the exotic to their decor."

Mercier's impressive line of exotic wood flooring also includes engineered options such as Brazilian Cherry and Santos Mahogany in 4 1/2" boards. Ideal for basements and condos, these beautiful floors can be floated or glued onto subfloors or concrete slabs.

"These two additions follow an increasing consumer demand for exotic engineered wood floors," added Collin. "Perfect for wide open spaces and prestigious rooms, these two species are offered in their natural colour, revealing the warmth and richness of our Exotic species, naturally coloured in red tones."

Like other exotic species, these two will color mature after installation to red tone and display more contrasted boards. The color-maturation can take from between three months to one year according to the amount of light present in the room.

Regardless of your choice, exotic wood flooring offers unmatched durability and unique, rich natural color for your decor. More information on exotic wood flooring is available at [www.mercierflooring.com](http://www.mercierflooring.com).



Few home improvement projects provide a more rewarding finished product than installing a home theater. However, when doing so in the basement, the area first must be prepared before homeowners can get to work.

## Prefinished wood flooring revolutionizes industry

North American company sparks rebirth of hard wood floors

Did you know that it was a North American company that first thought of the process of sanding and prefinishing hardwood floor boards before installing them? This new, innovative approach stirred consumer interest for wood flooring in the 1980's and has made acquiring hard wood floors much easier today.

Cabinetmaker Marcel Mercier of Montmagny, Quebec in Canada came up with the concept out of necessity

when he wanted to install wood flooring in his family home in the late 1970s.

He found that installing unfinished boards that had to be sanded and then finished in the home was a huge amount of trouble and work. The thought of dust, toxic vapours, being forced to move out during the process, and then completely cleaning the house afterwards too much to bear.

Why not finish the boards before installing them in the home, he thought? Marcel Mercier's innovation

led, ultimately, to the current popular trend of prefinished flooring.

Mercier, a cabinetmaker for over 25 years, decided then to focus strictly on the development and marketing of factory-finished flooring. He founded "Mercier Wood Flooring inc." in 1980 and began producing and marketing his new concept ([mercierwoodflooring.com](http://mercierwoodflooring.com)).

"For the first time it was possible to benefit from the beauty and unique warmth of wood flooring without having to suffer through the task of finishing on the premises," said Michel Collin, Marketing Director of Mercier Wood Flooring. "Thanks to Mr. Mercier's innovation you can now simply install prefinished boards and enjoy your ready-to-use flooring immediately."

Consumer interest was immediate and lasting as the company has grown quickly and expanded over the years and now offers custom products, all prefinished with the Mercier Generations finish featuring a 35-year residential warranty. Over the years the company has earned a reputation for excellence in North America and throughout the world by developing and mastering leading edge technology and innovation.





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# Hardwood cabinets enhance universal design

A comfortable yet more accessible and barrier-free home are the desired aims of universal design. A term coined in the 1980s by architect Ron Mace, universal design is defined as "the design of products and environments to be usable by all people, to the greatest extent possible, without the need for adaptation or specialized design." For the now aging Baby Boomer generation, which comprises about one-third of the U.S. population, universal design is just what the doctor ordered.

American Hardwoods and Universal Design  
 Universal design makes homes practical and user-friendly, and whether remodeling or buying, as these active, older adults contemplate future health and mobility issues, they want to remain in their homes and continue to live independently. To satisfy their desire for a warm, beautiful space,



American maple cabinetry enhances this kitchen's universal design features, such as easily accessible appliances, multi-height work surfaces and an open floor plan. Photo courtesy of Wellborn Cabinet, Inc



## Green improvements for first-time home buyers

If you are one of the many people who have recently purchased your first home thanks to a government tax rebate incentive or simply because you have been saving a while for this day, it's likely you'll want to improve your home to make it your own. Green improvements just may be the way to go.

As a first-time homeowner, there are a myriad of things you must learn about your new place. You may not be familiar with how to embark on home improvements, never mind how to make these improvements environmentally friendly.

Here are some improvements to consider that are eco-conscious and could help you save considerable money over the life of your investment.

\*Install a tankless water heater. Tankless water heaters heat water on demand -- as you need it. Therefore, you don't waste energy repeatedly heating 50 gallons of water to be stored in a tank. Electric models cost less, but gas ones tend to be more efficient. The added benefit is you'll never run out of hot water.

\*Lay down a cool roof. White or light-colored roofs will reflect sunlight and keep the house cooler in the process. This means exhaust fans in attics will have to run less, and you won't need to turn the air conditioning on as high.

\*Ask to use reclaimed wood. If you're hiring out repair work or adding an addition, find out if you can use reclaimed wood. Reclaimed or salvaged lumber can be used for a variety of reasons, such as to build walls, as support beams, or in roof construction. Many companies specialize in obtaining building materials from older homes that are about to be torn down or dismantled. They turn the wood into product for newer construction.

\*Use low VOC paint. One of the first improvements new homeowners generally make is changing wall colors, which is easily achieved with some paint. Traditional paint is high in volatile organic compounds, which can be hazardous to the environment and your health. Choose low-VOC paints and breathe easier. Most are comparable in price to other paints.

\*Use eco-friendly flooring. Bamboo flooring is made from the highly renewable resource. Bamboo is actually a grass and grows very quickly -- the opposite of trees for traditional lumber. Bamboo comes in a variety of colors, too. Other options are composite products, such as linoleum floors made from natural raw materials that are bound together with natural oils and resins.



incorporating American hardwoods into the homes makes them attractive and inviting places in which to live.

According to the American Hardwood Information Center, (www.HardwoodInfo.com), and Gil Thurm, executive vice president of the Hardwood Manufacturers Association, "when it comes to universal design, American hardwoods are the all-natural choice for sturdy, attractive and healthy design materials. The wide range of species -- oak, cherry, maple, and more -- provide a spectrum of colors and grain patterns to satisfy any decorating scheme."

### Kitchens and Bath

Modern kitchens are much more than a place for food preparation. Now family gathering places, even centers to entertain guests, kitchens need to be comfortable, convenient and safe for everyone. Key to making a home barrier-free is the use of adjustable-height work areas and unique cabinetry. Wall-mounted cabinets, for example, leave floor spaces clear and easy to clean. Add an all-natural material like American hardwoods, and you have a healthy, beautiful kitchen as well.

Here are some design features to raise the level of convenience and usability for everyone:

\*Varied-height cabinets and countertops will accommodate multi-cook families, so parent and child may prepare a meal together.

\*Make components accessible whether standing or seated.

\*Sliding drawers, rollout shelves and lazy Susans make items easier to reach.

\*At the base of floor cabinets, keep the toe/kick space deep enough to accommodate wheelchairs.

\*Lower cabinet doors and drawers will require reinforced hardware in case they are leaned on for support.

\*D-shaped or lever-style handles and magnetic touch-and-release cabinet doors are perfect for hands of any size or strength.

\*To allow full use of the cabinet door frame consider swing-away hinges.

\*Under-the-counter refrigerator drawers and other flexible appliances make a kitchen more accessible for

someone wheelchair bound.

Similar universal design ideas can be applied when remodeling a bathroom:

\*Vary the height of vanities to lessen the need to crouch.

\*Provide seated users adequate under-the-sink knee space.

\*For additional storage, consider a cabinet on wheels, stored under the sink and movable.

Solid hardwood cabinets, vanities and flooring add a degree of elegance to the remodel. Don't worry about water damage. Today's water-resistant finishes form a watertight seal protecting the wood yet allowing it to expand and contract, normally.

### Throughout the Home

Built-ins and wall-mounted cabinets provide open floor space to accommodate wheelchairs and walkers. Media room cabinets house and hide electrical components. Larger bedrooms often feature a breakfast bar containing cabinets for storage, a small refrigerator and countertop space for brewing coffee. Walk-in closets with built-in drawers, pull-out trays and multi-height hang bars help keep everything organized and easily accessible.

To add style to the mix, solid hardwood cabinets complement existing furniture and room decor and add a level of quality unmatched by other construction materials. With a host of species to choose from, major cabinet makers are embracing these ideas with special lines and features that blend the concepts to add function, comfort and beauty.

### Healthy Materials

Hardwood floors are commonly found in universal design plans. Providing easy maneuverability for wheelchairs and mobile storage units, simple regular maintenance such as dust mopping, sweeping and vacuuming keep wood floors looking great.

American hardwoods are also non-toxic and do not trap allergens such as mold spores and dust, and are often recommended by doctors for individuals with allergies or asthma.

### A Perfect Match

For those looking to add the functionality and comfort of universal design, a simple key word search, "uni-

versal home design," on any Internet search engine is a great place to begin. Then enjoy the best of both worlds by incorporating the timeless beauty and warmth of American hardwoods into your plan.

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# Cutting costs doesn't mean cutting value

Over the last year and a half, many homeowners have been forced to scale back their home improvement projects. Though the economy appears to be creeping back, the nation's homeowners are still somewhat reticent to com-



Wilsonart(R) HD(R) Sinks bring a new dimension to the countertop, integrating the top, edge and now, the sink, into a complete, captivating piece. Shown: Girona Beach, a Premium Gloss finish Wilsonart laminate design that's "warm to the touch." Available at Kitchen and Bath dealers nationwide. Visit: <http://www.countertop.com>.

out the Girona Series, which boasts a host of options reflective of the polished marble and travertine stone found in European luxury spas and retreats. **Style Doesn't End Atop the Kitchen Counter:** Countertops aren't the only places in the kitchen homeowners are finding ways to upgrade while saving at the same time. With their new lineup of stylish, molded acrylic sinks specifically designed to be integrated into laminate countertops, Wilsonart is providing more options for today's custom-minded homeowner looking for affordable luxury in a tight economy. Thanks to the new Wilsonart HD Sinks, homeowners can now bring a new dimension to their kitchen countertop, integrating the top, edge and sink into a complete, captivating piece.

Favoring the curvaceous appeal found in luxury plumbing fixtures and appliances, Wilsonart HD Sinks offer a deeper, more spacious bowl, leaving more room for pots and pans. What's more, the integrated faucet deck holds soap and sponges while ensuring water flows downward into the sink. In addition, thanks to the drain's position at the back of the sink, homeowners love the increased storage space under the kitchen sink. Easily sealed into a Wilsonart HD Laminate countertop to eliminate the trapping of dirt and moisture, Wilsonart HD Sinks are stain-resistant, heat-resistant and renewable, all while providing a look that was once exclusive to more expensive solid surface and stone countertops.



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In spite of the country's economic woes, homeowners are embracing more cost-effective projects that don't sacrifice quality for the sake of saving money. Recognizing the importance of maintaining a home's value, these cost-conscious homeowners are finding that traditionally big budget projects are not the sole means to retaining a home's value.

**Good Things Come in Small Packages**

While the "bigger is better" mantra proved hurtful to the home improvement industry at the onset of the economic downturn, evidence is beginning to suggest that small-budget projects might be leading the way to recovery. In fact, in their annual "Cost vs. Value" report, Remodeling magazine noted that 9 of 12 upscale remodeling projects didn't even appear among the top half of all remodels, proving that in the current economy bigger isn't better, or at least bigger isn't more popular.

Perhaps no area of the home is more routinely targeted for refurbishing

than the kitchen. In many households, the kitchen is the most popular room in the house, and therefore it makes sense that it's the kitchen most homeowners want to upgrade. While granite was once considered the standard for kitchen remodels, nowadays cost and quality-conscious homeowners are increasingly turning to laminate for their kitchen remodels. Recognizing this "laminate is the new granite" trend among homeowners, Wilsonart(R) has combined its renowned AEON™ Enhanced Performance technology with stunning laminate designs that take full advantage of a shimmering, durable Gloss finish.

Depositing super-tough aluminum oxide particles in layers within the overlay sheet, AEON technology allows for superior durability and enhanced resistance to scratching, scuffing and marring, making these premium designs three times more wear resistant than the industry standard and five times more scratch resistant than previous Gloss-finish laminates. This elegant new look is reflected through-

## Revitalize your lawn after a long winter

Every spring, homeowners head outside to take stock of how the winter treated their lawn. Homeowners in areas that experience heavy snow or rainfall each winter likely do not look forward to this inventory, fearful of what another harsh winter did to their property. Fallen tree branches, frozen ground and winter wind storms can do a number on even the most well-manicured lawns, turning a summertime labor of love into a nightmare.

While homeowners might not be able to do anything about the weather, there are ways to revitalize a lawn each spring. And you don't have to be an accomplished landscaper to handle the task. The following tips can help bring your luscious lawn back to life, helping make winter a distant memory.

\* Remove all debris from your yard. Debris includes any trash in the yard, wood, large roots, fallen branches, and even stones. The presence of trash such



Homeowners can revitalize their lawn after a long winter in a number of ways

as broken glass or even faded paper products such as cups or bags is not only unsafe for the environment, but it can prove harmful to anyone who might be out in the yard once your grass grows, especially if you have children. Oftentimes, winter winds can blow trash from nearby garbage cans across the yard, no matter how neatly homeowners put out their trash.

\* Smooth the soil. Once all debris has been removed, examine the soil for any abnormalities that might need to be smoothed out. Use a spade or rake to smooth any areas that aren't up to par. Next you'll want to loosen the soil as well, something that can be done with a garden rake. Any unsightly areas, such as humps or ditches, should either be smoothed out or filled in, depending on which is appropriate. This can be done with some soil and should not prove too costly.

\* Consider seeding the lawn if needed. For lawns that took a particularly harsh beating over the winter, consider seeding the lawn to help revitalize it. When seeding a lawn, be sure you choose the right seeds. Different regions respond better to different types of grass. But don't be intimidated if you don't know the correct grass to choose. Simply ask a landscaper or consult a lawn care specialist at a nearby home improvement center as to which type of grass is the best fit your region and your yard.

When you're ready to seed, the seed can be scattered by hand for smaller yards, or with a drop spreader for larger lawns. When spreading with a drop spreader, use the suggested amount of seed on the bag (even a little less seed should do the trick) and make sure you spread out the rows evenly in the same direction. Once you've sowed the first part of your lawn in one direction, you can crisscross back over that part at a 90-degree angle, making sure you keep equal distance and calibrate your spreader at the same speed.

\* Add mulch for aesthetic and practical appeal. Moist helps the soil, and can also add aesthetic appeal to a lawn. Moist helps the soil by allowing it to retain moisture, making it more conducive to growing healthy grass. When laying mulch down, keep the mulch at roughly a quarter-inch to ensure your lawn will grow in nicely.

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# Easy steps to soundproofing a home

Are noises in and around your home getting on your nerves? Chances are if you have noisy neighbors, have a son or daughter practicing for the marching band, or live on a busy road, noise could be a problem for you. Or maybe your noise is disturbing others. Before you put a for-sale sign on your front lawn, consider the ways you can tame the cacophony of your current living space. Some simple soundproofing techniques could give you the peace you desire.

Soundproofing is not as large a job as you'd might think. Understanding how sound works can make the task even easier.

## Sound Savvy

Sound travels in low-frequency waves. These waves radiate from the source of the sound in all directions. If the waves are met with resistance, such as a wall or a piece of furniture, they will redirect and dissipate. Thicker materials may absorb sound waves.

There are a few ways to soundproof a home. One of the first ways is to create more space in a room. A second way to soundproof a home is to add items that will absorb or block the sound. You can also prevent sound waves from vibrating off of items and creating noise. Soft materials will muffle sound. These include soft furnishings and carpeting and should make up 25 percent of a room's contents.

## Getting Started

There are likely a few rooms you have in mind for soundproofing or

noises you want to block. For example, with the advent of home theaters or gaming rooms, sound in the house has increased. These could be rooms you consider soundproofing for greater comfort. Bedrooms are other rooms you may want to soundproof. If sounds from outside are troublesome, new doors and windows may be the key to alleviating the noise.

## Soundproofing Techniques

Once you decide on the areas of the home that need to be soundproofed, you can take the steps needed to do so. Here are some methods.

1. Add insulation: Insulation between

walls and in ceilings can block out noise. The thicker the insulation, the more soundproofing you will have. If you are moving into a new home, ask to have extra insulation placed between drywall. Blow in foam or paper insulation between walls of an existing home.

2. Thicken drywall: Thicker drywall will muffle sounds. Adding layers of drywall can be a way to block sounds from neighbors if you have shared walls, such as in an apartment or attached home situation.

3. Add sound absorbers: Fabric on walls, cushiony furnishings, carpet-

ing, even pictures and plants can help absorb sound and prevent the transference of sound waves. Soundproofing tile on ceilings or carpeting on upstairs floors can combat sound from traveling between levels.

4. Change the windows: Double-paned windows, and those with acrylic frames, can reduce noise greatly. If new windows are not in the budget right now, consider sound-deadening drapery. These thick drapes can help block sound and noise.

5. Reconfigure your home's layout: To prevent sound traveling within your home, your hallways should be built so that doorways are not across from one another. Otherwise you will be letting sound travel easily.

6. Use soundproofing foam: Many home improvement retailers sell soundproofing do-it-yourself kits. These kits

may contain convoluted or nonconvoluted foam, faced acoustical foam, polyimide foam, 100 percent fireproof melamine foam, or closed cell acoustical foam.



Thanks to the increasing popularity of home theaters, more and more homeowners are looking to soundproof their homes to make the most of their home theater experience.

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## Net-zero homes are on the horizon

Home construction is turning 'green' at such a rapid pace, it is expected that very soon, you will be able to build a house to be so energy efficient there will be no need to tap the public supply. In mathematical terms: the energy a home is able to generate, subtract the energy required by the occupants, would be zero.

"Three main elements must co-exist for it to work cost-efficiently," says Todd Blyth at Nudura, a manufacturer of advanced concrete wall forms. "Those components are: the ability to

generate a constant energy supply; a building envelope with maximum strength and insulation; and an inside operation with reduced energy usage.

"If, at the outset, energy-impact decisions are made carefully regarding the walls, windows, roofing, ventilation and indoor climate control, you are well on your way to completely offsetting energy consumption. Once the building is erected, it's a matter of smaller incremental decisions that add into the energy savings."

This vision is already a reality. In

2010, the first 'net-zero' school building will open in the United States, where it is expected to push the efficiency benchmarks beyond all expectations.

\*A roof designed with solar panels and electricity grid.

\*Geothermal heating and cooling for environmentally responsible efficiency.

\*Walls of concrete. The Nudura system is comprised of stay-in-place, pre-assembled blocks, steel reinforced, and then filled with concrete. It replaces traditional building methods. The durability and energy efficiency of concrete has shown to reduce energy costs up to 70 percent. Better still, the entire structure (www.nudura.com) is reported to be up to nine times stronger, with far more fire protection and with far more sound insulation.

\*Ventilation includes a CO2 monitoring system to keep good air quality indoors and allow no more outdoor air than necessary.

\*Positioning is north-south allowing for effective day lighting (without glare) so that all artificial lighting can be off during 70 percent of school hours.

\*Computers are wireless. Five carts, each loaded with 30 laptops, save energy, wiring and construction of a computer lab. Laptops use a fraction of the energy used to run a typical desktop computer.

\*Kitchen staff is trained in energy-efficient food preparation. Typically, kitchens account for 25 percent of a school's energy drain.

## Wood you know?

Side-by-side it's hard to tell the difference between real wood mouldings and urethane woodgrain mouldings. However, long term the determination is easy: Urethane products resist warping, rotting and insect infestations, so they hold up longer and better than real wood mouldings.

"In our woodgrain pieces the mold is cast from pieces of real wood to achieve authentic wood grain patterns and the unique characteristics inherent to each piece," says Greg Wolf with Fypon. "Coupled with the product's low-maintenance aspects, these features make urethane woodgrain mouldings appealing to homeowners and building industry professionals."

In addition to mouldings, Fypon offers woodgrain products in frieze boards, louvers and decorative millwork, such as brackets and corbels. The woodgrain affords homeowners the look of real wood both inside and outside the home while eliminating the maintenance hassles of real wood.

"Whether you're adding a functional louver to the outside of a home or a miterless crown moulding system to the inside, woodgrain urethane prod-

ucts are ideally suited for all types of projects," says Wolf.

Woodgrain millwork generally come with a neutral colored primer coat that accepts both non-penetrating stain and paint in any color. Unlike wood, the urethane pieces require no sanding in between coats or sealing of the pieces when the final look is achieved. Most importantly, the products are not deteriorated by high temperatures or humidity levels, freezing temperatures or salt air. This makes them ideally suited for bathrooms and kitchens inside the home, and for all areas on the exterior of residential and commercial projects.

For more information on woodgrain urethane millwork, visit www.fypon.com.

## Carpet tiles can be a wise choice

Homeowners considering different flooring options may want to look to versatile carpet tiles. Carpet tiles provide the comfort of carpeting underfoot, but without the labor-intensive installation process. What's more, carpet tiles can be removed individually and replaced should a stain or damage occur - something that's impossible with regular carpeting. These tiles come in different varieties, and may be square in shape or interlocking like a puzzle to hide seams. The cost of the tile depends completely on its thickness and density. You can also mix and match colors to create a unique flooring pattern in your home. Many of the popular carpeting and flooring brands offer their own carpet tiles. Visit your local home improvement retailer or carpet store to browse the tile options.

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